



January 2024 SIG Calendar (Special Interest Groups)

Amateur Photographers Club

Jan. 4, 11, 18, 25

In person at CKCS

Windows SIG w/Paul

Jan. 9 via Zoom

All Things Apple SIG w/Joe, Kurt, Janet, & Brooke

Jan. 16 via Zoom

Digital Photography SIG w/Joe

Jan. 23 (In person at CKCS)

Genealogy SIG w/Larry

• Next meeting: March 18, •
In person at CKCS
(Mark your calendars)

You can start registering for CKCS spring classes and workshops on Jan. 2. A list of upcoming classes/workshops is on pages 42-45.

Typical January Weather in LEX



Brrrr! That might be the easiest way to sum up the month. Tripsavvy writes, "Despite plenty of predictions, how winter will go is anyone's guess. Lexington frequently experiences mild winters that turn ugly late in the season... January is typically the coldest month."

Wanderlog reports the average daily January high in Lexington is only 40°. The average overnight low is 25°. There's a 33% chance of rain daily, with 9.9 hours of daylight. "Really cold with a gentle breeze,"

is how the site describes January in Lexington. Monthly cloud cover sits at 39%.

Weatherspark notes that the overnight low rarely dips below 9°F and rarely exceeds 44°F. The coldest day of the month is usually Jan. 29 with a daily average low of 26° F.

Average monthly snowfall in January slowly increases as the month progresses.

On Jan. 1, average snowfall stands at 2.3 inches. By the last day of the month, the average snowfall reaches 3.7 inches. There's a three percent daily chance throughout the month of mixed snow and rain.



Happy 40th Anniversary, CKCS!

CKCS will be 40 years old in September. We've used early DOS, Windows, Mac, & Linux operating systems, Eudora, WordPerfect, ClarisWorks, Ami Pro, Visicalc, Quicken, MS Works, AppleWorks, PalmPilots, Word and Excel, online bulletin boards, dial-up Internet, and much, much more. Help us celebrate our 40th anniversary in 2024! Thank you for being a member of CKCS.





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Jan. 2024



CKCS is a member of APCUG, the international computer and tech organization.



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January 2024

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The Membership of CKCS

New and Renewing Members
for the period Nov. 22–Dec. 21, 2023

Provided by CKCS Board Member Ben Rice



CKCS Membership

New Members

Judy Blair
Lisa Demian
Linda Gill
Nancy B. Johnson
Patty Slucher
John Snell
Pat D. Vaught
Doug Williamson

Renewing Members

Sterling Duvall
Deborah B. & Bob Gresham
Barrie Hart
Steve Hartwig
Laurie Ketcham-Schrick
Daniel B. Moore
Carolyn Nichols
Helen Thomson

A big thank-you to all of our
new and renewing members!

If you know someone who
might benefit from CKCS,
please urge them to become a member.

Phone: 859-373-1000.

Or, if they prefer, they may join online here.
Thank you!



We appreciate your membership!



CKCS Resource Center

160 Moore Drive, Suite 107
Lexington, Ky. 40513
(859) 373-1000
www.ckcs.org

Incorporated in 1984
Teaching Tech for Nearly Four Decades!

Who's Who at CKCS?

Officers

Tenure ends June 2024
President: Brooke Thomas
Vice President: Joe Dietz
Secretary: Larry Trivette
Treasurer: Jim McCormick

Ex-Officio Member
Bob Brown

Directors
Tenure ends June 2024
Boone Baldwin
Jan Landers-Lyman
Ben Rice
Mike Seiler
Pat Vaughan

Tenure ends June 2025
Janet Cartmell
Larry Mitchum
Paul Stackhouse
Pennie Redmond
Arleigh Kerr

Webmasters
Arleigh Kerr
Jim McCormick

Class Coordinator
Janet Cartmell

Office Supervisors
Jenny Brown
Bob Brown
Jan Landers-Lyman
Mike Seiler
Larry Trivette
Wendell Curtis
Nancy Bowling
Lydia Short
Edith Conyers

Alternate Supervisors
Sandra O'Neal
Debbie Bryant
Jan Landers-Lyman
Joe Dietz

CKCS Online Calendar
Wendell Curtis

CKCS Newsletter Calendar
Larry Trivette

Newsletter Editor
Kurt Jefferson

Newsletter Proofreaders
Ben Rice
Brooke Thomas
Gail Waller
Pat Vaughan
Lydia Short
Diane Vance
Lynne Bowman

Constant Contact Manager
Larry Mitchum

Refreshment Center
Jim Hughes

Website links used in the
CKCS newsletter are in no
way associated with CKCS.
In addition, the linked
websites do not endorse
CKCS.

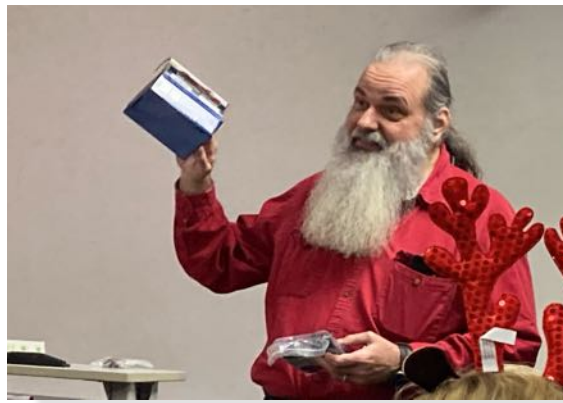
We include these links in
this newsletter as a service
to the reader. We attempt
to provide high-quality
content and believe
the links provide a
great addition to what
you are reading.



Photos from the CKCS Holiday Party & Tech Night



Janet Cartmell described the benefits of her Ring Video Doorbell which captures images of people (and one spider) approaching her front door. She also mentioned her TP Link Wi-Fi booster which increases her Internet signal to cover a dead spot in her home. Photo by Pat Vaughan



Paul Stackhouse told the crowd about a device which will remotely open his garage door if he accidentally gets locked outside. The nifty device uses a phone app which will open or close a garage door even though he could be many miles away from his home. Photo by Kurt Jefferson



Jan Landers-Lyman discussed a neat charger ring that she uses on her iPhone to keep the battery strong. Photo by Pat Vaughan



Brooke Thomas relies on her iRobot Roomba vacuum to keep her floors clean. She demonstrated the vacuum at CKCS. At first, the machine didn't want to cooperate, but later, it followed Brooke's commands and started cleaning the carpeting. Photo by Boone Baldwin



Arleigh Kerr describes smart outlets to control lights and other electrical devices plugged into them. Photo by Kurt Jefferson



Mike Seiler wears his snazzy sunglasses which he uses to listen to classical music when he's walking and exercising. He much prefers these glasses over earphones or pods which block out nearly all extraneous sounds. Photo by Kurt Jefferson



Santa Claus made it to the CKCS holiday party and Tech Night! He's standing next to Brooke Thomas and Joe Dietz. Photo by Pat Vaughan

Photos from the CKCS Holiday Party & Tech Night



Good grief! No, this is not the Food Court at Fayette Mall. Folks attending the holiday party and Tech Night brought enough food and treats for a feast! They also got to sip egg nog.
Photo by Pat Vaughan



Ho, ho, ho! This is the group photo of those attending the holiday party/Tech Night in 2023. Boone Baldwin is not pictured. He was behind the camera snapping the photo. Thanks, Boone!
Photo by Boone Baldwin

CKCS Meetings & Links



Click [here](#) to see the SIG calendar also shown in this newsletter.



Note from Boone Baldwin about the first Amateur Photographers Club meeting of the new year:

Our next event will be our annual New Year breakfast, January 4, at 10 A.M., at Winchell's on

Southland Drive. If we have bad roads on Jan. 4, we will meet on Jan. 11. Watch the weather and if we decide to cancel, I will send out an email Thursday morning saying the breakfast is canceled.



Mark your calendars so you don't miss the SIG next March!

In person
& Zoom

Thu., Jan. 4, @ 7 P.M. In person
& Zoom

CKCS Board of Directors Meeting

Zoom link:

Jan. 4, 11, 18, 25, @ 10 A.M.



Amateur Photographers Club

Meets Thursday Mornings at CKCS

In Person Only

Sat., Jan. 6, @ 10 A.M. – Noon



Dr. Fix-it & iHelp Troubleshooting

In Person Only

Mon., Jan. 8, @ 7 P.M.



Tech Night

In Person



Joe Dietz will show you how to better search the Internet.

Windows SIG w/Paul Stackhouse



Tues., Jan. 9, @ 7 P.M.

Zoom only



Zoom link: <https://us02web.zoom.us/j/82811157647>



All Things Apple SIG

Tues., Jan. 16, @ 7 P.M.

Zoom only

Zoom link: <https://us02web.zoom.us/j/81185707914>



Photos Photos Photos Photos Photos

Digital Photo SIG

Tues., Jan. 23, @ 7 P.M.



In person

Mon., March 18, @ 7 P.M.



Genealogy SIG

In person

‘I need tech help.
Where can I turn?’



Give us a try.

Dr. Fix-it and iHelp
are available the first Saturday
of the month from 10 A.M. to noon at CKCS.

If you’ve got a Microsoft Windows
or Android issue, seek help from Dr. Fix-it.

If you’ve got an Apple issue, seek help from
iHelp. This includes iPad, iPhone and Mac.



By Brooke Thomas

Happy New Year! 2024 is Here. Join Us This Year as We Celebrate Our 40th Anniversary!

It is going to be a great 2024. You *always* learn something when you come to CKCS. With 17 classes/workshops, seven Special Interest Groups, and Tech Night there is something for everyone.

The Windows SIG will have a guest leader. Mike Seiler, the current Windows SIG Leader, has found himself overloaded with all his volunteer commitments this year and I was afraid we would not be offering it. Thankfully, Paul Stackhouse has agreed to fill-in for the next six months.

This newsletter is a great place to keep up on what is happening each month at CKCS. If you are a current member you will get an email when the new one is available.

Not only will it give you all the important news about CKCS, Kurt Jefferson, the editor, spends an unbelievable amount of time adding so much more. He says, "It's a labor of love." You can also find the current and past issues on the website.

We also have a weekly email, *Next Week at your Computer Society*, that goes out to members.

If you aren't getting it click on this link, [SignUp](#), and you can register for the notice that comes out on Thursday evenings announcing what is happening the next week.

The CKCS website is another great place to see what is happening. You will notice a change there, as well. Arleigh Kerr has been diligently working on it since joining the Board of Directors this year.

Members got a sneak peak of the new website at the Holiday Party in December and they were impressed. Check it out!

We are continuing our efforts to recruit new members so be sure to share our class schedule and newsletter with your friends and family. Everyone can benefit from staying up on technology.

It was on a September day 40 years ago in 1984 that the Central Kentucky Computer Society in Lexington became a reality. Join us this year as we push to reach our goal of 300 total memberships by September. Thank you!



The CKCS newsletter, designed by member Kurt Jefferson, with proofreaders checking it out.



Paul Stackhouse will fill in for Mike Seiler by temporarily hosting the Windows SIG.



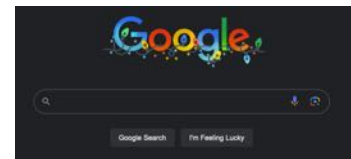
The new CKCS website, designed by member, Arleigh Kerr.



The weekly emails sent to CKCS members, created by board member, Larry Mitchum.



Tech Night
January 8
7 pm at CKCS
In person



By Brooke Thomas

Search Engine 101

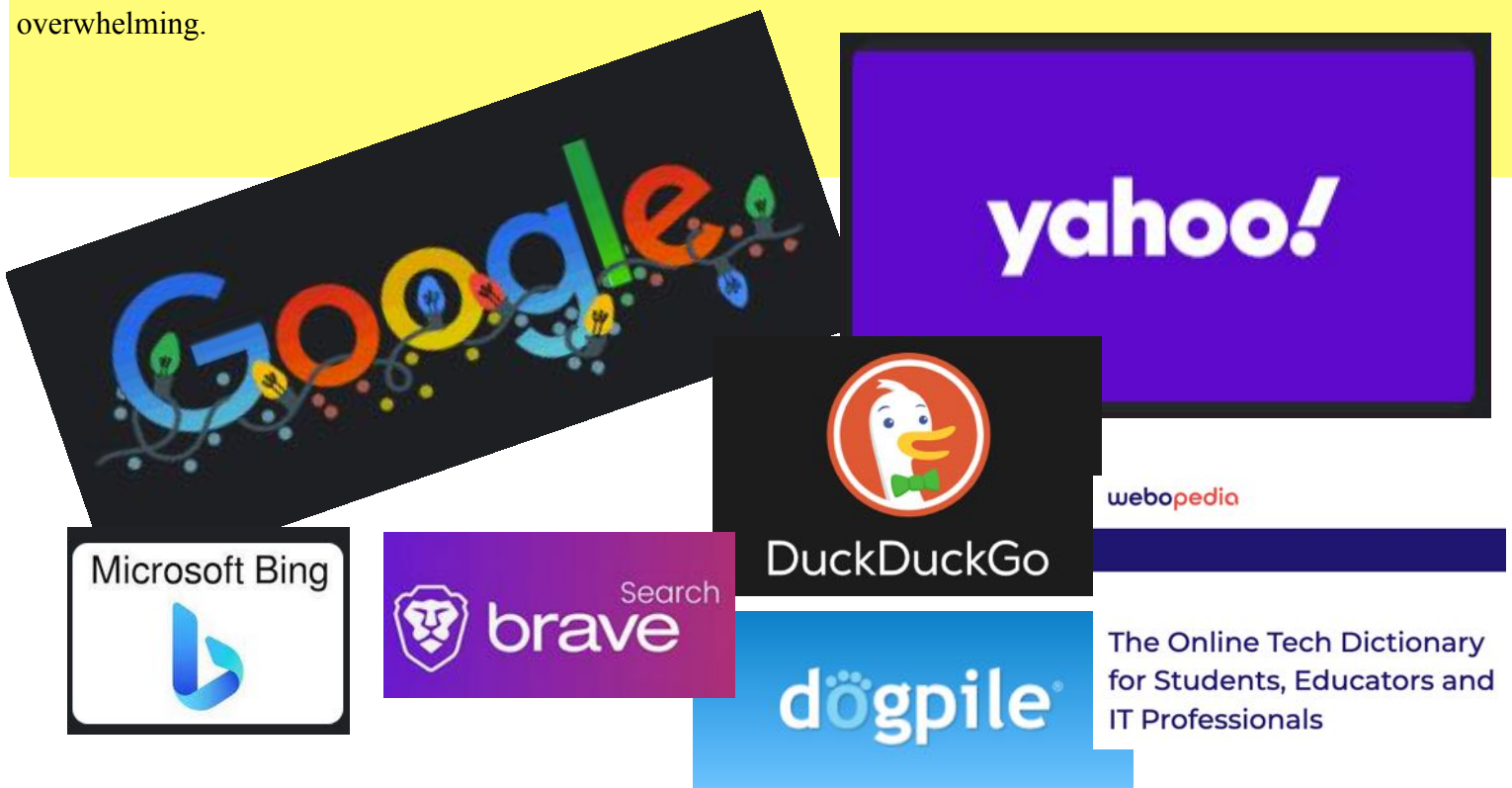
“Just Google that!” sounds easy enough. In reality, a truly successful web search is not that simple. There is a lot to consider when you type a phrase in that search box. More times than you would think and your search produces the wrong information or outdated details which do you no good.

Joe Dietz, CKCS vice president, will give tips to find things on the Internet, to exclude things from a search, to search for specific words or string of words. He will discuss handy items such as the snip and sketch tool, online calculator, using the Internet as a dictionary or thesaurus, and plenty of other features.

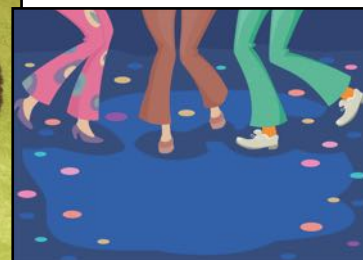
In addition to using Google Chrome he will introduce you to Edge’s Bing. In its own words, “It’s a revolutionary search engine and browser that uses AI to provide you with a better, smarter, and more personalized web experience. It is your copilot for the web, helping you find what you need, learn what you want, and create what you imagine.” Joe has used it for a variety of tasks.

Joe has been a member/instructor at CKCS since 1996. He wears many hats. In addition to serving as vice president on the board of directors, he is an instructor for numerous classes and workshops. He also heads up the CKCS Digital Photography Special Interest Group.

Be sure to put this event on your calendar. You will be amazed at how using these tips can make the Internet less overwhelming.



It's not the 70s or 80s anymore. Newer technology is here. CKCS is ready to help! Dig?

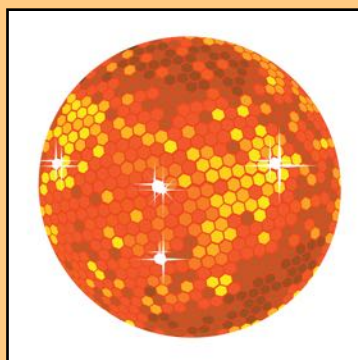


Take a class, attend a SIG, get help at Dr. Fix-it
or iHelp, learn at Tech Night.

CKCS is ready to help.
Please join and become a member!

We'll get rid of the orange and brown rug (see photo
above) if you become a member. We promise!

10 of 50



QR Code for the CKCS Store

Use the QR code below to register for CKCS classes or workshops, join CKCS, or just visit the CKCS Store online to browse.

If you have an iPhone running iOS 11 or later, simply open your camera app and point it at the code. Once your camera recognizes the code, a notification will appear, providing a link to the CKCS Store. Tap on the link and you'll automatically visit the CKCS Store.

If you have an Android Phone running Android 9 or later, open your camera and point it to the QR code. A notification will appear with a link you can tap to visit the CKCS Store.



If you're new to QR codes:

QR stands for 'quick response,' which was first created in 1994 by a Japanese company specializing in auto parts. The QR codes were used to keep track of different makes of cars so they could match the right parts with the right car.

During 2020 when Covid struck, some restaurants began using QR codes to provide a way for customers to read their menus without having to touch paper or laminated menus.

Today, QR codes are used for all kinds of reasons.

Before you scan any QR code, make sure you know where it comes from and which websites it will take you to. QRs from bad actors can lead you to dangerous websites with malicious software that may try to get access to your private information.



January 2024 CKCS Special Interest Group (SIG) Schedule

See <https://www.youtube.com/@ckcsVideos> for Zoom recorded SIG meetings.

Larry Trivette prepared this SIG calendar. Print this page for your refrigerator or bulletin board.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Jan	2 Jan	3 Jan	4 Jan	5 Jan	6 Jan
New Year's Day			10 a.m. Photography Club 7 p.m. Board of Directors In-Person & via Zoom		10 a.m. Dr. Fix-It In-Person Only iHelp Bring your Mac, iPad, or iPhone problems or questions and we'll try to help. In-Person Only
8 Jan	9 Jan	10 Jan	11 Jan	12 Jan	13 Jan
7 p.m. Tech Night Joe Dietz Tips to Using the Internet In-Person Only	7 p.m. Windows Paul Stackhouse In-Person & via Zoom		10 a.m. Photography Club		
15 Jan	16 Jan	17 Jan	18 Jan	19 Jan	20 Jan
	7 p.m. All Things Apple BROOKE, KURT, JOE, & JANET Zoom Only		10 a.m. Photography Club		
22 Jan	23 Jan	24 Jan	25 Jan	26 Jan	27 Jan
	7 p.m. Digital Photography JOE DIETZ John Snell In-Person Only		10 a.m. Photography Club		
29 Jan	30 Jan	31 Jan	1 Feb	2 Feb	3 Feb
			10 a.m. Photography Club 7 p.m. Board of Directors In-Person and Via Zoom		10 a.m. Dr. Fix-It In-Person Only iHelp Bring your Mac, iPad, or iPhone problems or questions and we'll try to help. In-Person Only

The CKCS Board of Directors will meet in person and via Zoom in Jan. and Feb.





THE AMATEUR PHOTOGRAPHERS CLUB *of Lexington Kentucky*

[Welcome](#)[Meetings & Events](#)[Classes](#)[Location / Contact Us](#)

Visit our Facebook page to see latest photographs posted by our members.



Welcome

We are a group of amateur photographers who enjoy cameras, photography and improving our skills. Please [join The Amateur Photographers Club](#).



© We are part of the Central Kentucky Computer Society

Call us today
859.373.1000
Email us
PhotoLexington@gmail.com

Address
160 Moore Drive, Suite 107
Lexington, KY 40503

Find us on

See more of our photos and current events

Photography Chat

Every Thursday morning at 10:00 a bunch of us amateur photographers meet informally to talk about photography, help each other with camera or photo problems or just chat. No program or agenda. Everyone is welcome. Location: CKCS at 160 Moore Drive, Suite 107, Lexington.

CKCS SIG Meetings

Windows SIG w/Paul Stackhouse

Jan. 9 @ 7 P.M.

Zoom

Zoom link: <https://us02web.zoom.us/j/81185707914>



Keeping your Windows up-to-date: A Review of Optimal Windows Update Settings

Mike Seiler is taking a much deserved sabbatical from leading the Windows SIG. Paul Stackhouse has offered to fill in the gap as interim leader through June. Paul joined CKCS within the first year of its existence and has held a variety of positions over the years. He retired several years ago from Kentucky Educational Television and is currently employed by Asbury University in their IT department.

From Paul Stackhouse:

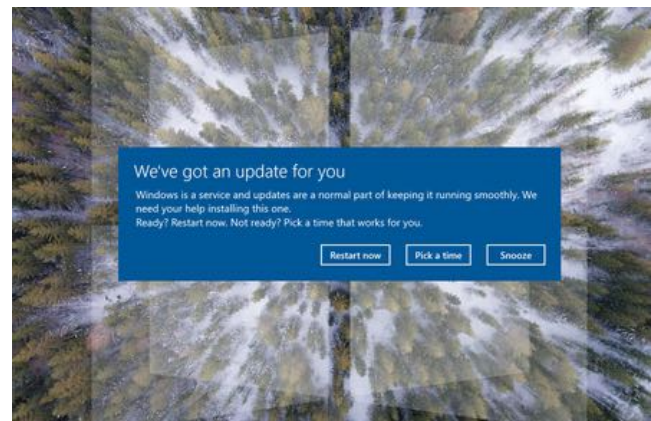
I'm old enough to remember that when you needed an upgrade for Windows it came on a floppy disk (Windows 3.1), or on a CD (Windows 95). But since the introduction of Windows 98, it has been possible to obtain updates via the Internet. In fact, the idea was so well embraced by those early Internet adopters that Microsoft retroactively added the capability of online updates to Windows NT and 95.

I also remember the days when you had to install multiple updates in chronological succession. If several months had passed since an update had been applied, one had to download and run the version released for March, then June, then July, then September. And expect problems if you tried to install September before July was installed.

Microsoft has greatly improved this process to the point where many people don't even know when (or if) updates have happened. Others only wonder when they power up their systems why it occasionally takes so long. Some folks curse at the unanticipated start-up or shut-down delays. But, in 2024, for the most part, updates automatically happen when and if they are needed.

But how can you be sure your system is up-to-date? Do you really need all of these Windows Updates? What about that extra laptop you keep in your camper/closet/basement that you only use when the grandkids are at home? How can you keep it fresh? Can you avoid the annoyance felt when you are in a hurry and you have to wait for an update?

These are the topics we'll tackle and questions we'll answer at the January Windows Special Interest Group on **Tuesday, Jan. 9 at 7 P.M.** The calendar says Zoom only, but if I can get someone to let me in the Resource Center, I'll also be in person, working from the classroom computer.



CKCS SIG Meetings

All Things SIG



Join us on Jan. 16 at 7 P.M. for the next SIG meeting via Zoom.

Zoom link: <https://us02web.zoom.us/j/81185707914>

Joe Dietz, Kurt Jefferson, Janet Cartmell and Brooke Thomas will be on board to present iPhone, Mac, and iPad topics that will interest you. Feel free to ask questions after each topic or in the chat session. Join us!

Topics:

Joe: Tonight, we will be talking about a neat feature in your iPhone Maps. With this feature, you can head across country or across town to visit someone and let them know when you are going to arrive, and they can also see your movement as you progress. Also, one of the newer helpful features in your iPhone is the camera level. Have you ever taken a shot and found out it wasn't level? Now you can make sure it is with a few settings changes you can have a level line on your camera. If you didn't get a level shot, I will show you how to level it in your photos 'Recents.'

Kurt: Five Mac tips. These are just a few tips I teach students in the CKCS Mac classes. Every Mac user should know them. Many don't.

Brooke: I will be showing how to make a Contact Photo and a Contact Poster for yourself and others in your Contact app on the iPhone. These will show up when you make a call and receive a call. They are easy to make and change.



CKCS SIG Meetings

Digital Photography Special Interest Group

7 PM Tuesday, January 23



John Snell Returns



John Snell: A 2023 Photographic Journey

Although John Snell continued to count Red River Gorge, the Blue Ridge Parkway, Smokies areas, Florida and Keeneland among his usual photo spots, he added Hawaii to his list in 2023. And despite having been to West Virginia a number of times in the past, last year's visit there saw him making images in some new places and some other places he'd not been to for many years. Come and hear him share his work and photo tips as he takes us on his 2023 photography journey!

Check out his webpage for lots more.

www.johnsnellphoto.com/

Photo Contest – “Kentucky Landmarks.” Get out and take some good shots or search your archives. I know you have some. Submit your shot to joedietz@aol.com no later than January 22, 2023.

**Join us at C.K.C.S. at 7 P.M., Jan. 23, at CKCS.
We will be meeting in person. Invite a friend.**

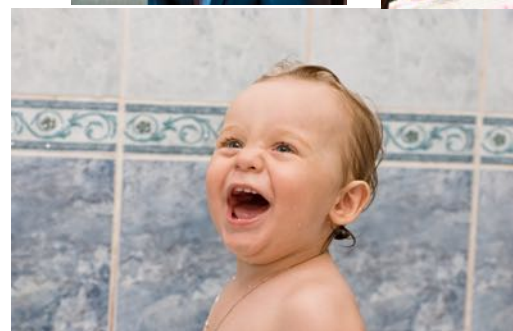




2024 Monthly Photo Contest Topics



Held by the CKCS Digital Photo SIG



Month	Topic
January	Kentucky landmarks
February	Gates
March	Signs of spring
April	Birds
May	Rainbows
June	Night sky
July (copies must be delivered to CKCS)	Bridges, Lexington icons, old cemeteries
August	Water motion
September	Workers in the field
October	Feet
November	Couples
December	No contest. Enjoy the holiday season.

Email photos to joedietz@aol.com no later than one day prior to meeting.
July photos cannot be emailed. Paper copies must be delivered to CKCS.

by Kurt Jefferson

Welcome to January. We are now entering what is traditionally the coldest month in Kentucky for the entire year. The all-time coldest temperature ever recorded in the Commonwealth was in Shelbyville. According to Lexington's **NBC affiliate**, on the morning of Jan. 19, 1994, the mercury plunged to 37° below zero there. In Lexington, the temperature fell to a record 20° below zero. Frigid temperatures weren't the only weather hazard. Before the



mercury plunged, heavy snowfall buried central Kentucky. Lexington got pounded with ten inches of snow. Some spots around central Kentucky got hit with 20 inches. What a way to welcome the new year!

The coldest temperature ever recorded in the U.S. was a record 80° below zero. It was confirmed by a weather observer on Jan. 23, 1971, at Prospect Creek Camp in Alaska.

The most snowfall ever recorded in the lower 48 states may have occurred on April 14-15, 1921, at Silver Lake, Colorado. On those dates, that spot recorded 87 inches of snow. The 60-inch snowfall recorded on Jan. 18-19, 1933, at Giant Forest, Calif., is accepted by many as the most snowfall in the lower 48 in a 24-hour period. But many weather experts cite the Colorado snowfall as the record-setter.



On Jan. 10, 1949, RCA announced the 'single' 45-RPM vinyl record in the U.S. One single 45 could play eight minutes of music on a side. The year before, Columbia introduced the 12-inch 33 1/3 RPM as a new format for music. Both of these new formats improved upon the 78 RPM record which allowed only five minutes per each side.



What is the most celebrated holiday in the world? New Year's Day. It's celebrated differently across the globe. In Brazil, celebrants wear white to signify good luck and prosperity. In Colombia, those celebrating carry empty suitcases at midnight in hopes of enjoying travel throughout the new year. In Denmark, party-goers smash plates and dishes, breaking them against the doors of family members and friends to ward off bad spirits in the coming year.



1929 — 1968



On Jan. 15, the U.S. honors Civil Rights leader Martin Luther King Jr., killed in 1968. He was born on Jan. 15, 1929. King won the Nobel Peace Prize on Oct. 14, 1964 for fighting racial inequality through non-violent means.



Mohammed Ali in 1967.
Courtesy:
World
Journal
Tribune &
Wikipedia.

Kentuckian Mohammed Ali was born in Louisville on Jan. 17, 1942. According to **britannia.com**, Ali was the first American boxer to win the world heavyweight championship three separate times. *Britannia* writes that

Louisville police officer Joe Martin took Ali under his wing at the age of 12 and taught him all about the sport of boxing.

First U.S. Photo From an Airplane: Taken on Jan. 10, 1911, Major H.A. "Jimmie" Erickson snapped the first photo in the U.S. by plane while flying a Curtiss biplane piloted by Charles Hamilton. The photo was taken while the plane flew over San Diego, Calif.

According to *Amazing Facts Home*, January was seen as the "bridge between what happened in the past and what the future will bring" during the ancient Roman era.

First All-Glass Building: On Jan. 15, 1936, the Owens-Illinois Glass Company Laboratory was completed in Toledo. It was the very first windowless, all-glass building in the U.S.

Starting on New Year's Day in 1992, U.S. hospitals that failed to ban smoking indoors would risk losing Medicare and Medicaid reimbursements. The Joint Commission on Accreditation of Healthcare Organizations mandated a smoke-free environment from that day forward.



Number, please? Remember when AT&T was broken up into seven baby bells? The day was Jan. 1, 1985. This ended the AT&T monopoly regulated by Uncle Sam. Because of competition, long-distance phone rates fell. The break-up of AT&T was required by a 1982 settlement of a U.S. Justice Dept. antitrust lawsuit.



First Primate to Visit Outer Space: On Jan. 31, 1961, the U.S. sent a four-year-old chimpanzee named Ham into space in the Mercury capsule for a nearly 17-minute sub-orbital ride. This was a test flight before Americans ventured into space. Ham soared to an altitude of 108 miles at a speed of 13,000 miles an hour. His trip was a success. Three months later, the U.S.

launched Mercury astronaut Alan Shepard into space.

by Kurt Jefferson



Oscar Auerbach was born on Jan. 1, 1905. His research was the first showing a connection between smoking cigarettes and lung cancer. The American pathologist used the microscope to examine thousands of lung tissue slides. He concluded, by studying tissues from individual patients, that smoking caused lung tissue damage.

His research was used by the Surgeon General's landmark 1964 report on the dangers of smoking.

Donald B. Keck was born on the second of January in 1941. He, along with two colleagues at Corning Glass, created a breakthrough in telecommunications: optic fiber. The discovery created a fiber that could carry 65,000 times more data than copper wire.

Jan. 2 – National Science Fiction Day



Isaac Asimov around 1959. Courtesy: *New York World Telegram & Sun* and Wikipedia.

Considered to be one of the “Big Three” science fiction writers—along with Arthur C. Clarke and Robert A. Heinlein—Isaac Asimov was born Jan. 2, 1920, in Russia. Asimov was a prolific writer. He wrote or edited more than 500 books.



Edward H. Johnson was the electrical engineer who created the first Christmas tree lights and displayed them on Dec. 22, 1882. Johnson worked with Thomas Edison and hired Edison to work for the Automatic Telegraph Company. Johnson eventually became president of Edison

Electric Illuminating Co. of New York. Today, it's known as Consolidated Edison (Con Edison). Johnson was born on Jan. 4, 1846.

Jan. 4 – Nat'l Spaghetti Day



Born on Jan. 4, 1809, Louis Braille developed a type of language, widely adopted by the blind, where raised dots form letters and sentences. Braille was a French educator who was blind beginning at age four after an accident while playing with an awl. Because Braille was quite intelligent and also refused to give up, he was allowed to attend one of the world's first schools for blind children in Paris.



Birthplace of Louis Braille in Coupvray, France. Courtesy: Wikipedia.

Jan. 4 – World Braille Day

Sources:
Today In Science Parade.com



Ever use Reddi-Wip? It was spelled that way when invented by Aaron “Bunny” Lapin, born on Jan. 5, 1914. The sweetened whipped cream in a can was originally sold by milkmen in St. Louis and caught on quickly in America after Lapin first created it in 1948.



King Camp Gillette
Photo by: B.J. Falk and Wikipedia.

While Jacob Schick invented the first successful electric razor, it was King Camp Gillette who found success with the first safety razor with disposable blades. Gillette was born on Jan. 5, 1855. As *Today in Science* notes, Gillette sold just 168 blades in 1903. The next year, he sold 90,000 razors and more than 12 million blades.

Jan. 6 – Nat'l Technology Day



French inventor, Jacques Étienne Montgolfier along with his brother, created the first hot air balloon. Montgolfier was born on Jan. 6, 1745. On Nov. 21, 1783, a balloon carried the brothers on their first untethered flight.

Called the “Father of Standard Time,” Scotsman Sir Sandford Fleming developed the idea of time zones. His idea evolved into today's time zones across the globe. He was a well-known railway engineer who moved to Canada as a surveyor. He quickly understood the problems time posed for the Canadian railway. Sandford was born on Jan. 7, 1827.



Stephen Hawking in the 1980s. Courtesy: NASA and Wikipedia.

Stephen Hawking, born on Jan. 8, 1942, was a physicist, cosmologist, and author who held the prestigious position of Lucasian Professor of Math at Cambridge. In 1988, his book *A Brief History of Time* became a best-seller in the U.S. and U.K. It used non-technical language to describe the universe to the public and sold an estimated nine million copies. Hawking had a slow, progressing form of ALS, also known as Lou Gehrig's Disease. He died on March 14, 2018.

Businessman Walter E. Diemer was born on Jan. 8, 1905. Diemer was an accountant at Fleeer Chewing Gum Co. when he accidentally discovered bubble gum while working on gum recipes. *Today in Science* notes he sold a test batch to a Philadelphia grocery store. The product sold out in one afternoon.



A Piper Cub at Bowling Green/Warren Co. Regional Airport ready to lift off in 2023 during aviation camp offered by the Aviation Museum of Kentucky in Lexington and staff at the airport. Courtesy: Kurt Jefferson

On Jan. 8, 1881, William T. Piper came into the world. His company developed small aircraft – the best known being the extremely popular Piper Cub. He was known as the “Henry Ford of Aviation” for his efforts to persuade more Americans to fly. Piper was a well-known aviation figure in the 20th century. The Piper J-3 Cub was built between 1938 and 1947.



Notable January Dates. Some *Wacky*. Some Not.



by Kurt Jefferson

January 8 is National Clean Off Your Desk Day. So now's the time to make a clean start!



Sir Alec Jeffreys
Courtesy:
Jane Gitschier & Wikipedia.

Sir Alec Jeffreys is the man responsible for discovering DNA fingerprinting. He was born on Jan. 9, 1950. It was on a September day in 1984 that he unexpectedly discovered how DNA can

be used to identify humans and other animals. The discovery has become vital in forensic science, paternity issues, and many other areas. .

If you're a baseball fan, you'll probably remember this. On Jan. 11, 1973, the American League adopted the designated hitter rule.

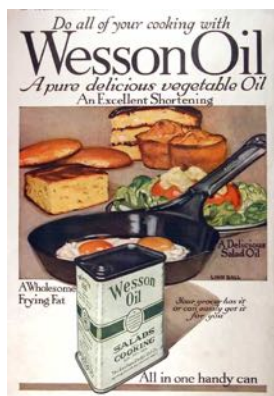


Ruth Benerito in 1968.
Courtesy:
USDA & Wikipedia.

A chemist and pioneer in the development of "wash and wear" fabrics, Ruth Benerito was born on Jan. 12, 1916. She was working in U.S. Department of Agriculture labs in New Orleans when she, along with others, discovered "wrinkle-free" cotton fabrics.

Benerito is labeled as the inventor of the new fabrics, but during a 2004 interview with the USDA, she says there were a number of people working on the project and she didn't want to be cited as the only inventor. Benerito earned 55 patents in her quest to help develop "wrinkle-free" cotton clothing.

The first X-rays in the U.S. were taken on Jan. 12, 1896. Frank Austin of Dartmouth College used what later was known as an X-ray machine. One day earlier, the first use of an X-ray in a clinical setting was by John Hall-Edwards in Birmingham, England. He used an X-ray to locate a needle stuck in the hand of an associate. The next day, he was the first person to use X-rays in surgery. In 1897, doctors first surgically removed a bullet that had been discovered using X-rays.



Born on Jan. 14, 1861, David Wesson tested various methods of purifying

cottonseed oil. He finally settled on a solution which became Wesson Oil. Cottonseed oil was the first vegetable oil ever used in the U.S. Many chefs and cooks praise the oil because they say it allows the real flavor of foods to be retained after the cooking process is complete.

Jan. 14 is Nat'l Hot Pastrami Day and

Dress Up Your Pet Day.

Jan. 16 was the day Virginia was the first state readmitted to the Union after the Civil War. The year was 1870.



Dian Fossey became known worldwide for her daily study of mountain forest gorillas in the Republic of Rwanda in central Africa. She was born on Jan. 16, 1932. She was gradually able to gain the trust of gorillas after living around them

for years. In 1983, her book, *Gorillas in the Mist*, brought to the surface the actions of poachers and the loss of gorilla habitat. Her book was adapted into a movie with the same name. She died the day after Christmas in 1985 after being attacked near the Karisoke Research Center in Rwanda, which Fossey started.

American founding father Ben Franklin was born on Jan. 17, in 1706.



A Martin B-26B Marauder.
Courtesy:
Wikipedia.

Glenn L. Martin is a name you may not recognize, but his company built many important

aircraft in the defense of the U.S. and allies during WWII. He formed the Glenn L. Martin Co., which built bombers and other aircraft for WWII. His company also built a single-seater "pusher" aircraft for the Mexican Revolution in 1913. His company eventually became The Martin Company. It merged with American-Marietta, forming Martin Marietta. In 1995, the company merged again, this time with Lockheed to form Lockheed Martin. Glenn Martin was born on Jan. 17, 1886.

On Jan. 18, 1778, Capt. James Cook discovered Hawaii.

In 1960, Dr. Belding Scribner and two associates invented the Scribner shunt. That device has saved the lives of many people around the world suffering end-stage kidney disease. In Jan. 1962, the Seattle Artificial Kidney Center began using the Scribner shunt. It was one of the first outpatient kidney dialysis centers in the world. Scribner was born on Jan. 18, 1921, in Chicago.



Dr. Daniel Hale Williams was an African-American surgeon who successfully completed the first heart surgery. He founded Provident Hospital and Training School at Chicago in 1891. Provident was the first non-segregated hospital in the U.S.

In 1913, Williams was the only African-American charter member of the American College of Surgeons. He was born on Jan. 18, 1856.

Jan. 19 – Hey, it's Nat'l Popcorn Day. Enjoy!



Notable January Dates. Some *Wacky*. Some Not.



by Kurt Jefferson



Born on Jan. 18, 1813, Joseph Glidden's invention, barbed wire, transformed the landscape of the western U.S. Glidden was a farmer near DeKalb, Illinois, when he started working on wiring to keep his cattle in a field in 1873. He received a patent for his barbed wire design in 1874, when he was 61 years old. He, along with a local hardware

Joseph Glidden shown in Jan. 1896
Courtesy: Wikipedia.

dealer, began selling barbed wire through their Barb Fence Co. in DeKalb. Glidden donated land in 1898 for Northern Illinois State Normal School – which became Northern Illinois University – N.I.U. in 1957.

Dr. William Williams Keen, Jr., born on Jan. 19, 1837, was the first brain surgeon in America. In 1887 at St. Mary's Hospital in Philadelphia, Keen completed the first successful removal of a brain tumor in America. He led a team of five doctors during a secret surgical operation to remove President Grover Cleveland's cancerous jaw tumor aboard the yacht *Oneida*. The doctors removed the tumor, five teeth, the jawbone, and a great portion of Cleveland's upper left palate. News reports indicate that President Cleveland recovered and was fishing by later that month.



Buzz Aldrin, born on Jan. 20, 1930, was the second person to walk on the moon in 1969. He was a former astronaut, engineer and fighter pilot. He piloted the lunar module Eagle during the Apollo 11 mission to the moon. Aldrin set a record when he spent five-and-a-half hours outside a spacecraft during the Gemini 12

Buzz Aldrin in 2001.

Courtesy: John Mathew Smith, www.celebrity-photos.com & Wikipedia.

mission in 1966. At age 86, Aldrin had visited the South Pole in 2016, making him the oldest person to reach Antarctica. He became ill during that visit and was transported to Christchurch, New Zealand, where he recovered. Years earlier, in 1998, he visited the North Pole.

Dr. Sophia Louisa Jex-Blake, born on Jan. 21, 1840, is described as a British doctor, teacher, and feminist. She's best known for her campaign to provide women access to a university education. She, along with six other women, began studying medicine at the University of Edinburgh in 1869. As Wikipedia notes, male students grew hostile to the idea of women becoming doctors. (The women) "received obscene letters, were followed home, had fireworks attached to their front door, and had mud thrown at them. This culminated in the Surgeons' Hall riot on 18 November 1870, when the women arrived to sit an (sic) anatomy

Painting of Dr. Sophia Louisa Jex-Blake when she was 25.

Courtesy: Wikipedia.



examination at Surgeons' Hall, and an angry mob of over 200 gathered outside throwing mud, rubbish, and insults at the women." Jex-Blake eventually became the first practicing female doctor in Scotland. .

Percy Zell Michener was the engineer overseeing construction of the Chesapeake Bay Bridge-Tunnel in Virginia, completed in 1964. It runs 17 1/2 miles and is still considered a marvel of modern engineering. Michener was born on Jan. 22, 1904.

Jan. 23 – Nat'l Pie Day. Bake something special!

Born Jan. 23, 1918, Gertrude "Trudy" Belle Elion was an



Gertrude "Trudy" Belle Elion in 1983.

Courtesy: [GlaxoSmithKline Heritage Archives](http://GlaxoSmithKlineHeritageArchives) & Wikipedia.

American biochemist and pharmacologist who shared the 1988 Nobel prize for contributing to the development of life-saving drugs, including ones for malaria, leukemia, meningitis, gout, AIDS, sepsis, cancer, and bacterial infections of the

respiratory and urinary tracts.

Jan. 24 – Nat'l Peanut Butter Day. Enjoy.

Jan. 25 – Nat'l Irish Coffee Day. Savor the brew!

Jan. 26 – Nat'l Peanut Brittle Day. Crunch. Crunch.



Bessie Coleman in Jan. 1923. She became known as "Queen Bell."

Courtesy: George Reinhart/Corbis via Getty Images & Wikipedia.

Bessie Coleman was the first African-American woman to earn a pilot's license. She had to go to France to get one because it wasn't allowed in the U.S.

She became known as "Queen Bell" and performed aerobatics at airshows to make a living. She had been working

as a manicurist at a Chicago barber shop when she heard stories from pilots returning home from WWI. She got bitten by the aviation bug and decided to become a pilot. She took a French language class in Chicago and then moved to Paris to get her license. She was the first African-American and native American to earn a pilot's license from the Fédération Aéronautique Internationale. Coleman was born in Texas on Jan. 26, 1892.

Jan. 27 – Nat'l Chocolate Cake Day

Jan. 29 – Nat'l Puzzle Day

Jan. 31 – Nat'l Hot Chocolate Day

Netflix Releases 'What We Watched' Report Highlighting What its Viewers Streamed

by Kurt Jefferson



As more and more of us cut the cable cord and switch to streaming, Netflix, one of the largest and oldest streamers in America, is providing a snapshot of what its viewers are watching through an 'Engagement Report' released by the company.

First, some numbers. More than 18,000 titles are shown, or 99% of programming offered by Netflix. Non-English programming generated 30% of all viewing. During the first six months of 2023, Netflix viewers consumed more than 100 billion hours.

You can read the Netflix 'Engagement Report' [here](#). You can download the Netflix report in Excel format [here](#). (If you use Apple's Numbers spreadsheet app on a Mac, iPad or iPhone, Numbers will open and display the report just fine.)

Here are the top 20 most-popular shows airing on Netflix between January and June 2023 as reported by the company:

What Netflix Viewers Watched	
Title	Release Date
(Most Watched) The Night Agent, Season 1	3/23/2023
Ginny & Georgia, Season 2	1/5/2023
The Glory, Season 1	12/30/2022
Wednesday, Season 1	11/22/2022
Queen Charlotte: A Bridgerton Story	5/4/2023
You, Season 4	2/9/2023
La Reina del Sur, Season 3	12/30/2022
Outer Banks, Season 3	2/23/2023
Ginny & Georgia, Season 1	2/24/2021
FUBAR, Season 1	5/25/2023
Manifest, Season 4	11/4/2022
Kaleidoscope, Limited Series	1/1/2023
Firefly Lane, Season 2	12/2/2022
The Mother	5/12/2023
Physical 100, Season 1	1/24/2023
Crash Course in Romance, Limited Series	1/14/2023
Love is Blind, Season 4	3/24/2023
BEEF, Season 1	4/6/2023
The Diplomat, Season 1	4/20/2023
Luther: The Fallen Sun	3/10/2023
Fake Profile, Season 1	5/31/2023
Vikings: Valhalla, Season 2	1/12/2023
Extraction 2	6/16/2023
XO, Kitty, Season 1	5/10/2023
Doctor Cha, Limited Series	4/15/2023

Netflix says it intends to release an updated report every six months.

The company says it's not a good idea to compare viewership between shows because some shows are only available in some markets and others were only available for viewing during a short period of time.

Some were surprised by the numbers. An article on [MSN](#) writes "Titles like *Alice in Borderland*, *You*, and *Queen Charlotte: A Bridgerton Story* were expected, but *The Glory*, *Fake Profile*, and *The Night Agent* surprised everyone with huge viewership. The company reported a significant rise in the viewing of licensed fares."

In other words, the company's tough stance on passwords increased membership in 2023.

Netflix is not alone in its membership growth. More and more of us are streaming and cutting the cable cord.

[TechReport](#) wrote in late August 2023 that, "Streaming's growth shows no signs of slowing down. As technology advances and content libraries expand, streaming stands to reshape entertainment as we know it. Savvy consumers would do well to understand streaming's emerging primacy. The numbers tell the story – streaming is the new normal."

TechReport adds: While many people stream video on a TV, 40% of those streaming programs are using a computer, tablet, or mobile phone.

[Cloudwards](#), the secure cloud storage and VPN (virtual private network) provider, reports that:

- 85% of all U.S. households have at least one video streaming service (60% have at least one paid music streaming service.)
- In 2022, Netflix was the "most streamed" service with more than 220 million subscribers in the world.
- There were more than 200 different streaming services available in the world as of November 2023.
- 49% of people said they may cancel a paid streaming service subscription if there's a price hike.
- 72% of Americans say they love their streaming service user experience. (Nearly 80% of Netflix subscribers say they are satisfied with the service.)
- Amazon Prime had more than 200 million Prime members in 2020. (Prime members are eligible to watch the Prime video streaming service.) Near the end of 2023, Amazon announced it would start airing limited ads in the programming it streams. An ad-free option is available for subscribers who pay an additional \$2.99 per month.
- HBO and Max had a total of nearly 74 million subscribers all over the world by late 2021.
- Hulu had more than 45 million paid subscribers in the U.S. as of 2022.



Exercise? It Turns Out that Many of Us Just Don't Get Enough

by Kurt Jefferson

How many Americans exercise daily? One in ten? One in five? One in three?



The Good Body supplies the answer in its list of 41 exercise statistics: Just one in five adults exercises every single day.

The U.S. Bureau of Labor reports that walking tops the list of most popular exercises in America. As it turns out, people living in

Colorado exercise the most. Mississippi brings up the rear, with the fewest folks living there exercising.

Can you name the most popular group exercise in the U.S.? The answer, reports *The Good Body*, is yoga. Ten percent of Americans participate in yoga and it grew by nearly 64% in popularity between 2010 and 2021.

Who exercises? Men, more than women. Just over 26% of men exercise. Compare that to nearly 19% of women.

Why don't more Americans exercise more? *The Good Body* cites a OnePoll study which highlights too much work and being too tired as the reasons given.

While Mississippi brings up the rear in terms of exercise (only 13.5% of the population meets the national exercise guidelines), Kentucky (14.6%), Indiana (15.1%) and South Carolina (14.8%) are also below average.

The U.S. Dept. of Health and Human Services suggests that "adults complete at least 150 minutes of moderate-intensity aerobic physical activity each week, as well as muscle-strengthening activities," reports *The Good Body*.



About one in four children, 24%, get at least 150 minutes of moderate-intensity aerobic exercise every week.

Worldwide, the Netherlands is the most fit nation, while Brazil has "the least physically active population," writes *The Good Body*.

Livestrong reports the number of adults meeting both cardio and strength training recommended goals drops with age. The Centers for Disease Control in Atlanta categorizes Americans' exercise levels in age groups.

Who gets enough exercise in the U.S.?

18 to 34 year olds: 33.8%

25 to 44 year olds: 29.1%

55 to 64 year olds: 22.7%

65 to 74 year olds: 15.7%

75+ years old: 8.7%

Source: CDC

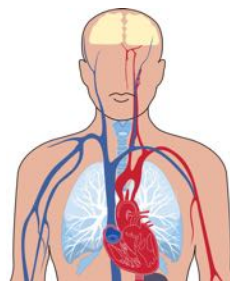
CDC Data, Trends & Maps

Read 'Physical Activity Guidelines for Americans, 2nd edition'

Regular exercise has even been shown to reduce a woman's chances of getting Parkinson's Disease. *Neurology* published a study that tracked more than 95,000 women for nearly three decades. The study determined that regular exercise may reduce a woman's chances of developing Parkinson's by 25 percent.

Exercise can also help older Americans prone to falling. The *American College of Sports Medicine* reviewed 43 "carefully controlled" exercise studies. It determined that group-based programs offering individually tailored exercises in the home and community-based Tai Chi programs worked the best. How much exercise is needed? The researcher determined at least 50 hours of exercise (twice weekly, one-hour program over six months) is needed to greatly reduce the fall rate. More details are highlighted in the *American College of Sports Medicine Health & Fitness Journal*.

Study: AFib Risk Increases During Cold Winter Months



An irregular heart rhythm, or atrial fibrillation, often known as AFib, peaks in January and February along with much colder weather. Far fewer cases are reported in July, during the warmer summer months. This conclusion was made after 15 separate studies were analyzed. Results were published in the *Journal of Atrial Fibrillation*.

Not everyone agrees with this conclusion, though. A study last year detailed in the *Journal of the American Heart Association* indicated there was very little seasonal change in hospital admissions due to AFib symptoms.

AFib is most common among people who are over 65 years of age. Experts say risk factors include a family background of AFib, being overweight or obese, heart disease, sleep apnea, high blood pressure, and drinking alcohol.

The Centers for Disease Control and Prevention notes about one in three Americans who are 55 or older are at risk of developing AFib. Doctors are quick to point out that AFib is treatable with medicine, along with adequate exercise, eating right, losing weight, and stopping smoking.

CDC: Living Longer Can Be Traced to This...

by Kurt Jefferson



I was really surprised to read this on the Centers for Disease Control website: “An [estimated 110,000 deaths](#) per year could be prevented if US adults ages 40 and older increased their moderate-to-vigorous physical activity by a small amount. Even 10 minutes more a day would make a difference.”

I knew that physical exercise is good for the body, but I didn’t realize that more than 100,000 lives could be saved by walking, lifting weights, jogging, or other activity to get the body moving.

The CDC says activity also cuts the risk of serious outcomes from Covid 19, some cancers, infectious diseases and Type 2 Diabetes as well as metabolic syndrome (which is a combination of too much fat around the waist, high blood pressure, low amounts of good cholesterol (HDL), high triglyceride levels or high blood sugar.) You can check this out on the CDC [website](#).

Goodreads: Best Books of 2023

If you’re stumped because you can’t find a good book for yourself, a friend, or your book club, take a look at the winners of the 15th annual Goodreads [Choice Awards](#). Goodreads says it’s the only major book awards chosen by

readers. Here, you’ll find an excellent selection of books in a variety of categories, including:

- Mystery & Thriller
- Fiction
- Nonfiction
- Historical Fiction
- Science Fiction
- Horror
- Humor
- Debut Novel

and more.

Check out the list and see what appeals to you.

To get you started, here are some of the top vote-getters:

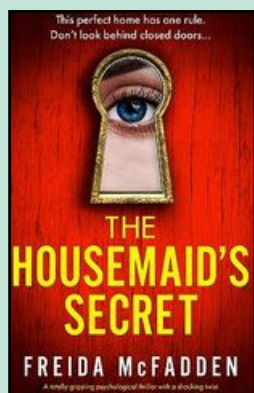
Mystery & Thriller: *The Housemaid’s Secret*

Fiction: *Yellowface*

Historical Fiction: *Weyward*

Nonfiction: *Poverty in America*

Science Fiction: *In the Lives of Puppets*



More than a half-million votes were cast for books in the Goodreads Mystery & Thriller category. *The Housemaid’s Secret* by Freida McFadden, a sequel to her best-seller, *The Housemaid*, won top honors receiving more than 86,000 votes. *None of This is True* by Lisa Jewell came in second place in the category while Riley Sager’s *The Only One Left* came in third.



Who Still Smokes?

In 1997, one out of every four Americans smoked cigarettes. Go back to 1965, and 45% of adults smoked. Fast forward to 2022.

Research shown in the [JAMA Health Forum](#) reveals that just under five percent of young adults (18–24) smoked that year.



The population of older smokers (65 and older) grew a bit in 2022 – to nearly nine percent (8.7%).

The L.A. Times writes that a smoker is defined as “someone who has both smoked more than 100 cigarettes during their lifetime and now smokes some days or every day.”

Who Knew This About Items We Eat & Chew?

Okay. Now for the weird. What do corn flakes and chewing gum have in common? It turns out the way they were originally used is not how we put them to use today.

For example, [Tasting Table](#) reports that two brothers – Dr. John Harvey Kellogg and his brother, William, invented corn flakes. In the 1850s, Americans binged on breakfast by eating huge amounts of meat – including hot beefsteak, boiled chickens, and more. These huge breakfasts were causing indigestion, or dyspepsia, as it was called back then. So the Kellogg brothers came up with corn flakes to help reduce indigestion. Oh, they were also believers that a lighter breakfast might move Americans away from sin, excess and meat.

Chewing gum originally was supposed to be a substitute for rubber. But it didn’t turn out that way. In the 1860s, Thomas Adams of New York opted to add flavoring to his chicle. It was a hit. Chewing gum was especially popular during WWII when soldiers received it to boost their morale. Adams is recognized for creating the first commercially viable chewing gum. In 1870, he created the first black-licorice-flavored gum named Black Jack. In 1888, Adams was the first gum sold in vending machines.



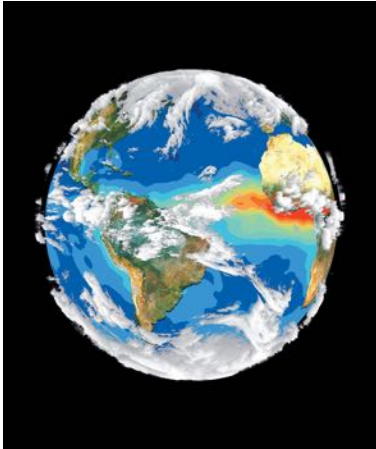
An ad for Adams chewing gum from 1919 starring actress and film producer, Ruth Roland.

What Is Your Travel Risk Assessment in 2024? The Map Says...

by Kurt Jefferson

You've made the decision. In 2024, you're going to travel somewhere exotic. Say, someplace you've never visited before. A world map – just updated by International SOS – might steer you in the right direction to avoid security or medical risks. Here are the nations you just might want avoid, according to International SOS:

- Libya
- South Sudan



Those two African countries are listed as “extreme” security risks. That ranking is tied to nations with “minimal or non-existent government control and law and order” reports International SOS. The governments there barely function, and the transportation services are also nearly non-functional, according to the risk management site.

“High” security risk nations include:

- Pakistan
- Venezuela
- Burma (Myanmar)

Visitors to those countries could be targeted by violent protestors. Protests in those countries are frequently violent, writes International SOS.

On the other end of the scale, Scandinavian countries fare well in the security category. These nations are among the safest when it comes to social unrest, political violence, petty crimes and other types of violence:

- Denmark
- Norway
- Finland
- Greenland

You can view the [International SOS Map](#) to check for yourself to see which countries offer a secure environment and which ones to avoid. What about access to medical care while traveling? Nations posing the least risks in getting medical help for travelers according to International SOS are:

- United States
- Canada
- Australia
- Japan
- Singapore

The highest medical care risks (treatment may not be available) include these countries:

- Sudan
- Libya
- Iraq
- Yemen
- Pakistan
- Niger

Check out the [International SOS Map](#) to see the other countries that fall sort in the medical risk category.

The map also tackles climate change and how the planet's overall temperatures are rising. Some of the predicted “hot” spots – literally – in years to come include:

- Central Africa
- India
- Iraq
- Brazil
- Colombia
- Bangladesh

Check out the [International SOS Map](#) to view other spots that are going to face severe heat issues according to International SOS.

There's a white toggle on the upper left-hand side of the map where you can choose to view different options: Security, Medical and Climate Change.

The [last map](#) profiles the percentage of the population with mental health issues. This includes depression, bi-polar disorder, eating disorders, and schizophrenia.

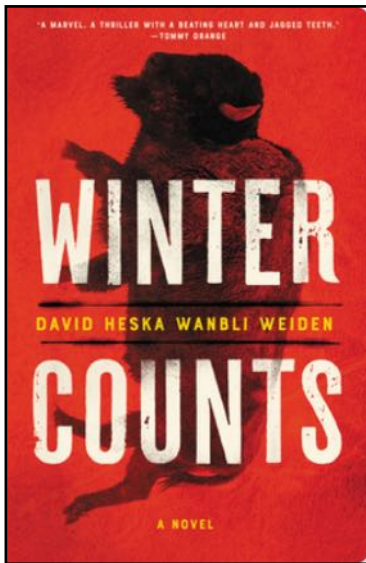
Check out these maps before you begin international travel in 2024! Stay safe!



Hey, What Audiobooks are You Listening to?

by Kurt Jefferson

Winter Counts is described as a mystery thriller with a Native American twist. Written by David Heska Wanbli Weiden of the Sicangu Lakota nation, this novel will keep you on edge.



Written in 2020, *Winter Counts* won multiple awards, including the Anthony, Thriller, Barry, Macavity, Lefty, Spur, High Plains, and Tillie Olsen book awards. *The New York Times* chose this book as an Editors' Choice selection. It's also a Goodreads Choice Award book.

Not many books by new authors garner that many awards. You really have to create a special book for those who deliver awards to read your book and then take a second look as a possible award-winner.

Goodreads describes *Winter Counts* this way: "A groundbreaking thriller about a vigilante on a Native American reservation who embarks on a dangerous mission to track down the source of a heroin influx."

As it begins, we enter the life of Virgil Wounded Horse, who is the so-called local enforcer on the Rosebud Indian Reservation in South Dakota. When the local tribal council or the American justice system fails to hold someone responsible for their crimes, Virgil takes over.

mina reads® writes in GoodReads, "I never thought that I would love a thriller so much." Elle writes, "A fast-paced crime thriller that has just as much grit as it does heart."

Michelle adds, "Wow, wow, wow. This was an excellent debut!"

And this from Damo, "This is the debut novel of David Heska Wanbli Weiden and it firmly stamps him as a force in modern day crime literature thanks to the deeply thoughtful character driven story that also occasionally sneaks into the brutal territory that's more in keeping with the hardboiled detective. Set on the Rosebud South Dakota reservation of the Lakota, crime is not necessarily dealt with in the same way as it is in the big city."

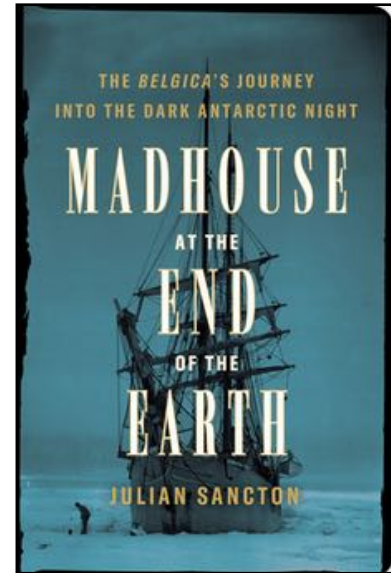
Chelsea Humphrey writes, "I don't want to give anything away, but the way that this story wrapped up was beautiful and tinged with just the right amount of bittersweet sadness. As I am unsure if this is truly a standalone, or the beginning of a new series, I will say that I would follow Virgil on future adventures if the author so chose to create them. Highly, highly recommended!"

Ever since I streamed *The Terror* on Acorn TV, I've been hungry for more books, websites, and streaming shows spotlighting expeditions to either pole. *The Terror* depicted the failed British expedition led by Captain Sir John Franklin to find the Northwest Passage between Greenland and far northeastern Canada.

129 men departed Great Britain in 1845 aboard two ships, the *HMS Terror* and its larger sister, the *HMS Erebus*. They never plotted the Northwest Passage. Sea ice was so thick that both vessels became shipwrecked. They might as well have been lodged in concrete.

The captain's wife, Lady Jane Franklin, searched for her husband for more than a decade as she paid men to board ships and hunt for the lost expedition. In 2016, a crew for the Arctic Research Foundation located the *HMS Terror* at the bottom of the Arctic Bay, about 60 miles south of where researchers believed ice crushed the ship.

Years later,, a Belgium-based ship, the *Belgica*, was bound for the opposite end of the globe – the South Pole. Julian Sancton's *Madhouse at the End of the Earth* uses diary entries and other logs to meticulously describe what occurred aboard this vessel. This book was a 2021 Goodreads Choice Award winner.



Similar to the *HMS Terror* and *HMS Erebus* on the other side of the world, the *Belgica* becomes shipwrecked on its trek to Antarctica. "As the ship progressed into the freezing waters, the captain had to make a choice: turn back and spare his men the potentially devastating consequences of getting stuck, or recklessly sail deeper into the ice pack to chase glory and fame. He sailed on, and the *Belgica* soon found itself stuck fast in the icy hold of the Antarctic continent. The ship would winter on the ice. Plagued by a mysterious, debilitating illness and besieged by the monotony of their days, the crew deteriorated as their confinement in suffocating close quarters wore on and their hope of escape dwindled daily," writes Goodreads.

Here's how Beata on Goodreads describes this book: "A powerful tale of stamina, determination, endurance and weaknesses..."

Jill Hutchinson was riveted by the account of the expedition. "This is not just a book on early exploration of Antarctica (1897) but also a psychological and terrifying study of the men aboard the *Belgica* who ventured into the hell at the bottom of the world. Arctic exploration was becoming widespread near the turn of the 20th century and became somewhat of a race to be the first to reach the poles. A young Belgian, Adrienne de Gerlache, had exploration fever and was determined to join in that race to reach the magnetic South Pole, even though he was less than experienced as were many of the men which comprised his crew."

Beverly writes on Goodreads, "One of the best books I've read about polar exploration, *Madhouse at the End of the Earth* is a fascinating non-fiction story of a little known event."

Do a little exploration of your own and dig into this book to learn what drove men aboard the *Belgica* onward despite the odds. This is one journey you won't forget.





Point your browser here, and you'll be able to watch past meetings at CKCS including:

- Tech Nights
- Windows SIG
- All Things  SIG

So take the time to view these videos. (On the page, click on 'Videos' to see more.)

Take notes.

If you cannot attend a Tech Night or SIG meeting that is offered via Zoom, here's your chance to revisit that session. It's a second chance to see what you missed.

The videos are an entertaining and fun way to catch up.



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TIME MACHINE: GOING BACK IN TIME



From the U.S. Library of Congress photo collection and other sources.



New Year's Eve—A Toast to the New Year, 1910

Celebrants at a café prepare to welcome the clock turning over to a new year — 1910.

Photographer: Bain News Service
From a glass negative.



Happy New Year!

In New York City, Mr. and Mrs. Di Costanzo wish you a happy new year on New Year's Eve in Dec. 1942. The Costanzos operated Marconi's Restaurant and Bar in New York City.

Photo taken: Dec. 1942
Photographer: Marjory Collins
From a nitrate negative.



Gypsy Woman Performs on New Year's Eve

A gypsy woman who is a regular customer of Marconi's Restaurant on Mulberry Street in New York dropped in for a bite to eat on New Year's Eve. While there, she performed a spontaneous dance to entertain the Di Costanzo family party.

Photo taken: Dec. 1942
Photographer: Marjory Collins
From a nitrate negative.



Celebrating

A crowd at Restaurant Martin in New York City celebrates New Year's Eve.

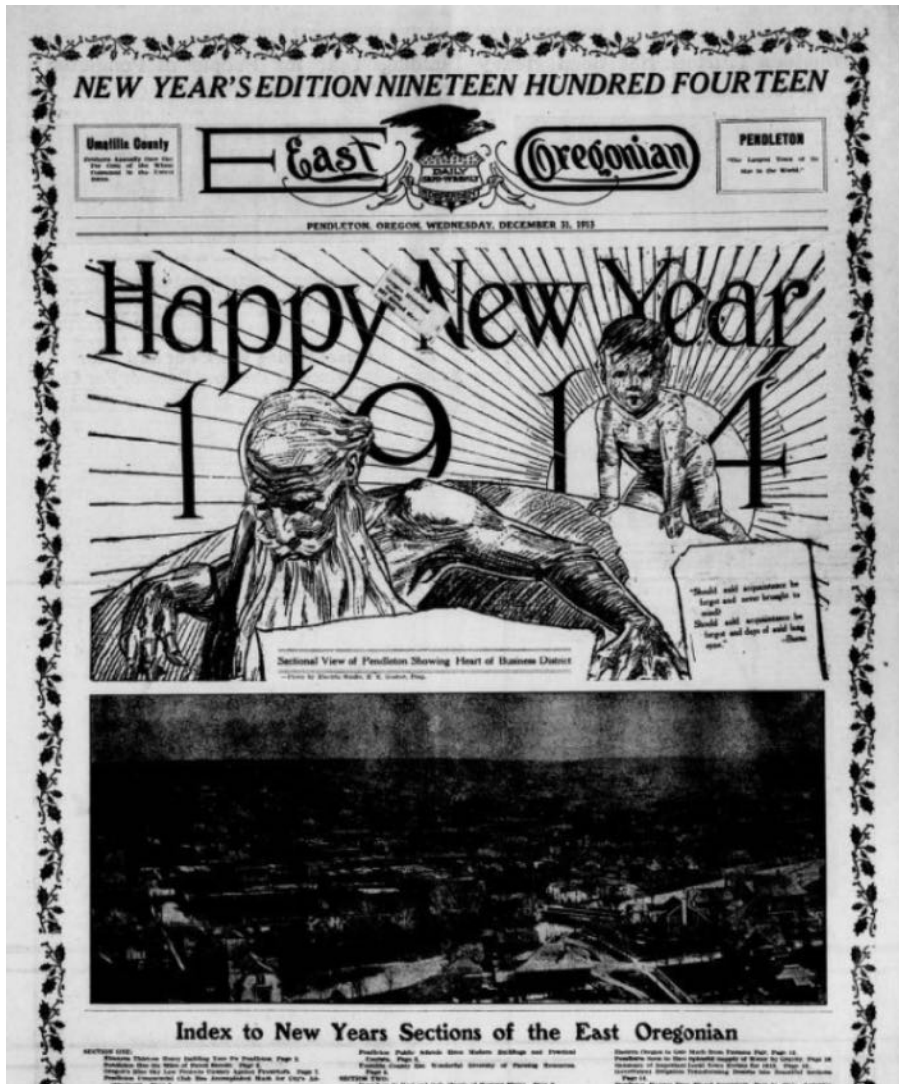
Photo taken: Dec. 31, 1906
Photographer: Montauk Photo



Checking Hats on New Year's Eve

In Detroit, a young woman checks in officers' headgear and formal hats on New Year's Eve as celebrants enjoy the evening.

Photo taken: Jan. 1942
Photographer: Arthur S. Siegel



Happy New Year, 1914!

Front page of the *East Oregonian* newspaper at Pendleton, Ore., wishing readers a happy new year on Jan. 1, 1914.

Provided by University of Oregon Libraries in Eugene
Published: Dec. 31, 1913

Happy New Year

Churchgoers heading to New Year's Eve services.

Printed: Around 1876.





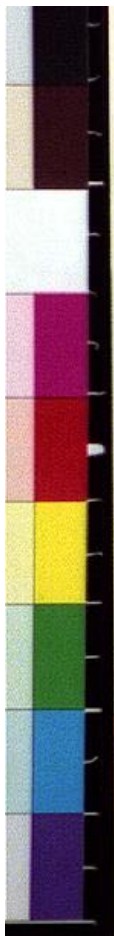
Portrait of African-American Sailor During Civil War

Photo taken: Between 1861 & 1865

Photographer: Ball & Thomas Photographic Gallery
in Cincinnati

1 photographic print on carte de visite mount : albumen





Frustrated Golfer

A **Herbert Johnson** cartoon depicting a frustrated golfer in January. Cartoon is titled "That January Feeling."

Created: 1921

Drawn by cartoonist Herbert Johnson, (1878–1946)

Syndicated to Associated Newspapers,

Boston Common After Snowfall

Boston Common with frozen water on fountain and Statehouse in background.

Photo taken: Around 1897.

Photographer: From a U.S. Geological file of public buildings.





Neither Rain, Nor Snow...

A letter carrier making his deliveries in heavy snow. Believed to be Woodstock, Vermont.

Photo taken: March 1940
Photographer:
Marion Post Walcott

From a nitrate negative.

Bird's-eye View of Hartford in Snow

Connecticut's capital city as seen from the State Capitol after a winter snowfall.

U.S. Geological Photo
Photo taken: around 1916

From a photo print.



ANNUAL MEETING AMERICAN WOMAN SUFFRAGE ASSOCIATION.

CHURCH OF THE REDEEMER,
MINNEAPOLIS,
OCTOBER 13, 14 & 15, 1885
ORDER OF EXERCISES

TUESDAY AFTERNOON, 2:30.

Informal social and business meeting of delegates and members. Appointment of Committees.

TUESDAY EVENING, 7:30.

Prayer by REV. MARTHA J. JAMES, of Iowa. Suffrage Song by PROF. JAMES G. CLARK. Address of Welcome by MAYOR PILLSBURY; Response by MRS. JULIA WARD HOWE. Addresses by HON. WM. DUDLEY FOULKE, President of the American Woman Suffrage Association, and LUCY STONE. Music.

WEDNESDAY MORNING, 10:30.

Music. LUCY STONE will report for the Executive Committee. Reports of State Societies: DR. MARTHA G. RIPLEY for Minnesota; ALMA COLLINS for Wisconsin, Michigan, Maine, New Hampshire, Vermont; H. B. BLACKWELL for Massachusetts; MRS. JULIA WARD HOWE for Rhode Island and Connecticut; MARGARET W. CAMPBELL for Iowa. Music.

WEDNESDAY AFTERNOON, 2:30.

Music. Letters from MARY A. LIVERMORE, CHIEF JUSTICE GREEN, of Washington Territory, CHANCELLOR ELIOT of St. Louis, Mo., Etc. Addresses by MRS. SARAH BURGER STRAINS of Duluth, DR. KATR. I. KELSEY, JUDGE HEMIUP, MRS. MARTHA ANGLE DOBRIETT and C. H. DUBOIS. Resolutions and Discussion. Short Speeches by delegates. Music.

WEDNESDAY EVENING, 7:30.

Music. Addresses by MARGARET W. CAMPBELL, of Iowa; MAJOR J. A. PICKLER, of DAKOTA; and MRS. ABIGAIL SCOTT DUNIWAY, of Oregon. Music.

Handbill Promotes Annual Meeting

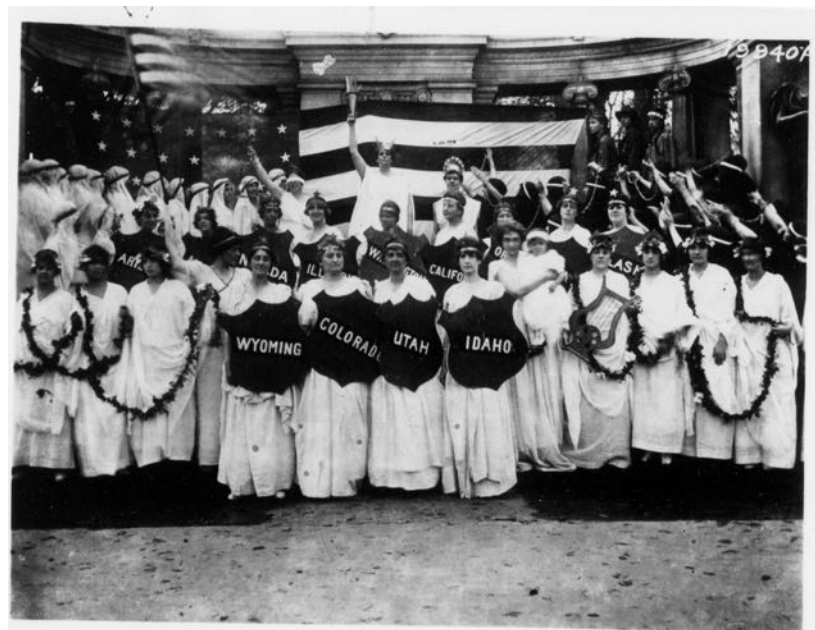
The American Woman Suffrage Association used handbills to promote its annual meeting held in Minnesota in mid-October, 1885. The schedule included a full slate of speakers beginning Tuesday afternoon and concluding Wednesday evening.



Parade for Suffrage

American Woman Suffrage Association members marching for equal rights, including the right to vote.

Manuscript Division, Library of Congress



Gathering for Suffrage

American Woman Suffrage Association members wearing costumes as they represent individual states at their annual meeting.



A Winter Scene

Print shows a winter scene with people ice skating on a river, a woman feeding chickens in front of a house on the right, and people walking along the road to a church in the background.

Artist: Joseph Morviller, (1800–1870)

Publisher: L. Prang and Co.

A Chromolithograph made between 1860 and 1870.



Women's Fashions

A special eight-page section of *The New York Herald* displays 1920s fashions during the early part of the decade.

Published: March 19, 1922

From the Library of Congress: Simplicity was the driving trend of women's fashion of the 1920s with the development of convenient and modern styles that rejected formality and multiple layers in favor of comfort and a more natural effect. The tubular look of La Garçonne fashion dominated much of the decade and was typified by the flapper dress which had dropped waistlines, raised hemlines, and was made from economical fabrics. Coco Chanel was a prominent designer at the time and helped to popularize the style.

Men's Fashions

For the 1896–1897 fall & winter season from the Manhattan Fashion Company catalog of fine clothing.

Printer: J. Ottmann





Trappists in Kentucky

Trappists praying in Kentucky.

Photo published: Around 1915

Photo by: Bain News Service

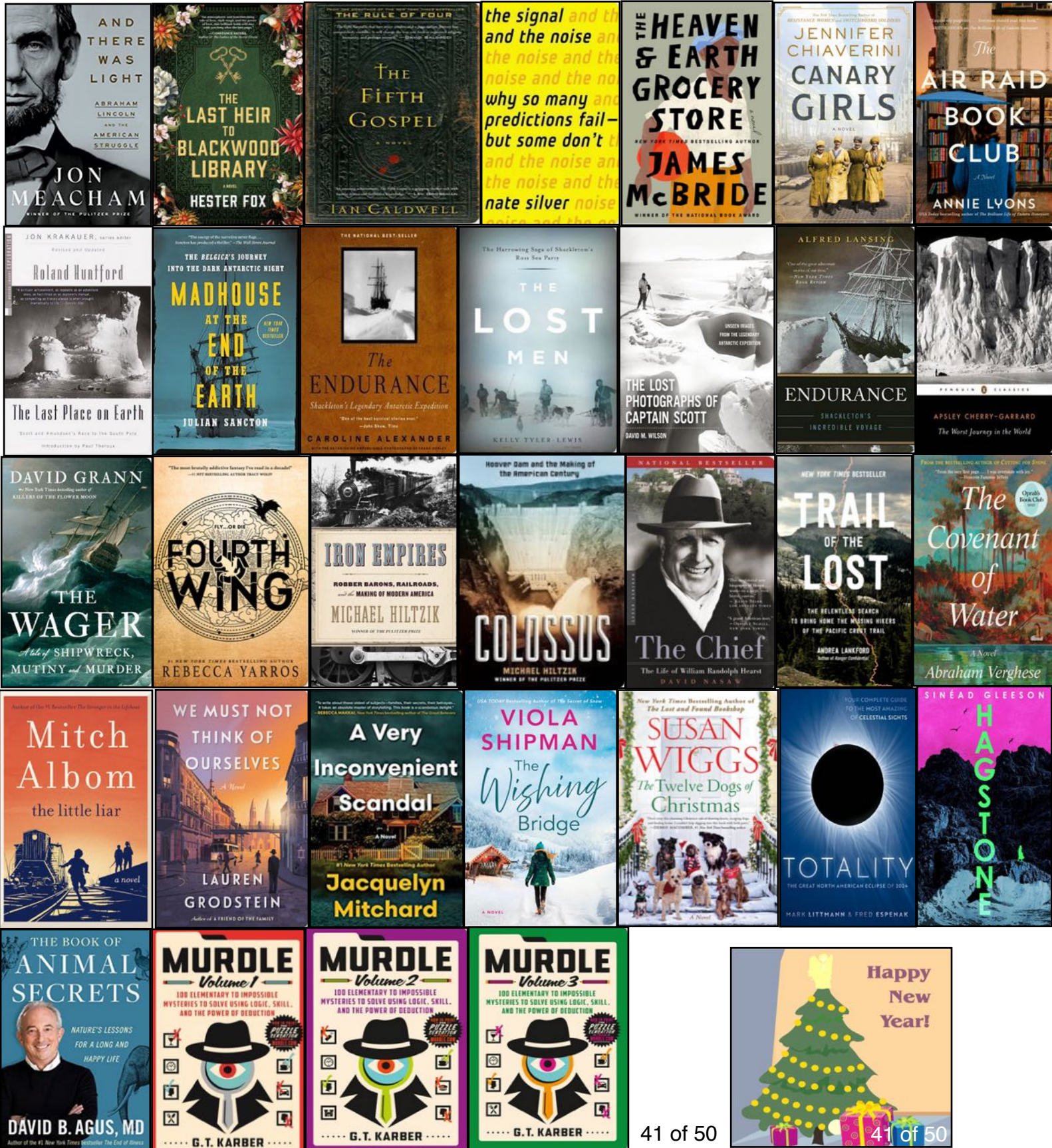
From a glass negative.





BOOKS!

Book covers provided by goodreads.com
Quotes are from www.goodreads.com



2024 Classes & Workshops



TECHNOLOGY
CLASSROOM



Here's the scheduled list of spring classroom activities at CKCS. *Registration starts Tues., Jan. 2.*

Remember: CKCS members get a price break.

Six-week classes cost \$60 for
non-members/\$48 for members.

Workshops cost \$30 for non-members and \$24 for CKCS members.

Registration for these activities starts Jan. 2.



Spring Classes

The cost of each class uses this format:
(Non-CKCS Member \$/CKCS Member \$)

How to Register Starting Jan. 2:

- Phone: 859-373-1000
- Go online [*here*](#).
- Stop by CKCS at 160 Moore Dr. during business hours.

Mondays

Foundations of Photography, Part I

Feb. 5, 12, 19, 26, March 4

1-3 P.M.

\$55/\$44

Students will learn about:

- Exposure
- Camera Anatomy
- Shutter
- Aperture and ISO
- Light Metering
- Exposure Compensation
- Auto-focus

Mondays

Introduction to Photoshop Elements Using a Windows PC

Feb. 26, March 4, 11,

18, 25, April 1

11 A.M.-1 P.M.

\$60/\$48

In this intro. course to Adobe's Photoshop Elements for Windows, you will learn to use the tools to do basic photo enhancements including adjusting lighting and color, cropping, cloning and spot healing, red eye removal, and more. We will also discuss photo considerations prior to printing or sharing, introduction to layers, converting images to black and white, enhancing and restoring old photos, adding text, using brushes, graphics, adjustment layers, templates, guided edits, filters and special effects, and a demo. of how to create cards, calendars, slide shows, collages and photo books.

Mondays

Photo Stacking **March 18, 25, April 1**

1-3 P.M.

\$45/\$36

Focus stacking refers to an image made up of multiple shots with different focal points. Each one has the same exposure and aperture. All that you are doing is moving the focus point a little at a time. The goal is to take as many in-focus slivers as you can and then merge them together for a far more in-focus composite image that is sharper, has a deeper depth of field and crisper lines than you would ever capture in the camera with just a single image.

Mondays

Adventures in Photography: Close-up and Macro Photography

April 15, 22, 29, May 6, 13

1-3 P.M.

\$55/\$44

Taking photographs of objects close-up or extremely close-up (macro photography) requires special skills. This class will teach you the difference between the two and the techniques to photograph objects close-up using your camera and lens. The instructors will demonstrate and explain how to use extension tubes with your lens and will discuss how to determine which of the three kinds of macro lenses is best for you. Students need to bring an object to use as your subject for the class, your camera with a fully charged battery, your camera manual, a note pad and a tripod, if you have one.

Wednesdays

Getting the Most Out of Your iPhone

February 7, 14, 21, 28,

March 6, 13

1-3 P.M.

\$60/\$48

Students will learn important (and hidden) functions of their iPhones. Lessons include downloading apps, moving and nesting them, and deleting unwanted apps. Taking better photos, organizing them, and sending photos in text messages and emails is also included in this course. Utilizing Siri and texting will also be covered. Participants should bring their (fully charged) iPhone (any version) and know (or bring) their iPhone passcode, along with their Apple ID email address and Apple ID password.

If you know someone who might benefit from this schedule, please share it with them. Thank you!



2024 Classes

Classes

The cost of each class uses this format:
(Non-CKCS Member \$/CKCS Member \$)

Wednesdays

Secrets of Your iPad
March 27, April 3, 10,
17, 24, May 1
1-3 P.M.

\$60/\$48

Students will learn how to use the built-in Apple apps on their iPads. They'll also learn about personalizing and organizing apps, fixing photos and putting them in order, iPad Settings, secrets of the keyboard, emailing, and sending text messages with animation. Get tips on using the Calendar, Notes, Reminders, Facetime, and the Libby app. Participants should bring their fully charged iPad updated with the latest operating system and know (or bring) their Apple ID (email address) and Apple ID password.

Thursdays

Computer Basics for a Windows PC
Feb. 15, 22, 29, March 7, 14, 21
10 A.M.-noon
\$60/\$48

Learn the fundamentals of using a Windows computer. Learn to use various aspects of the Microsoft Word processing program, including manipulating text and inserting graphics into a document. Basic filing and basic file management are introduced. The last class of this course deals with the basics of email and use of the Internet.

Thursdays

Creating Personal Greeting and Note Cards with Microsoft Word
April 11, 18, 25
10 A.M.-noon
\$45/\$36

Never buy another greeting or note card! Learn how to create note/greeting card templates, how to insert graphics/photos and text boxes, and how to add special effects to these elements. Making three-dimensional cards and novelty cards will also be introduced to open the world of possibilities in creating personalized cards. The only limitation will be your imagination. This is a fun and useful class!

Fridays

Get Much More Out of Your Mac
Session 1: March 1, 8, 15,
22, 29, April 5
10:30 A.M.-12:30 P.M.
(If you cannot attend session 1,
please register for session 2.)

**Session 2: April 12, 19, 26,
May 3, 10, 17**
10:30 A.M.-12:30 P.M.
\$60/\$48

Students will benefit by learning how to go beyond the basics they have been using on their Mac. This class is designed for students who want to learn more than the basics – we will show you how to use different options built into macOS in addition to techniques which will make you more productive. We'll discuss a variety of topics including Mac security, printing, desktop publishing and configuring your computer so it works better for you. Students will learn about Mac specifics such as Stacks, Launchpad, open apps vs. apps that are active, customizing the Dock and learning how it works, and keyboard shortcuts to streamline your activity.

2024 Workshops

Workshops

The cost of each workshop uses this format:
(Non-CKCS Member \$/CKCS Member \$)

Monday

**Fixing Up Your Photos
(and Other Things) Using
FastStone Digital Imaging
Program on a Windows PC
Feb. 12
1-4 P.M.
\$30/\$24**

Do you want to fix up and work on your pictures without paying a lot of cash on a digital imaging program? Well, take a look at FastStone. FastStone is a fairly extensive digital imaging program that is free and does a wide variety of things. In this workshop you will learn how to dress up your pictures, crop, brighten or darken, create contact sheets, create a slide show that can include music and lots more. We will show you how to download the program along with a great syllabus.

Tuesday

**Using Your iPhone Camera
to the Max
April 9
1-4 P.M.
\$30/\$24**

Using pre-installed iPhone apps, students will learn techniques to take better pictures, fix them up by cropping, lightening or darkening, or adding filters. They will learn how to take videos, time lapse and panoramas. They will also learn how to create albums and several ways to share their photos with others.

Monday

**Using Apple iCloud for
Your iPhone and iPad
Session 1 – Feb. 19
2-4 P.M.
\$30/\$24**

**Session 2 – March 25
2-4 P.M.
\$30/\$24**

Students will learn how to take advantage of their iCloud accounts. When you purchase an iPhone or iPad, you have an account set up in the cloud. Here, you and store copies of your photos, contact, messages, email and more. Students will learn how to set up this account to their best benefit. We will talk about downloading and uploading your files (to and from your iPhone or iPad). We will also discuss how to share documents and photos from the iCloud. Acquiring more storage space will also be discussed.

Tuesday

**Introduction to Windows 11
March 19
10:00 A.M.–noon
\$30/\$24**

We'll examine what's in Windows 11, what has changed, and how to set it up to make it more user-friendly. If you are considering installing it on your computer, this workshop might help you decide whether to install it. On the other hand, if you have already installed it, this workshop might help you set up Windows 11. Students are encouraged to bring their laptops if they already have Windows 11 installed. Students need to make sure their laptops are fully charged.

Tuesday

**Apple Watch Tips
April 23
1-4 P.M.
\$30/\$24**

We'll cover more than 20 tips on how to do more than tell time with your Apple Watch. Some of the tips include the following: learn how to get help in an emergency, remove apps from your watch, share a photo from your watch, make the text size larger, adjust brightness and wake duration, change the layout of your watch, mute your watch notifications, use your watch as an alarm clock, use auto pause for workouts, use your watch as a running or walking light at night, unlock your iPhone with your watch, use wrist motion to activate Siri, and find your iPhone with your watch. We'll demonstrate using an Apple Watch 6. Many of the features are similar on different series of Apple Watches using the latest watchOS operating system.

Education is what CKCS is about! Please share this schedule today with someone who could benefit from what CKCS has to offer.



Sneak Peek: Upcoming Classes & Workshops

Workshops

The cost of each workshop uses this format:
(Non-CKCS Member \$/CKCS Member \$)

Friday

**Making a Photo Book
Using Shutterfly**

April 12

1-4 P.M.

\$30/\$24

Students will learn how to prepare pictures for a photo book, how to transfer pictures to the Shutterfly workspace, and then to organize the pictures from the front to the last page of the book. Finally, we will go through the steps to order the book and apply coupons to reduce the price. We will be using the Shutterfly program.





Enrollment Procedures

*We enroll students on a
first-come, first-pay basis.*

Enrollment starts Jan. 2.

Use the CKCS Store

Credit card only

There is a link to the Store on our home page at

<https://ckcs.org>

Please read the "Store Registration Guide" first. Its link is below the store link.

By phone

859-373-1000

Credit card only

In person

160 Moore Drive, Suite 107

Lexington, KY 40503

Cash, check, or credit card

In-person and phone times

Monday to Thursday

10:00 am – 4:00 pm

Please consult our website for the latest information about our classes.

What is CKCS?

CKCS is an educational, non-profit membership organization devoted to helping Central Kentucky learn more about computers, digital cameras, tablets, cell phones, and more.

We are now in our 39th year of members assisting members in keeping up with technology.

CKCS conducts regular classes, one-day workshops on computer and photography topics, monthly Special Interest Group meetings, special seminars, and many more events and activities.





A cartoon illustration featuring three stylized faces positioned around a musical staff. The face on the left is smiling and has a musical note on its head. The face on the right is also smiling and has a musical note on its head. The face in the center is frowning and has a musical note on its head. The musical staff is a simple line with a treble clef on the left.



by Kurt Jefferson

Happy New Year!

2024 has arrived (or is about to). We're approaching 232 years since Kentucky broke away from Virginia and became a separate state. History buffs know the pivotal date was June 1, 1792.



It's been 55 years since American astronauts walked on the moon. As a kid, I clearly remember sitting in front of the living room TV with my family and watching Walter Cronkite deliver the news of the lunar landing.

And 40 years ago this September, smart individuals had a dream of an organization where folks could go to become empowered and learn the technology of the day through volunteers. That organization, of course, is C.K.C.S.

The point of all this is that you are making history in your own life. And 2024 is the year to learn a new skill, choose a new hobby, or finally spend time learning how to get more out of that tech device.



We are surrounded by more technology than at any other time in history. AI (artificial intelligence) is remaking how we buy goods, read and listen to books, and even discover new recipes in the kitchen.

Computer chips are everywhere – from gas pumps to microwave ovens to cat and dog water

fountains to gardening tools. There's no disputing it-

computer processors are part of modern life.

At the same time, there is a huge need for tech help. People don't know where to turn. So a percentage of them stick that shiny new iPad in the drawer and don't bother with it. Or they use about 25% of the features on their new PC, Mac, or iPhone. They find them confusing and frustrating.

It doesn't have to be that way. History has shown us the solution. *Education is the answer.* Get that iPad out of the drawer and learn how to play solitaire. Then take small steps to learn how to use your favorite apps, the Web, email, desktop publishing, photos, and more. Before you know it, you'll be a whiz. But you have to take the first step.

Check out pages 42–45 in this newsletter for the CKCS spring class list. Register for a class or workshop. Realize there are others just like you. Go for it. You will be surprised by how much you'll learn. History will prove it.



by Kurt Jefferson

We're always trying to make this newsletter more interesting. Yes, we want you to read it. But we also hope you get involved with CKCS, learn, and have fun.

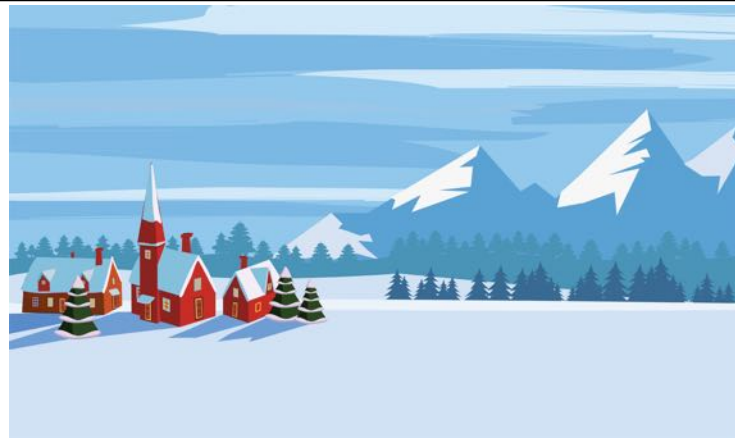
With that in mind, in 2024 we're starting a new page called the Grab Bag. It's a mixture of interesting items that are not necessarily related in any way. Think of items you might carry in a backpack. Okay. Let's get started.



It's a new year. That means new laws. Instead of reviewing statutes that become effective in 2024, let's review some of the strange Kentucky laws passed by lawmakers in past years, okay?

- In Franklin County, it's against the law to trade horses after dark. (Remember--this is only allowed during daylight hours!)
- Each Kentucky citizen is required to shower once each year. Okay. How about every year-and-a-half?
- It is against the law to release a feral hog back into the wild! So just don't do it.
- In Kentucky, a woman may only marry the same man three times. Okay. I guess four times is out of the question.
- Women wearing bikinis used to require police protection. Please move along.
- Probably the most powerful prohibition: It's illegal to walk around in Kentucky with an ice cream cone in your pocket!

Above is from Only In Your State.



Links to Visit on a Cold January Afternoon **How to Avoid Getting Sick During Holiday Travel**

The Definitive Superfood Ranking

Eleanor Roosevelt's Son Authored 20 Mysteries in Which His Mother Solves Murders

25 Words That are Their Own Opposites

What Cats' Love of Boxes and Squares Can Tell Us About Their Visual Perception

Why Americans Still Use Fahrenheit Long After Everyone Else Switched to Celsius

The Uniquely American History of Egg Nog, Everyone's Favorite -or Least Favorite- Holiday Quaff

How Often Should You Rotate Your Tires?

The Invention of Time

History Today: Books of the Year 2023

The Most Popular Tea Brand in America

Pickleball: How a Bored Teen Inspired His Dad to Invent Today's Fastest Growing Sport--in 1965

CNET: Seven Tricks for Making Your iPhone Last as Long as Possible

How to Back Up Your Mac

Winter Cleaning: Ten Ways to Give Your Mac a New Lease of Life Over the Holiday Season

How to Back Up Your iPhone or iPad

How to Create a Full Back up of Your Windows 11 PC

How to Make a Full Back up of Your Windows 10 PC

25 Outstanding Backup Utilities for Linux Systems in 2023



Check Out The New CKCS Website. IT'S COOL!



As we begin a new year, we celebrate 2024 with a new, eye-catching **website**! Visit the newly designed CKCS website for meeting details, listings of classes and workshops, details how to register, links to **CKCS News**, and more. A big thank you to board member Arleigh Kerr for all of his hard work making the new website come to fruition.

