



Central Kentucky Computer Society

CKCS Resource Center, 160 Moore Drive, Suite 107, Lexington, Kentucky 40503 (859) 373-1000 www.ckcs.org

February 2017..

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Vol. 25 No. 2

FEBRUARY TECH NIGHT

Technology can help you get fit this year

We are still early in this new year. Do you need some motivation to keep those new year's resolutions to drop a few pounds, eat healthier and exercise more? Maybe you want to sleep better and improve your overall health. Then come learn how your smart phone and fitness trackers can help.



This month during the CKCS Tech Night on Monday, February 13, Nikki Hartley, the Healthy Living Director at the Gatton Beaumont YMCA of Central Kentucky, will join us to talk about this technology. Nikki obtained her bachelor's degree in exercise science from Shawnee State University in 2014 and has found her home at the Y ever since. She oversees the Wellness Center as well as the personal training. In her free time, she loves to play softball, tennis and go hiking. The program starts at 7 p.m.

On this evening, she will demonstrate her fitness tracker. In addition, she will explain MobileFIT technologies, the mobile app that the YMCA uses. MobileFIT not only tracks

your workouts, but helps devise a plan that's tailored to fit your needs. And it helps you track your progress, which in turn is a great motivator.






She will also share information about one of the more popular food tracking apps, MyFitnessPal. It has the largest food database available and was recently featured in a story on the *Today Show* about a woman who was able to lose 141 pounds by using it. The MyFitnessPal app logo is shown at left.

If you have considered buying a fitness tracker, you know there are many options. Do you want a bracelet, or clip-on, or a watch? Do you want one that has a heart monitor or one that tracks sleep or one that you can sleep in? Another issue to consider is the fitness tracker's app. This is important because this is where you can make sense of the information the tracker collects.

Many CKCS members have fitness trackers and along with Nikki, they can share what's special about their devices, or their favorite apps.

Whether you need to get yourself back on track with your fitness goals or you are just interested in learning more about the technology of this fitness craze, this Tech Night is for you.

Friends and family are always welcome. 



See what is in your newsletter this month

Click on your topic of interest

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Central Kentucky Computer Society

Incorporated

CKCS Resource Center
160 Moore Drive Suite 107
Lexington, Kentucky 40503
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Tenure end June 30, 2017

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Tenure end June 30, 2018

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Submit items for publication to:

newsletter@ckcs.org

Some SIGs are streamed

To watch on internet, use this link:

<https://video.nest.com/live/g5PGQK>

(Copy and paste this link into your browser)

After 21 years, Joe partially closes his Windows

By Jerry Heaton

It was an unexpected announcement made by Joe Isaac at the end of his Windows SIG session on January 10. He concluded by announcing that this would be his last session after completing 21



years teaching Windows topics for the Central Kentucky Computer Society. He has recruited Mike Seiler to take his place. Joe will celebrate his 91st birthday on February 13 and had planned to take February off anyway, so there will be no Windows SIG in February.

But Joe is not quitting everything. He says he is just “semi-retired” as he will still welcome and take calls to help with computer problems of members and friends. He also will still do his “tips” and his jokes email which he has distributed monthly for years, but with one change – those emails will come every other month starting now. He also plans to

continue to keep his two web pages current, which reside on the CKCS home page – “**Joe’s Blog**,” which he started in 2008 (<http://joescomputertips.blogspot.com/>) and his “**Joe Does Windows**,” consisting of 331 pages of computer tips (<http://www.ckcs.org/joetips.pdf>).

His replacement, Mike Seiler, is a former President of CKCS and still serves on the board of directors. Mike also has been teaching Windows 10 classes in our computer classroom ever since Windows 10 was introduced in July 2015. His teaching skills have made him a popular classroom instructor, attracting a waiting list to attend his sessions. Mike taught in the Fayette County school system for 35 years, 32 of them at Lexington’s Henry Clay High School.



Mike plans his first Windows SIG to be on Tuesday, March 14, at 7 p.m. One topic he will talk about is the difference between a “Local Account” and a “Microsoft Account” and why you might want one over the other.

Joe has been a member of CKCS since April 14, 1990. He began teaching his first Windows SIG shortly after Microsoft introduced Windows 95 in 1995. During the 21 years that followed, he introduced members to new versions – including Windows 98, Windows 2000, Windows ME, Windows XP. Then came Vista, Windows 7, Windows 8, 8.1 and now Windows 10. For those of you who have been along with him on that ride, you know that each release provides a new learning curve for all of us. Of course, Joe had to master each new version early on, to teach and help members as they learned how each new version worked. You can bet over the past 21 years he spent probably two thousand hours in preparation.

Joe often attracted a big crowd of members anytime he introduced a new Windows version.



This picture is an example of the crowds attracted when Joe's program was an introduction of the new Windows XP program. Joe is not in this picture, because he was taking the photos. It is three photos pieced together. It was taken on September 10, 2001 at the Gluck Equine Center on the University of Kentucky's campus, which CKCS could use frequently for monthly meetings back around the turn of the century.



Larger auditoriums were needed again when Joe introduced another new Windows version

On October 12, 2007, Joe Isaac was able to use the Kentucky Educational Television conference room when 100 members and guest signed up for his introduction of Microsoft's new Windows 7.

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President's Comments

By Brooke Thomas
president@ckcs.org



Community Outreach

This year we are continuing our efforts to increase CKCS's visibility in the community. Our latest endeavor is collaborating with Osher Lifelong Learning Institute – OLLI.

CKCS instructors are teaching one class and two workshops for OLLI members. Myra Engle, at left, is teaching a Computer Basics class during this winter session, and in April, Joe Dietz, center, will be teaching an iPhone workshop and I will be teaching an iPad Workshop. These events will bring new people to our facility and expose them to our other classes and activities. Since CKCS and OLLI's missions are similar, this just makes sense. CKCS has a technology niche that OLLI is not currently providing. We have started small to see how it works and will jointly make a determination if it is in both organizations' best interest.



We were also contacted by Brookdale-Richmond Place to do an informational meeting and short demonstration. This meeting was held on January 17. See picture at right. Hopefully, the residents will be interested in our classes and check us out.



Our WTVQ Tech program is continuing this year. Check out the latest demonstration and steps on our website. Joe Dietz showed how to Airdrop photos from one iPhone to another. Our website home page has additional information about the Airdrop system and this event.

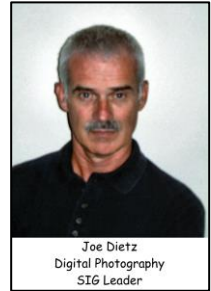
Seminars and Workshops coming this Spring

We are currently working on the one-time seminars/workshops schedule. These events will be presented from mid-March to mid-April and will be 2-3 hours in length. They will be announced in the March newsletter, on the weekly email calendar announcement that comes out on Thursday evenings, and on the web page at www.ckcs.org. Please do check those frequently to see what will be offered.

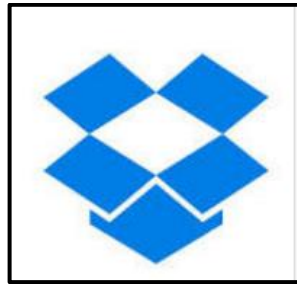


Digital Photography Special Interest Group

February 28, 2017



Dropbox Cloud Storage



We are using digital photography more and more. That means taking more and more pictures. And that takes more and more space on our computers, or possibly in the cloud. So what is the Cloud? The Cloud is an enormous storage space, whether you are using iCloud drive, One drive, Dropbox or any of the numerous cloud storage sites. This month we will take a look at one of the storage cloud sites - Dropbox. Dropbox was one of the early cloud storage sites and is still well respected. We will take a look at how to sign up, how to transfer pictures, how to share pictures with others, and at some of the costs associated with it. Dropbox will also store your documents.

I will also revisit www.Lynda.com – an on-line learning center. Folks from the library showed CKCS members how to use it at one of our recent Tech Nights. This can be costly, but is free if you have a membership with the Lexington Public Library. I will demonstrate the steps to view different learning programs – including Dropbox. If you go to their site, you can have a free 10-day learning session.

February Photo Contest



This month's photo contest is about "EYES". Check out your photos for some good eye shots, or grab your camera and take a selfie. Eye would expect to see some good photos come out of this contest. Submit your photo to joedietz@aol.com no later than February 27, 2017



Results of the January Digital Imaging Photo Contest

Category Porches
Tie for First Place

First Place: Jan Landers



First Place: Kevin MacNaughton



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TECH TALK

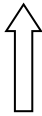
by Joe Isaac
joeisaac@twc.com



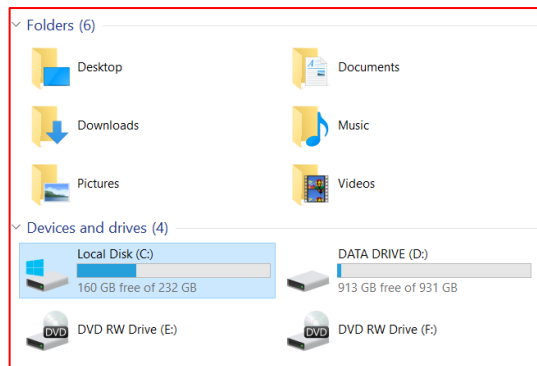
Free up disk space



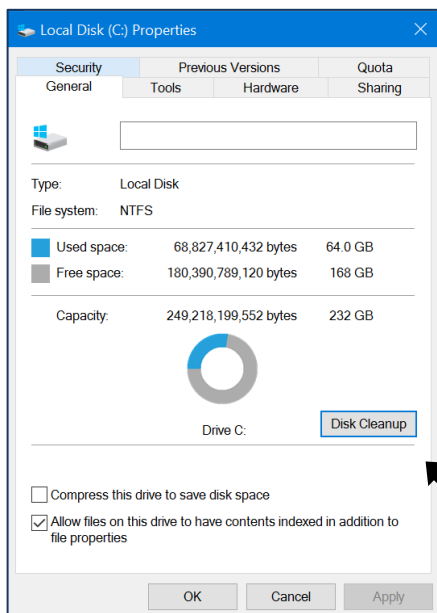
Delete unneeded files. Right click the Start button, it is the four little windows on the left side of your Taskbar.



Now left click File Explorer.



RIGHT click Local Disk (C:), left click Properties,



Left click Disk Cleanup. Put a check mark in each item offered and click OK.

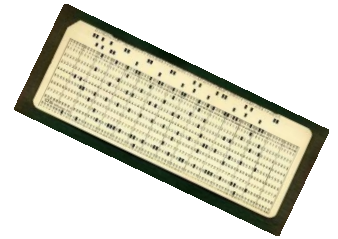
These are all unneeded files. This will give you back a lot of disk space.

This works the same way in Windows 7 and Windows 8.1. Only you just start the instructions where you right click on the C Drive.

Technology Innovations

By Kenneth Goodman

As an older geek, I have seen many changes in technology. When I first started to wear a pocket protector, the input media for computers were punch cards and paper tape. In those days, to get a little memory and a slow processor required a lot of space. Times have changed.



When I started carrying a briefcase, the leader in technology was IBM. The only computers were big mainframes that were used by colleges and big business. These machines were large, expensive and required special environmental conditions. When I first started in the technology workplace, computer memory and input storage were measured in bytes. The first computer I worked with used punch cards and tape drives as input, with a small hard drive for the operating system.

The first major innovation in technology, in my early career, was the personal computer (PC). The machines were large and bulky and allowed little input. PCs started to become important and useful with the innovations of operating systems, storage media and better processors. The companies that produced these products were IBM, Apple (under Steve Jobs), Microsoft (under Bill Gates) and Intel. The operating systems that were used in those days were machine language (the native processor language), assembly language (an easier first level language just above machine language that could be translated easily back to machine language), CPM and DOS. CPM and DOS were simple and easy to code languages that allowed the end user to enter their commands directly.

As the business world was experiencing innovations in computers such as the IBM 360 and 370 so were hobbyists, like myself. The two companies that I experienced innovation most from were IBM in the personal computer and Apple with the MAC. As popularity grew and these machines became more accessible, innovators needed to make the PC more attractive. This was done by creating a more visual and fun operating system. Both Microsoft and Apple began this effort. Apple started with System 1 and Microsoft with Windows. Windows had a very hard start. It was buggy and really didn't work well in its early stages.



I remember using Windows 3.0 and finding it very buggy and frustrating. Then Microsoft delivered Windows 3.1. This was the most stable and useful operating environment yet. This was the real beginning of Windows. As time went on, Microsoft kept improving the operating system and made it more useful, while Steve Jobs left Apple and the MAC had a difficult time. The major innovators in those days were Intel, IBM and Microsoft. Usability increased with the creation of visually useful products such as Lotus 1-2-3, Microsoft Word, etc.



Now we jump to more modern times. These innovations eventually led to the modern desktop and laptop PC, the tablet and the smart phone. Once Steve Jobs returned to Apple, his vision and expertise helped to create innovative products that created

markets and elevated the personal technology experience. Apple was the main innovator with Steve Jobs' vision. Apple created the iPhone, the standard for smart phones, the iMac (an all-in-one PC), and the MacBook. Each of these products were visually superior to the competition and both innovative in design and function. Apple certainly was an innovation leader. They married their hardware and their software to create a complete package.

Then Steve Jobs died of cancer and the innovations slowed down. Apple still had visually attractive and useful products, but not as dramatic as before. It seemed like the creativity and beauty of our personal technology tools and toys slowed down.

At this time, Microsoft got a new President, Satya Nadella, who seems to have a creative and fresh vision. Firstly, Microsoft saw the wisdom of marrying hardware and software together and used their customers as helpers in creating the products that they would use. Microsoft had created a version of Windows that became almost instantly unpopular (Windows 8). The paradigm had changed and the transition was very difficult. Using their customers and testers and recommenders of what they wanted, Microsoft finally created Windows 10. Windows 10 merged the old and new and created a platform that was very usable. One thing they also did was decide that all the hardware would be run on the same operating system, Windows 10. It may look different on a tablet or smart phone, but



the heart of the system is the same. Now that they had a successful software environment they could innovate in hardware. Again, the first few attempts were nice, but not creators of new markets. Then the Surface Pro 3 convertible emerged (Photo at left). Microsoft listened again to their customers and created a product they wanted and would use. It was more expensive than the competition but better in style and usability. This created a new hardware market for Microsoft.

They now have a line of products that are innovative, convertible and downright good looking. The Surface book and Surface Studio have joined the Microsoft hardware catalogue along with the Surface Pro 4. Yet Microsoft does not have a Surface Smart Phone but one is anticipated. The Smart Phones that use Windows 10 Phone include some Nokia models, some HP smart phones and smart phones from other vendors.

Microsoft also has talked about creating Windows 10 that can run on processors other than Intel to make it easier for vendors to create tablets, smart phones, etc. with other processor options.

In the Software area, Microsoft had changed how they innovate their products. No longer do we have to wait several years between major improvements. Their products, such as Office 365 and Windows 10, are enhanced on an ongoing basis. Microsoft Office has added products and functionality regularly as well as two Windows 10 enhancements a year. They have their customers who wish to, testing and giving them feedback so the final releases are the best they can deliver. As is always the case, innovations in technology are ongoing and in my lifetime, at a very rapid pace. Who will be the next leader of the pack innovator, we just must wait and see. **CKCS**

Kenneth Goodman leads a weekly computer class in Fort Lauderdale, Florida

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Computer tips

In about 150 words

Members are invited to share things they do that enhance your experience with computers, tablets or phones. It might be something common that you use, but perhaps other readers don't know that trick, or maybe have just forgotten it. In this space each month, I hope readers will offer several tips to share with fellow members.

Send your tip to Newsletter@ckcs.org – please include your name and phone number. Only your name will be published – if you approve. Be brief but complete.

COMPUTER TIP: Finding a word or phrase in a multi-page document

Are you looking for something specific in a multi-page document or PDF? You don't have to read the entire document to find it. With the document open and active on your computer, just hold down the control (**Ctrl**) key and tap the **f** key. Up will pop a small window where you type in the word you are looking for. Another window will pop up showing where the specified words are located.

Tip by Joe Dietz

COMPUTER TIP: Selecting the right watch

Over the past six months I have tried out five fitness watches – returning one after the other trying to find a better one. I tried two versions offered by FitBit, one each by Garmin, Microsoft and Apple. Most allow 15 days trial period, some longer. Costs range from \$100 to \$300. I rejected some due to small screen size, or hard to read at night, or can't be read in sunshine. One just didn't do things as advertised. In addition to being a time piece, a good watch will track your activities, including sleep time, and send that information to an app on your phone and computer. Some encourage you to get up and move/exercise if you sit at a computer or TV too long. With the Apple Watch you additionally may receive and make phone calls, (Dick Tracy was ahead of his time) but that watch does require your phone be in range to use that calling feature. My advice: try out your watch thoroughly and be sure it is right for you. Be sure it does all the things it is supposed to do. If it doesn't, return it before your trial period ends because some I tried do not. I think I have found a winner: the Apple Watch; however, it is the most expensive and it does not track and report your sleeping habits. **CKCS**

Tip by Jerry Heaton

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Get Help with your Apple device at CKCS

iHelp is for CKCS members who seek answers



By Kurt Jefferson,
SIG Leader and Instructor for Mac & iPad topics



Let's say you got a shiny, new iPhone, iPad, iPod touch or Mac for Christmas and you're trying to get up to speed quickly to get the most out of it. If you're a CKCS member, you qualify for iHelp, a service offered from 10 a.m. to noon on the first Saturday of the month.

CKCS volunteers are available in the computer society's classroom to give members a helping hand. They'll give it their best shot to try and answer questions, solve problems, and help you become more proficient using your Apple device. Other options include the [Apple Apps Support Web site](#).

Here you'll find help
 In using all
 Apple apps
 for iOS and Macs:

- Mail
- Safari
- Pages
- Numbers
- Keynote
- Photos
- GarageBand
- iMovie
- QuickTime
- iTunes U
- iBooks
- iBooks Author

In addition, when you scroll down the page, you'll find help using the Find My Friends app as well as support with



Music Memos, using your iPad as a classroom teaching assistant, and more.

But wait, there's more (yes, I did catch bits and pieces of TV infomercials while channel-surfing in the 1980s).

Search the iOS App Store for "Apple Support" (without quotes) and you'll discover an app that provides a long list of answers to your questions about everything from charging your iPhone, iPod touch, or iPad to printing and scanning from your Mac.

Apple's Support App is free in the iOS App Store.

In addition, if you're a heavy user of Apple's iWorks suite as I am, you'll find all kinds of help in Apple's online user guides:

[Pages Help for Mac](#)

[Pages Help for iPad](#)

[Pages Help for iPhone & iPod touch](#)

[Pages iCloud Help](#)

[Numbers Help for Mac](#)

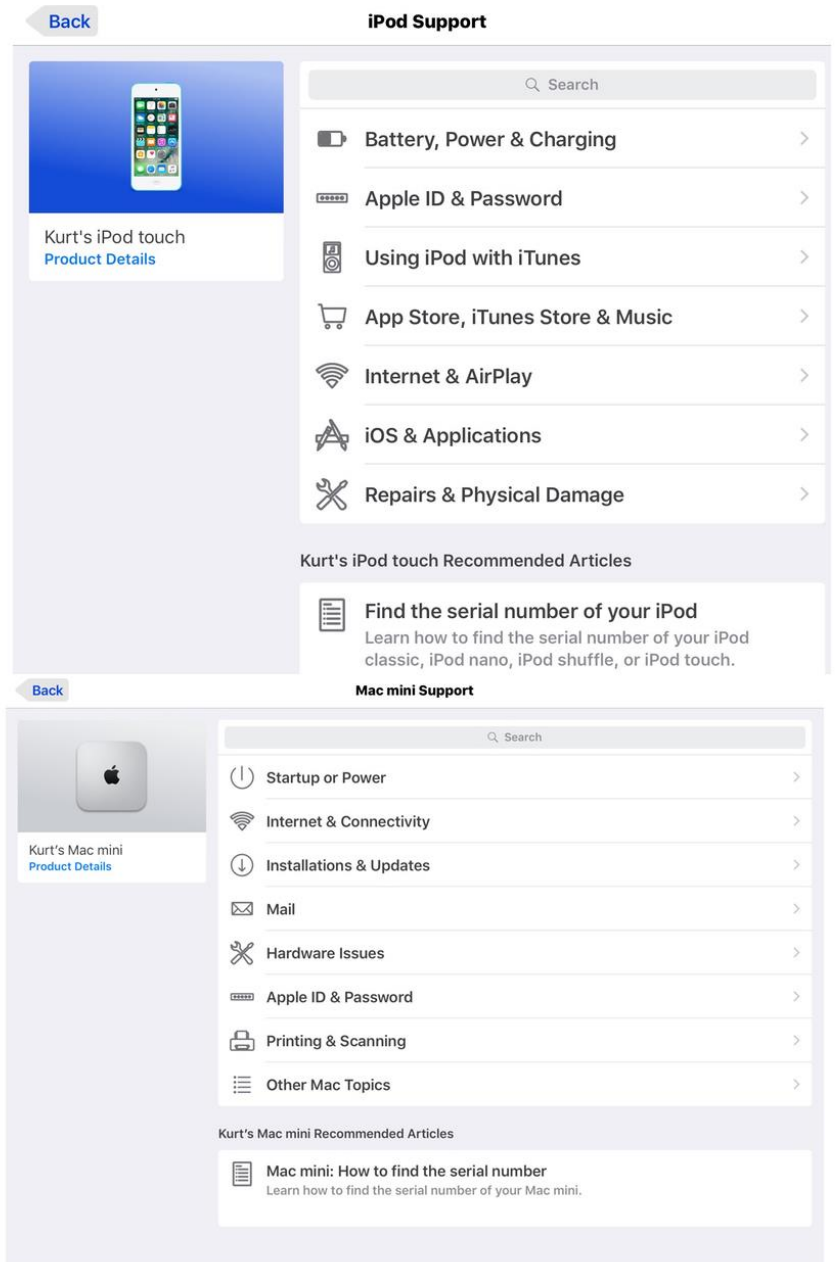
[Numbers Help for iPad](#)

[Numbers Help for iPhone & iPod touch](#)

[Numbers iCloud Help](#)

[Keynote Help for Mac](#)

[Keynote Help for iPad](#)



Here is how the Apple support app (for iOS) displays two Apple products that I own. Displayed are a tiny portion of the support options offered for both my iPod touch and a desktop Mac mini computer. The app also offers other support solutions.

TO CONTINUE THIS ARTICLE, CLICK HERE: → [Mac and iPad pages continued](#)

News to use

One last winter class starts in just days

All CKCS Winter classes are already underway except for one. It is listed below. If you want to take part in this one course, you need to act very quickly. Just call the office 859 373-1000 right away to see if there is still a vacancy. Classes cost \$60 for non-members with a 20% discount for those who are CKCS members.

Word Processing

Computer Basics: Monday and Thursday Afternoon (1 p.m. to 3 p.m.)

Feb. 6, 9, 13, 16, 20, 23


COURSE DESCRIPTION:

Computer Basics... Learn the fundamentals of using a Windows 10 computer. Learn to use various aspects of the Microsoft Word Processing program, including manipulating text and inserting graphics into a document. Basic filing and basic file management are introduced. The final class of this course deals with the basics of email and use of the internet.

Photographers alerted to a new photo exhibit

CKCS is arranging a photo exhibit at the impressive new Lexington Senior Center. The center likes our exhibits as they add color to the area and the photos are viewed by a very appreciative audience. CKCS likes the exhibits as well since it's a fun way to promote CKCS and a wonderful way to show the talent and skills of our membership.

CKCS project manager, Boone Baldwin (boone.baldwin@gmail.com) outlined rules for the exhibit. All pictures must be framed with glass and hanging wire attached to the back of the frame. Maximum size is 16" X 20", however any smaller size is fine. Exhibitors are asked to notify Boone at least by February 6, your name as you want it listed, the title of the photo, and if it is for sale, the price, so uniform labels can be made.

All pictures should be delivered to the CKCS office during the week of February 6-10 between 10 and 3 p.m. This is the fifth year our exhibits have been displayed at the center. 



Tech Chat and Problem Solving
A discussion group that covers technology and how to live with it.

Meets the first Thursday of each month at 1:30.
Do you ever feel like technology is running faster than you can keep up?
This group is for you!

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JANUARY TECH NIGHT REVIEW

Members saw a home computer built from scratch and many took home great door prizes

Freddy Peralta, owner of KyTrade, and his tech specialist, Oscar Leon, showed us how they build a home computer. Starting with just the case, he showed the various



components that go into a KyTrade built computer. As he added the individual parts (the power supply, motherboard, CPU, memory, video card, USB ports, storage drive and the operating system), he talked extensively about processors, video cards and storage drives. We timed how long it took to install the Windows 10 operating system. That took less than six minutes.

As always, Freddy brought along door prizes that were presented after

random drawings. The door prizes included several 16 GB flash drives, Acronis True Image and Malware Bytes software, two solid-state drives and several \$25 coupons for labor. Eleven people left January's Tech Night very pleased with their prizes.

Door prizes awarded by Ky Trade

| Number | Winner | Prize |
|--------|-----------------|-----------------------|
| 13 | Haslem Smith | 16GB Thumb Drive |
| 16 | Sterling DuVall | 120GB SSD |
| 23 | Kaye Arnold | 16GB Thumb Drive |
| 4 | Bob Brown | Malware Bytes |
| 7 | Hsiang Fan | Acronis True Image |
| 21 | Dan Moore | 240GB PNY SSD |
| 2 | Joe Dietz | 16GB Thumb Drive |
| 22 | Joe Faye | \$25 Gift Certificate |
| 12 | Janet Cartmel | \$25 Gift Certificate |
| 19 | Juan Hernandez | \$25 Gift Certificate |
| 3 | Jerry Hubble | \$25 Gift Certificate |
| | | |
| | | |



Freddy and Oscar Leon building a computer

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New Members and Renewals

During the period from 12/25/2016 to 1/25/17

We welcome the following new members who joined CKCS during this reporting period:

Dennis Peevy

We thank and welcome back the following members who renewed their memberships during this reporting period:

Boone Baldwin
Paul Baumgartner
Nancy Bowling
Jenny Brown
Tom Dillion
Hsiang and Celia Fan
Lewis Gardner
Ron Grote
Betty Hall
Barrie and Jane Hart
John Hernandez
Patricia Holt
Ray and Leslie Hughes
Sue Lauter
Larry Neuzel
Carolyn Nichols
Larry Parker

L. Edwin Paulson Jr.
James L. Pepperl
Beth Savarese
Sharon Seckman
E. C. Seeley
Janet R. Serrenho
Mary Beth Shores and Joe Roche
Gerald Smith
Phyllis Spiker
Michael and Helen Thomson
Robert W. Tibbetts
Robert Urie
Lib Wilson
Steve and Cheryl Wyatt
Linda R. Yeary
Stuart Zahalka

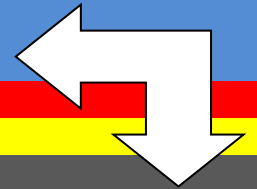
Information furnished by CKCS Board of Directors member Ben Rice



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**Not a member ?
We invite you to join CKCS**

Here is how: It is simple and quick



Call (859) 373-1000 and a friendly office supervisor will be glad to help you.

or

Stop by the CKCS Resource Center at 160 Moore Drive, Lexington 40503.

Office hours Monday through Friday, 10 A.M. to 4 P.M.

**We need you and will welcome you as a full-fledged member.
Members are eligible to attend all Special Interest Group sessions.**

Members receive a discount on all classes, workshops and seminars

February 2017 CKCS SIG Schedule

Larry Trivette prepared the SIG calendar for this newsletter.
Print this page for your refrigerator or bulletin board.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|-----------|---|--------|---|
| 30 Jan | 31 Jan | 01 Feb | 02 Feb | 03 Feb | 04 Feb |
| | | | 9:00 AM Photo Coffee | | 10:00 AM – NOON Dr. Fixit Bring in your problem PC and we'll try to help |
| | | | 1:30 PM Tech Chat BOB BROWN | | iHelp Bring in your iPhone, iPad, or Mac device and get one-on-one assistance |
| | | | 7:00 PM Board Meeting | | |
| 06 Feb | 07 Feb | 08 Feb | 09 Feb | 10 Feb | 11 Feb |
| | 1:30 PM <u>Word Processing</u> LARRY TRIVETTE No Meeting this month | | 9:00 AM Photo Coffee | | |
| | | | 7:00 PM <u>Mac & iPad</u> KURT JEFFERSON | | |
| 13 Feb | 14 Feb | 15 Feb | 16 Feb | 17 Feb | 18 Feb |
| 7:00 PM Tech Night TBA | 7:00 PM <u>Windows 10</u> JOE ISAAC No Meeting this month | | 9:00 AM Photo Coffee | | |
| | | | 7:00 PM <u>Access Database</u> STUART ZAHALKA | | |
| 20 Feb | 21 Feb | 22 Feb | 23 Feb | 24 Feb | 25 Feb |
| | 7:00 PM Android Devices Tubaugh, Baldwin, Brown | | 9:00 AM Photo Coffee | | |
| | | | 7:00 PM <u>Unix/Linux</u> LEWIS GARDNER | | |
| 27 Feb | 28 Feb | 01 Mar | 02 Mar | 03 Mar | 04 Mar |
| 7:00 PM FoxPro Database GARLAND SMITH | 7:00 PM <u>Digital Photography</u> JOE DIETZ | | 9:00 AM Photo Coffee | | 10:00 AM – NOON Dr. Fixit |
| | | | 1:30 PM Tech Chat BOB BROWN | | iHelp |
| | | | 7:00 PM Board Meeting | | |

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This Month's Best Videos / Shows

SUGGESTIONS:

If you use GOOGLE CHROME. Hold down the control key before you click on the link below. It creates a NEW TAB at the top. Once you view the video, simply close that tab to return to this page.

If you use INTERNET EXPLORER, we recommend you copy and paste the links below into a new search bar rather than clicking the links below. This will allow the newsletter to remain open in the background while you view the video. Using this system, you should not have to go through several steps to get back to this page.

REMEMBER Enjoy these videos full screen by clicking on the symbol in the bottom right corner of your video. Clicking that same symbol returns to the minimized screen.

SpaceX launch 1/14/17 lets computers do the lift off plus launch of 10 satellites

*Note: This podcast is 1 3/4 hours long but you can skip ahead over areas while they wait for action
Its impressive – worth your time!*

<https://www.youtube.com/watch?v=tTmbSur4fcs&feature=youtu.be>

Furnished by Merritt Markussen

Ten clever kitchen tricks to ease your food processing chores

<http://www.coolystone.com/media/14684/10-Clever-Kitchen-HACKS-To-Try-Right-Now/#.WH7gCYWcGaW>

Furnished by D. Stans

Travel from Moscow to Beijing on the Trans-Siberian Railway

<http://www.youtube.com/embed/1NtdmNVNosA>

Furnished by Carl Peter

Wildlife photographer captures cute images of squirrels

<http://www.shutterbug.com/content/wildlife-photographer-captures-images-squirrels-taking-pictures-playing-snow#Zlrt7SpWhs1kZozm.97>

Furnished by Bruce Klobecke

The old folks on Carol Burnett show

[http://www.coolystone.com/media/16167/The-Old-Folks:-Anniversary-Present-from-The-Carol-Burnett-Show-\(full-sketch\)/](http://www.coolystone.com/media/16167/The-Old-Folks:-Anniversary-Present-from-The-Carol-Burnett-Show-(full-sketch)/)

Furnished by Jerry Heaton

Sleeping pets

<http://www.coolystone.com/media/14781/Cutest-Sleeping-Animals-and-Pets-Reaction-Weekly-Compilation/#.WH7h1oWcGaU>

Furnished by Jerry Heaton

David Blane does some card tricks

<https://biggeekdad.com/2016/11/simple-card-tricks/>

Furnished by Carl Peter

A TED talk: Trying to unsubscribe

<https://www.youtube.com/watch?v=Dceyy0cX6J4>

Furnished by Jerry Heaton

Four year old Russian girl speaking fluently in seven languages

http://www.coolystone.com/media/15757/4-Yr-Old-Russian-Girl-Fluently-Speaking-In-7-Languages!/#.WBfK1u_6uUk

Furnished by D. Stans

Sometime you just need a friend

https://www.youtube.com/watch?v=XbS360_WhMM

Furnished by Carl Peter

“Yes I can” – performed by the superhumans

<http://www.coolystone.com/media/15382/YES-I-CAN-by-The-Superhumans/#.WIESD4WcGaU>

Furnished by Jerry Heaton

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A Few Funny Pages / Useful Information

AARP lists ten skills our kids will likely never learn



- 1 How to read a map
- 2 How to do simple home crafts
- 3 How to send things through the mail
- 4 How to write cursive
- 5 How to folk dance
- 6 How to maintain an extensive mental archive of 1960s era commercial jingles
- 7 How to plant vegetables by the phase of the moon
- 8 How to balance a checkbook
- 9 How to make change (\$) in their heads
- 10 How to drive a stick shift

Playing Church

Johnny's mother looked out the window and noticed him "playing church" with their cat. He had the cat sitting quietly and he was preaching to it. She smiled and went about her work. A while later she heard loud meowing and hissing and ran back to the open window to see Johnny baptizing the cat in a tub of water. She called out, "Johnny, stop that! The cat is afraid of water!"



Johnny looked at her and said, "He should have thought of that before he joined my church."



Furnished by Carl Peter

Reasons why the English language is hard to learn

- 1) The bandage was wound around the wound.
- 2) The farm was used to produce produce.
- 3) The dump was so full that it had to refuse more refuse.
- 4) We must polish the Polish furniture.
- 5) He could lead if he would get the lead out.
- 6) The soldier decided to desert his dessert in the desert.
- 7) Since there is no time like the present, he thought it was time to present the present.
- 8) A bass was painted on the head of the bass drum.
- 9) When shot at the dove, the dove into the bushes.
- 10) I did not object to the object.
- 11) The insurance was invalid for the invalid.
- 12) There was a row among the oarsmen about how to row.

Furnished by Robert Fain

An Irishman's account of his first drink with his son

>

I was reading an article about fathers and sons and memories came flooding back about the time I took my son out for his first drink.

Off we went to our local bar which is only two blocks from the house.

I got him a Guinness Stout. He didn't like it so I drank it.

Then I got him an Old Style. He didn't like that either so I drank it.

It was the same with the Pale Ale and the Pilsener.

By the time we got down to the Old Bushmills Irish whiskey I could hardly push the stroller back home.

Furnished by Carl Peter

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FREDDY'S TOP TIPS TO IMPROVE YOUR COMPUTER PERFORMANCE AND SECURITY:

- » **Upgrade your hard drive to a SSD (Solid State Drive);** now 120GB and 250GB SSD drives cost under \$100.00; the SSD positive impact on the performance of a computer is simply unbelievable.
- » **Do Image Backups of your computer:** of the whole computer (OS, programs, settings, everything) and **no only your documents and personal files;** use Acronis Backup Software to do monthly (and weekly) completely unattended image backups of your computer to a second hard drive (a USB connected one but preferable an internal one).
- » **Use MalwareBytes software to protect against malware:** and better yet use the Premium version (only \$15 per computer per year);
- » **Windows 10 is GOOD and free** (for existing Windows 7 and Windows 8 computers)! Welcome back to the Windows 7 like interface that most everybody feel at home with. Please be also aware that Windows 10 expand the amount of information obtained by Microsoft from your computer usage (more on it can be read at many places online including <http://www.polygon.com/2015/7/31/9075531/windows-10-privacy-how-to>).
- » **Make sure that you are visiting the website that you really want to visit;** there are many misleading sites that try to trick you into believing that they are the intended legit site ... but they are not! Be careful with the spelling of the name of a site; be careful with the first "findings" of the search engines; most times they are no findings but (many times deceptive) advertising.
- » If somebody call you about the "problems of your computer" **simply hang off;** they are not legitimate people so do not even waste your time even threatening them.

Aug '15



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CKCS List of Special Interest Groups

Each month the Central Kentucky Computer Society offers eleven Special Interest Groups (SIGs) which may be attended by members and their guests. Visitors are cordially invited to become active CKCS members. Starting times of SIGS are as indicated in the listing. Always check the “Monthly Schedule” and the “Newsletter” link on the CKCS home page for any schedule changes www.ckcs.org

ANDROID SIG

Meets monthly on the third Tuesday at 7 p.m. – Leaders are Boone Baldwin, Bob Brown, and Kenneth Tabaugh

The Android SIG is dedicated to covering the world's most widely used mobile operating system, Android's abundant variations, the hardware that runs it, and all things concerning Google's parent company, Alphabet Inc. Our contributors include technology enthusiasts and professionals in the industry who have come together under a united passion: a love of mobile technology. This group is open to anyone interested in discussing the Android ecosystem, contributing tips and tricks, promoting apps, sharing experiences, and exploring Alphabet Inc. related news.

DATABASE SIG

Meets monthly on the fourth Monday at 7 p.m. – Leader Garland Smith

DIGITAL PHOTOGRAPHY SIG

Meets monthly on the fourth Tuesday at 7 p.m. – Leader Joe Dietz

The Digital Photography Special Interest Group is a forum to provide and share information about digital imaging. The SIG frequently has guest speakers to cover a wide range of topics that are related to digital imaging. Some of our past topics have been on digital archiving (AKA Backup), getting the best out of your point and shoot camera, effective lighting when taking pictures, restoring old photos and many others. The goal of this SIG is to help attendees to better understand digital imaging, learning how to get the best out of their cameras and how to improve their images with digital imaging software such as Corel's Paint Shop Pro, Photoshop CS/Elements, Gimp or other program. Each meeting starts with a photo contest with a variety of different categories.

DR. FIXIT SIG

Meets monthly on the first Saturday at 10 a.m. – Leaders are Bob Brown, Ben Rice, James Osborne, and Mike Seiler.

Bring in your sick computer for evaluation. Our 'experts' will diagnose the problem and if possible make simple repairs. All you need to bring is the CPU. Our leaders will use a mouse and monitor we have on hand.

iHELP SIG

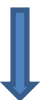
Meets monthly on the first Saturday at 10 a.m. in the classroom. iHelp leaders Jeannine Essig, Lilly Crawley, Janet Cartmell, Kurt Jefferson, Joe Settles, Brooke Thomas and Joe Dietz

Bring your questions about Apple iPhone, tablets and computers. Our iHelpers offer one-on-one advice and suggestions. It is best if you bring your Apple devices, fully charged when you come.

MAC AND IPAD SIG

Meets monthly on the second Thursday at 7 p.m. – Leader Kurt Jefferson

The Mac and iPad SIG tackles issues to help make both Apple's Mac computers and its iPad tablet easier to use and more enjoyable. We deal with a variety of topics ranging from Mac OS X (pronounced "10") to iOS, the operating system running Apple's iPad. We share tips at every meeting and provide insights to empower users to get more out of their Macs and their iPads. Users are encouraged to bring their Mac laptops and iPad tablets to experience firsthand the tips provided at each meeting. Whether you're a beginner to the Mac or iPad, of you've been using both devices for several years, you'll walk away with plenty of tips, tricks, and advice to make your computing experience more enjoyable.



MICROSOFT ACCESS SIG

Meets monthly on the third Thursday at 7 p.m. – Leader Stuart Zahalka

TECH CHAT SIG

Meets monthly on the first Thursday at 1:30 p.m. Leader Bob Brown

Keeping up with personal and home technology is getting harder. New products and new internet services are coming rapid fire. The purpose of the Tech Chat Group is to talk about technology as it happens. We are trying to stay aware of new ideas and understand what impact they will have on us.

WINDOWS SIG

Meets monthly on the second Tuesday at 7 p.m. – Leader Mike Seiler

Topics covered may be: Windows10, Cortana, EDGE, Alarms & Clock, PHOTOS, Google Maps, Spotify, Settings, Mail, Control Panel, System Restore, Disk Cleanup, Desktop, Taskbar. To see a year's worth of email Tips and Reviews go to: <http://www.ckcs.org/joetips.pdf>


WORD PROCESSING SIG

Meets monthly on the first Tuesday at 1:30 p.m. Leader Larry Trivette

The Word Processing SIG starts with questions from classmates where the SIG leader and all attending help provide solutions and answers. In fact, many of the topics presented during each session come from questions received by email during the month. Topics are presented so that new as well as advanced computer users will benefit by attending. This workshop uses several Microsoft Word versions during the SIG.

UNIX / LINUX SIG

Meets monthly on the fourth Thursday at 7 p.m. – Leader Lewis Gardner

The Linux SIG handles a wide range of technical topics. Linux is based on Unix which is the granddaddy of modern networking. We spend a considerable amount of time on servers, networks, routers, access points and general network configuration. These operating systems are at the heart of many devices in our increasingly connected world. Come out and we will try to get your questions answered, your problems troubleshot or devices configured. 

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Mac and iPad pages continued

[Keynote Help for iPhone & iPod touch](#)

[Keynote iCloud Help](#)

If you need help with AirPrint (Apple's technology that allows you to print without installing printer drivers), you can find it on Apple's [About AirPrint](#) Web site.

Here's [Apple's help](#) to print from your iPhone, iPad or iPod touch.

Here's [Apple's help](#) to print from your Mac.

Of course, if you have a pesky problem with your Apple device (iOS or Mac) that you can't seem to solve, a trip to the Apple Store might be in order. You can visit the Fayette Mall Apple Store's [Web site](#). Scroll down the page and look for "Genius Bar and Support." Your options are:

- Need help with Apple services or software?
- Need your Apple device repaired?

There are links below both questions to get you help (and make an appointment with the Genius Bar).

Most successful product of all time: iPhone

Are you sitting down? You might want to grab a chair before you read this next item. I was amazed by the numbers.

MacRumors reports by the middle of this year, "Apple's iOS ecosystem is on course to generate over \$1 trillion in revenues for the company."

Analyst Horace Dediu predicts Apple will have sold 1.2 billion iPhones in its first 10 years, "earning it the rank of "most successful product of all time" and laying the foundation for the company's iPad, Apple TV, iPod touch, and Apple Watch categories."

These numbers are hard to comprehend. "Dediu ends by predicting not another "Big Bang" for the iPhone, but a "process of continual improvement" as the smartphone enters its second decade."





Mac sales remain steady despite PC market decline

Many articles in recent days have highlighted Apple's failure to update several of its desktop Mac computers for years.

The Mac mini and Mac Pro desktops, for example, are still running on the same processors they did several years ago.

Despite that, Mac sales remain steady despite overall falling sales of computers.

"Amid an ongoing decline in worldwide PC shipments, Apple's Mac sales are holding

steadying, according to new PC shipping estimates shared today by Gartner," reports the MacRumors Web site.

During the last quarter of 2016, the report says, Apple shipped an estimated 5.4 million Macs worldwide. That's up from 5.3 million in the same quarter one year ago – reflecting a 2.4 percent growth.

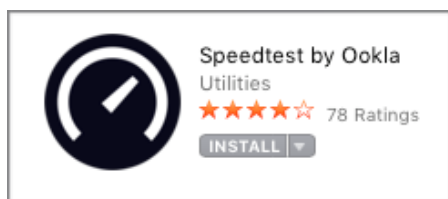
Apple is now the fifth largest seller of computers, behind #1 Lenovo, #2 HP, #3 Dell, and #4 Asus. During the last quarter of 2016, Apple held 7.5 percent of the computer market. While Apple's numbers held steady the world over, growth in the U.S. was greater than in other parts of the world.

IDC also released its figures and they're quite different from Gartner. The firms count Windows-based tablets differently and so their figures reflect that.

IDC reports that Mac market share grew to 7.4 percent of all computers sold in the fourth quarter of 2016 from 7.3 percent a year earlier. MacRumors notes that we will learn more about Apple's 2016 performance and just how well the new MacBook Pro laptops have been selling after Apple releases its latest earnings report on January 31.

How fast is your internet? New Mac app gives answer in menu bar

I'm one of those individuals who likes to check his internet connection speed at least once a week – sometimes more often.



Because I live in a high-density neighborhood, sometimes the cable internet connection is maxed out.

That has been confirmed by Time Warner Cable employees who came to my house years ago after I



reported that I could barely watch videos on the Mac or iPad during peak usage in my neighborhood.

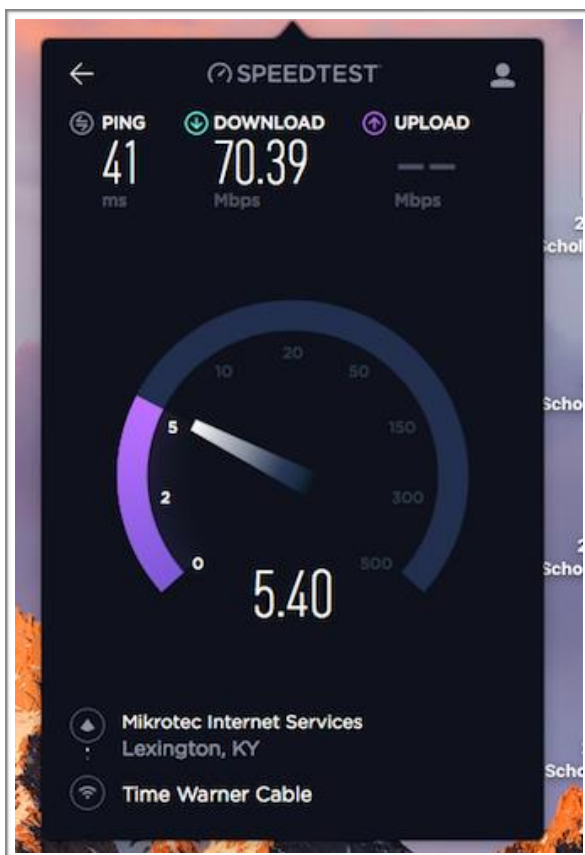
I was told that at certain times, more than 95 percent of the cable internet bandwidth here was in use – so there was no more to give. The answer was for the cable company to bring another cable line providing internet service to this part of Lexington.

At the time, Time Warner Cable had just taken over Insight Communications – and the cable technician visiting my home didn't think that would occur immediately.

I've also had issues where a cable amplifier in the ground surrounded by town homes behind my house died and it had to be replaced.

Because I kept a log of my internet connection speeds, I knew something was terribly wrong.

One day the connection would be normal. The next day it would be very, very slow. The box boosting the internet signal was dying and that's why the speeds were all over the place. If you like to keep track of your internet connection speeds, Speedtest by Ookla has released a neat free app available from the Mac App Store.



Download the app and it lands in your Mac's Application folder.

Once you open the app, you're able to track your connection speeds by simply clicking on the Speedtest icon in your menu bar.

Now, you no longer have to visit the speedtest.net web site or use some other web page to figure out whether or not your internet connection is working as its supposed to.

Monitoring your internet connection speed is a wise step because it can quickly point to a malfunctioning cable or DSL modem, Wi-Fi router, wireless card in your Mac, iPad, iPhone, or iPad touch, or other device.

If the speed is not up to par and your hardware is working properly, it could signal a problem with your cable or phone company's equipment. It pays to track your speed and this handy new app from Speedtest makes it even easier to do so.

The first Mac malware of 2017 uses really old code

Mac-using biomedical research centers appear to be the target of a newly discovered piece of software with code dating back to the Clinton administration (1998).



Apple has dubbed the software, “Fruitfly,” and the company has released a silent update to protect against it. Malwarebytes Lab analyzed the software and as TidBits explains, “Fruitfly consists of a hodgepodge of old code, some possibly dating back decades, including chunks written in the Perl and Java programming languages.

Malwarebytes discovered that Fruitfly also runs on the Linux operating system, meaning that it’s possible that it was originally Linux malware that was adapted for the Mac.

[PCMag.com](#) writes, “Although snippets of the code suggest it was created decades ago and updated several times to work with newer versions of the Mac operating system, including OS X Yosemite, Malwarebytes cautioned that the code’s age may simply be evidence of unskilled hackers.”

[Malwarebytes](#) wonders about the software’s limited exposure: “The only reason I can think of that this malware hasn’t been spotted before now is that it is being used in very tightly targeted attacks, limiting its exposure. There have been a number of stories over the past few years about Chinese and Russian hackers targeting and stealing US and European scientific research. Although there is no evidence at this point linking this malware to a specific group, the fact that it’s been seen specifically at biomedical research institutions certainly seems like it could be the result of exactly that kind of espionage.

Malwarebytes will detect this malware as OSX.Backdoor.Quimitchin. (Why the name? Because the quimitchin were Aztec spies who would infiltrate other tribes. Given the “ancient” code, we thought the name fitting.) Apple calls this malware Fruitfly and has released an update that will be automatically downloaded behind the scenes to protect against future infections.”

Apple planning three new iPads in 2017?

Digitimes reports that Apple intends to begin selling three new tablets – a 9.7–inch iPad, a 10.5–inch iPad, and an upgraded 12.9–inch iPad Pro.

These revised iPads may not be available for you to buy until the latter half of 2017, according to Digitimes.

Sources told the tech website that Apple is considering replacing the existing 9.7–inch iPad line with a series of 10.5–inch replacements. The 9.7–inch iPad would become an entry–level model, mainly designed for schools.

MacRumors reports that Apple’s introduction of new iPads has been slowed because not enough quality chips can be produced fast enough by Apple’s suppliers.

Is your iPhone data being eaten up by Wi-Fi Assist?

Many iPhone users aren’t aware of it, but there’s a feature on iPhones called Wi-Fi Assist that might be using up your bandwidth.



9to5Mac reports Wi-Fi assist is designed to switch your iPhone to cellular data (connecting via Verizon, AT&T, T-Mobile, Sprint or a different carrier) when your local Wi-Fi connection is too weak to provide fast enough loading speeds.

The article adds, “There are plenty of stories on the internet about how Wi-Fi Assist could cause your phone bill to rack up overage charges including local media reports and a viral LinkedIn article that a family member recently sent me. These stories typically make Wi-Fi Assist sound scary and encourage you to disable the feature. In most cases, however, you can leave Wi-Fi Assist on and benefit from it when needed.”

To see how much data Wi-Fi Assist has used, go to Settings → Cellular → swipe all the way down → look for Wi-Fi Assist.

The article says, “Under Wi-Fi Assist, you’ll see something like ‘55.1 MB’ depending on how much cellular data Wi-Fi Assist has used.” You can tap on a “reset statistics” button if you’d like to reset the Wi-Fi Assist counter.

Finally, “Check with your carrier to determine your monthly data plan (in some cases you may be able to raise your data at a better rate) and put your own Wi-Fi Assist usage stats in context.”

Pew Research Snapshot of How We Use Technology

Tech trends are fascinating and the folks at **Pew Research** have been tracking how we use the internet, mobile devices and how technology is changing us. Here are some of Pew’s findings released in mid-January:

- 17 years ago (in early 2000) polling by Pew revealed that about one-half of all Americans were online. Today, an estimated 90 percent of all Americans are using the internet.
- The younger you are, the more likely you are to use the internet. In 2016, Pew found that:
 - 64 percent of Americans, 65 and over were online
 - 87 percent, aged 50–64 were online

PewResearchCenter *Internet, Science & Tech*

U.S. POLITICS MEDIA & NEWS SOCIAL TRENDS RELIGION INTERNET & TECH SCIENCE HISPANICS GLOBAL

PUBLICATIONS TOPICS PRESENTATIONS INTERACTIVES FACT SHEETS DATASETS EXPERTS

FACT SHEET

JANUARY 12, 2017

Internet/Broadband Fact Sheet

MORE FACT SHEETS: SOCIAL MEDIA | MOBILE TECHNOLOGY

The internet represents a fundamental shift in how Americans connect with one another, gather information and conduct their day-to-day lives. For more than 15 years, Pew Research Center has documented its growth and distribution in the United States. Explore the patterns of internet and home broadband adoption below.

www

Internet use over time



- 96 percent, aged 30–49 were online
- 97 percent, aged 18–29 were online

Who's Online?

- 89 percent of American men, 86 percent of American women
- 88 percent of whites, 82 percent of Hispanics, and 85 percent of African Americans
- 95 percent of English-speaking Asian Americans use the internet. **Pew reports**, “English-speaking Asian Americans have long led other racial and ethnic groups when it comes to internet adoption, and that trend continues to hold true.” In addition, 91 percent of English-speaking Asian Americans own a smartphone. That’s far higher than figures for whites, Hispanics, and African Americans.
- 98 percent of College-Educated, 94 percent of those with some College, 81 percent of High-school graduates, 68 percent of Americans who didn’t graduate from high school
- 73 percent of Americans have broadband internet at home.
- Just over one-in-ten Americans is a “smartphone only” internet user, which means they have no broadband internet service at home (they only use the phone’s cellular internet service.)

Who's Not Online?

- 13 percent of all Americans use no internet service. Nada. **Pew reports**, “Seniors are the group most likely to say they never go online. About four-in-ten adults ages 65 and older (41 percent) do not use the internet, compared with only 1 percent of 18-to-29 year olds. Household income and education are also indicators of a person’s likelihood to be offline. Around a third of adults with less than a high school education do not use the internet, but that share falls as the level of educational attainment increases. Adults from households earning less than \$30,000 a year are roughly eight times more likely than the most affluent adults to not use the internet.”
- Rural Americans are about as twice as likely as those who live in urban or suburban settings to never use the internet.

Record numbers of Americans now have smartphones & home broadband

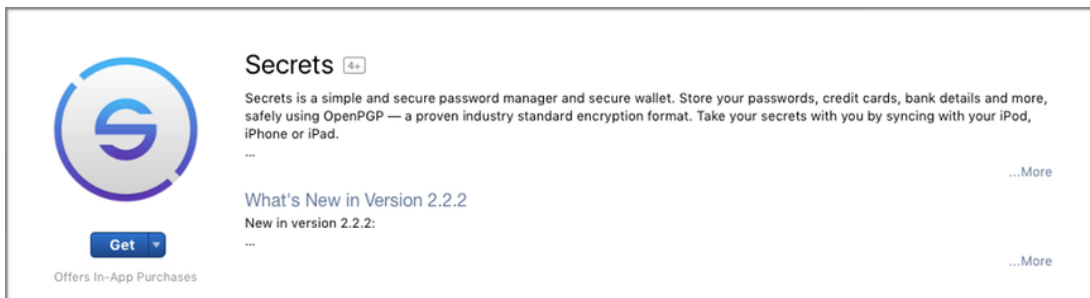
- 77 percent of U.S. adults own a smartphone
- 73 percent have broadband at home (Broadband is high-speed, always on internet)
- 69 percent use social media (think Facebook, Twitter, etc.)
- 51 percent own a tablet (think iPad) **Pew reports**, “Though less widespread than smartphones, tablet computers have also become highly common in a very short period of time...”



A stripped-down password manager for Mac and iOS devices

Last month, I wrote about how everyone

should be using a password manager on their Macs and iOS devices to keep track of their user names, passwords, and other important data.



It's just as important to keep that information from prying eyes.

While recent security breaches are often out of our hands: (Yahoo!, Anthem Blue Cross–Blue Shield, Kentucky Dept. of Fish & Wildlife, Eddie Bauer Stores, U.S. Dept. of Health & Human Services, Twitter, St. Mary & Elizabeth Hospital (Louisville), State Farm Auto Insurance, MySpace, Equifax, Charles Schwab, Trump Hotels, 1–800–Flowers, Walmart Stores, Time Warner Cable, Internal Revenue Service, Northwestern Mutual Life, Neiman Marcus, Tax Slayer, Wendy's, Hyatt Hotels...)

We can use a password manager to *try* and protect our data against a security breach.

(One of the best websites that tracks security breaches is PrivacyRights.org. You tell it what you want to check – payment card fraud, hacking or malware, insider fraud, healthcare breaches, government data stealing, etc. and you will be amazed at the sheer number of security breaches occurring in the U.S. daily.)

Macworld recently reviewed Secrets for Mac and Secrets Touch for iOS.

For those of you who find 1Password, Dashlane and LastPass, along with other password managers, too complex, a version of Secrets might be what you're looking for. (Both versions of Secrets are free – but you can only store a maximum of 10 items. If you want to unlock the version that allows you store an unlimited number of items – there's a one-time charge of \$19.99 for the Mac version and \$10 for the iOS version. Both are available from their respective App Stores.)

Using encryption, both Secrets versions allow you to store passwords, credit card numbers, banking details, and other confidential information using strong encryption. This means your data is stored on the cloud – but it's heavily encrypted.

Macworld's bottom line? "Although nowhere near as robust as password managers like 1Password, there's a lot to like about Secrets, especially if you prefer simplicity over a larger set of features you might never need."

The Macworld rating for both versions of Secrets is three out of five mice.

CKGS

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