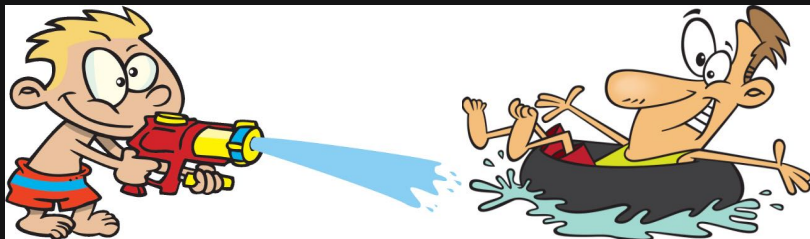


Get Ready.

Summer Starts
June 20 at
10:42 P.M.



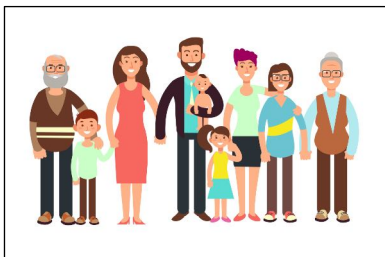
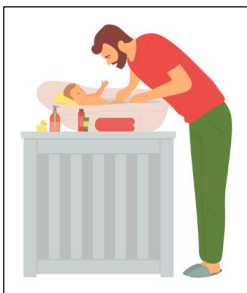
Summer lasts 93 days, 15 hrs. & 37 min.



HAPPY FATHER'S DAY



June 15



Picnic & Election



When: June 9 @ 6 P.M.

Where: Shillito Park, Shelter #5

Park Entrance is off Reynolds Road, across from Meijer store.

To attend,
call (859) 373-1000
as soon as
possible
and leave
voicemail
(or speak
with the
volunteer manning
the desk) to confirm
you will be there.

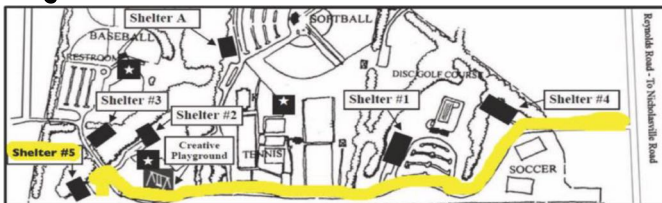


In addition, tell how many will
be in your party and whether
you'll bring children. This is to

help determine how
much fried chicken
to order in
addition to
required
seating.



CKCS will provide
the fried chicken and soft
drinks. Those attending are
asked to bring a salad, veggie
or dessert to go
with the chicken.
Be ready to eat by
6:30 P.M. Please
bring your own lawn chair if
you have one. Guests are
welcome.



Shelter #5 is shown at the end of the yellow line, on the left.

Picnic & Election



Candidate Bios

Officers

President: Brooke Thomas has been a CKCS member since 2008 and has served as president for several terms. She teaches the iPad, Apple Watch, and other workshops and classes. She assists with the iPhone, Shutterfly, and FastStone workshops.



She enjoys helping people understand technology and encouraging students to have

fun while learning. In addition to volunteering at CKCS, Brooke volunteers as an ESL teacher of adults for Operation Read and is a volunteer with Altrusa International of Lexington. She is an active member of the YMCA and the Newcomers & Friends Evening Edition Book Club.

Officers

Vice President: Joe Dietz joined CKCS in 1996 after attending a digital photography special interest group led by Ilse Newbery. Since then, Joe has learned the program and has been teaching it for years. He has expanded that program from beginning to advanced classes and then to an independent class where students work on various projects of their choosing. Joe also teaches other courses such as FastStone, Shutterfly, and iPhone. He has been on the board of directors as a board member or vice president for many years, and he heads up the Digital Photography SIG and holds monthly and annual photography contests.



Picnic & Election



Candidate Bios

Officers

Secretary: Larry Trivette has been a member of CKCS since 2000. In the past, he has served as secretary and board member, led the Word Processing SIG for eight years, and now works as an office supervisor.



Larry has taught Microsoft Word and Excel and assists with Computer Basics, File Management, and Windows 11 classes. He produces the SIG schedule for the monthly newsletter. Larry is a genealogy enthusiast and member of the Kentucky Historical Society and the Kentucky Genealogical Society.

Voting will occur for the officers and directors starting on page four at the annual CKCS picnic on June 9 at Shillito Park.

Officers

Treasurer: Jim McCormick has been a member of the organization since the early 1990s.



Throughout his time with CKCS, he has held various leadership roles,

including treasurer, president, and office supervisor. Jim retired from The Jockey Club as part of the Consulting Group. He enjoys contributing to a community that endeavors to make computers enjoyable for everyone.

Voting will occur for the officers and directors starting on page four at the annual CKCS picnic on June 9 at Shillito Park.

Picnic & Election



Candidate Bios

Directors



Arleigh Kerr's lifelong interest in photography and computers led him to join CKCS in 2016.

He has taught classes for CKCS/OLLI on infrared photography, the NIK Collection, Photoshop, and informal classes at our weekly Camera Coffee meetings. Before moving to Lexington, Arleigh was a computer programmer working for Boeing and AT&T. Since becoming a CKCS Board Member two years ago, he has developed our new website.

Voting will occur for the officers and directors starting on page four at the annual CKCS picnic on June 9 at Shillito Park.

Directors

Janet Cartmell has been a member of CKCS since 2010, when she started taking classes in camera basics

and beginning digital imaging. She has assisted instructors with their iPad, iPhone, and Facebook classes. In addition, Janet coordinates the class/workshop schedules for CKCS and OLLI. She is a retired school library media specialist and an active member of the Kentucky Education Association-Retired.



Voting will occur for the officers and directors starting on page four at the annual CKCS picnic on June 9 at Shillito Park.

Picnic & Election



Candidate Bios

Directors



Paul Stackhouse has held several offices within CKCS over

the years: president, vice-president, treasurer, and director. He is a regular Tech Night speaker and has served as SIG leader for multiple groups in the last 40 years. His service goes back to within six months of our founding. Through his efforts in the early years, CKCS offered true internet e-mail access before almost anyone else in the city had it. Paul managed and operated (the SYSOP, a title earned as the system operator) our electronic Bulletin Board System. BBSs were the forerunners of the Internet.

Directors

Pennie Redmond became involved with CKCS after some former



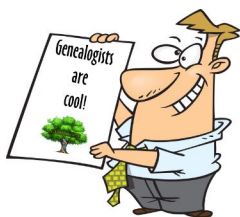
colleagues encouraged her to take Joe Dietz's beginning digital imaging class around 2008. Pennie was a Fayette County Public Schools teacher and media specialist from 1971 to 2000. She worked part-time at AAA-Palomar and for five fun years at Talbots Petites at Fayette Mall. She helped teach the DVD/Movie Maker Class at CKCS. Her interests include photography, traveling, reading, gardening, movies, Tai Chi, and enjoying retirement.

Picnic & Election



Candidate Bios

Directors



Larry Mitchum has served as president, vice president, program

director, and board member for many years. He has been a member of CKCS since 1993. He is responsible for the Constant Contact message informing members of the upcoming weekly events. His interests are videography, photography, music, and genealogy.



Voting will occur for the officers and directors starting on page four at the annual CKCS picnic on June 9 at Shillito Park.

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*June
2025*



*On
the
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*June
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*On
the
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2024 APCUG
Newsletter
of Excellence
1st Place



 Computer File®



Computer File® is a monthly publication of the Lexington-based Central Kentucky Computer Society, founded more than four decades ago. Empowering people with tech skills has been the goal of CKCS since a handful of interested individuals began meeting in September 1984. Today, we rely on a fantastic group of dedicated volunteers who freely give their time.



CKCS is a non-profit organization. Your membership is vital to keep us running.

Donations help keep CKCS operating and are accepted on our [website](#).



CKCS is a member of APCUG, the international computer and tech organization.



We appreciate your support. Thank you.

CKCS Office Hours: Mon.-Thu. 10 A.M. – 4 P.M.
(These are hours when a volunteer is at the desk.)
Phone: 859-373-1000

June
2025



Computer
File





Computer File.



June 2025 Volume 41, Issue 6



Newsletter of the Central Kentucky Computer Society® based in Lexington



June Meetings

CKCS Board of Directors (BOD)
June 5

Amateur Photographers Club
June 5, 12, 19, 26

Dr. Fix-it & iHelp
June 7

CKCS Picnic & Election
June 9

Windows SIG
June 10

Genealogy SIG
June 16

All Things Apple SIG
June 17

Digital Photography SIG
June 24



June Weather in Central Kentucky



The Heat Is On:

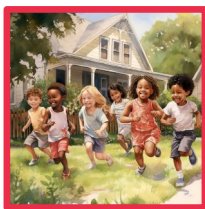
If you remember the 1980s hit TV show, *Miami Vice*, you probably remember the show's theme song "The

Heat is On". That might be an ample description of June in central Kentucky. While June is not always steamy, the thermometer ramps up as does the humidity during the month. "In June, Lexington enters the summer season with temperatures soaring up and humidity levels escalating. This month witnesses a substantial increase in temperature setting in the summer heat," writes [Weather Atlas](#). **Rising Temps:** Daily high temperatures climb by 6° to an average of 84° and rarely drop below 69° in June, according to [WeatherSpark](#). **Send In the Clouds:** Fewer clouds fill the sky in June and there's just a 39% chance of rain throughout the month. **Warmest:** WeatherSpark notes in June, it's warmest during the 12 hours between 11 A.M. and 11 P.M.



CKCS is a member of APCUG. Check out that tech organization's website [here](#).

JUNE



HOLIDAYS AND CELEBRATIONS

Dates shown on this page come from [National Today](#).

June 1

- Statehood Day in Kentucky

June 2

- Nat'l. I Love My Dentist Day

June 4

- Global Running Day
- Nat'l. Hug Your Cat Day

June 6

- Caves & Karst Day
- D-Day

June 7

- Daniel Boone Day

June 8

- Pentecost

June 10

- Nat'l. Iced Tea Day

June 11

- Nat'l. Corn on the Cob Day

June 12

- Peanut Butter Cookie Day
- Anne Frank's B-Day

June 13

- Nat'l. Weed Your Garden Day
- Nat'l. Sewing Machine Day

June 14

- Flag Day
- Monkey Around Day

June 15

- Father's Day
- Nat'l. Photography Day
- National Prune Day

June 17

- Nat'l. Apple Strudel Day

June 18

- Clean Your Aquarium Day

- Nat'l. Fishing Day

June 19

- Juneteenth

June 23

- Int'l. Women in Engineering Day
- Nat'l. Hydration Day

June 24

- Farmer Day
- Midsummer

June 25

- Nat'l. Day of Joy

June 26

- Memorial Day
- Nat'l. Chocolate Pudding Day

June 27

- Drive Your Corvette to Work Day

What We Are

We're located at 160 Moore Drive, #107, in Lexington.
Our phone no. is (859) 373-1000. Our website is <https://newsite.ckcs.org/>.

If you'd like to become a member, join CKCS [here](#).
Donations help keep CKCS operating and are accepted [here](#).
We appreciate your support. Thank you.

Our monthly newsletter, *Computer File*, is available online [here](#). Click on News in the menu bar. In the drop-down menu, choose either [PDF](#) or [flip book](#) version of the newsletter.

CKCS is a non-profit, all-volunteer organization that has been empowering people with tech skills since it formed in September 1984. People from all walks of life are members, students, officers, directors, and help man the desk. They share one goal: Helping folks get more out of technology. More than four decades after it formed, CKCS is still true to that goal. Join us as we help others.

CKCS Office Hours: Mon.-Thu. 10 A.M. – 4 P.M. (These are hours when a volunteer is at the desk.)
Phone: 859-373-1000

CKCS is a member of [APCUG](#), the international computer and tech organization.



Who We Are

These are just some of the people who make CKCS happen. There are plenty of other volunteers who give their time to make CKCS a success. We thank them.

Who's Who at Central Kentucky Computer Society

Officers

President: Brooke Thomas
Vice President: Joe Dietz
Secretary: Larry Trivette
Treasurer: Jim McCormick
Tenure ends June 2025

Ex-Officio Member

Bob Brown

Directors

Janet Cartmell
Arleigh Kerr
Larry Mitchum
Pennie Redmond
Paul Stackhouse
Tenure ends June 2025

Directors

Boone Baldwin
Jan Landers-Lyman
Ben Rice
Mike Seiler
Kurt Jefferson
Tenure ends June 2026

Webmasters

Arleigh Kerr
Jim McCormick

Class Coordinator

Janet Cartmell

Office Supervisors

Nancy Bowling
Jenny Brown
Edith Conyers
Wendell Curtis
Jan Landers-Lyman
Mike Seiler
Lydia Short
Larry Trivette

Alternate Supervisors

Debbie Bryant
Joe Dietz
Jan Landers-Lyman
Sandra O'Neal
Brooke Thomas

Who We Are

These are just some of the people who make CKCS happen. There are plenty of other volunteers who give their time to make CKCS a success. We thank them.

Who's Who at Central Kentucky Computer Society

CKCS Calendar (Online)

Nancy Bowling
Lydia Short

CKCS Calendar (Newsletter)

Larry Trivette

Newsletter Editor

Kurt Jefferson

Newsletter Proofreaders

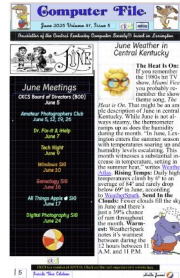
Lynne Bowman
Ben Rice
Lydia Short
Brooke Thomas
Diane Vance
Pat Vaughan
Gail Waller

Manager, Constant Contact

Larry Mitchum

Refreshment Center

Jim Hughes



Website links used in *Computer File* are in no way associated with CKCS. In addition, the linked websites do not endorse CKCS.

We include these links in this newsletter as a service to the reader. We attempt to provide high-quality content and believe the links provide a great addition to what you are reading.

Thanks for taking the time to read this newsletter and share it with others.

CKCS Membership

For the period April 21 - May 20

CKCS Board Member Ben Rice provided these names.

New members:

Susan Abacherli

Kim D. Bates

Miller D. Gaunce

Susan H. Magedanz

Susan O'Daniel

Roger Paige



Renewing members:

Phyllis E. Bieber

Joanne C. Blanck

Hazel W. Chappell

Jeannine Essig

James Fritz

Linda Gill

Jeanie R. Moore

Karen Raulston

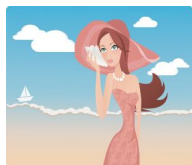
David C. Royster



There are *three* ways to join CKCS.

Visit the CKCS website [here](#) and choose a membership:

1. Individual, family, or corporate/institutional membership.
2. Call CKCS at (859) 373-1000 and tell the person manning the desk which membership you want. Pay by credit card.
3. Visit CKCS in person at 160 Moore Drive, #107 in Lexington. A volunteer will greet you at the desk during office hours. If you're unfamiliar with the location, look for the CKCS signage located at the front of the parking lot.



June, 2025 Special Interest Group (SIG) Schedule

See <https://www.youtube.com/@ckcsVideos> for recorded Zoom SIG meetings. Larry Trivette prepared this SIG calendar. Print this page for your refrigerator or bulletin board.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Jun	3 Jun	4 Jun	5 Jun	6 Jun	7Jun
			10 a.m. Photography Club <i>In-Person Only</i> 7 p.m. Board of Directors <i>In-Person Only</i>		10 a.m. Dr. Fix-It & iHelp Bring your PC, Mac, iPad & iPhone problems or questions and we'll try to help. <i>In-Person Only</i>
9 Jun	10 Jun	11 Jun	12 Jun	13 Jun	14 Jun
6 p.m. Annual Picnic & Elections Shillito Park Shelter #5 <i>In-Person Only</i>	7 p.m. Windows Ben Rice <i>Via Zoom & In-Person</i>		10 a.m. Photography Club <i>In-Person Only</i>		
16 Jun	17 Jun	18 Jun	19 Jun	20 Jun	21 Jun
7 p.m. Quarterly Genealogy Amelia Wisner Researching Your Ancestors <i>In-Person Only</i>	7 p.m. All Things Apple Brooke, Kurt, Joe See Topics in Newsletter <i>Via Zoom Only</i>		10 a.m. Photography Club <i>In-Person Only</i>		
23 Jun	24 Jun	25 Jun	26 Jun	27 Jun	28 Jun
	7 p.m. <u>Digital Photography</u> Joe Dietz <i>In-Person Only</i>		10 a.m. Photography Club <i>In-Person Only</i>		



Get Ready For a Busy Summer!

President's Report

By Brooke Thomas



Exciting Summer Ahead with the Central Kentucky Computer Society!

Get ready for a tech-filled summer with the Central Kentucky Computer Society (CKCS)! We've put together an amazing lineup of events, workshops, and special presentations to sharpen your skills and spark your curiosity. Here's what's coming up:

Annual Picnic & Election

June 9, 6:00 PM Shillito Park, Shelter 5 Join us for a delicious spread featuring Critchfield's famous fried chicken, plus a variety of sides from our talented members. While enjoying great food and company, cast your vote for officers and directors for the next term. It's the perfect mix of tech, community, and fun!

Summer Classes & Workshops

Organizing Your Computer Files on a Windows PC – Learn how to efficiently manage and organize files to keep your system clutter-free. Introduction to Adobe Photoshop for Photographers – Enhance your photos with professional editing techniques in Photoshop. Introduction to Windows 11 Workshop – Get familiar with Windows 11 and learn how to navigate and customize it for optimal use. Using Your iPhone Camera to the MAX Workshop – Unlock powerful features to take stunning photos and videos with your iPhone. Using Apple iCloud for Your iPhone and iPad Workshop – Master Apple iCloud for seamless syncing, sharing, and storage. Fun and Functional Apps for Your iPhone Workshop – Discover exciting apps that add convenience, entertainment, and efficiency to your iPhone. iPad Essentials: Discover and Customize the Hidden Control Center Workshop – Explore the hidden gems of your iPad's Control Center to maximize productivity.

Special Events

Genealogy Special Interest Group (SIG) – Back by popular demand! Led by Larry Mitchum, this quarterly meetup dives into genealogy research techniques.

Join us for a summer packed with learning, networking, and fun! Whether you're looking to develop new tech skills or connect with fellow enthusiasts, CKCS has something for everyone.

CKCS SIGs & Meetings

SIGs are special interest groups devoted to topics such as photography, Windows operating systems, All Things Apple (including the iPhone, iPad & Mac), and quarterly genealogy meetings. The sessions are free, open to the public, and are held either at CKCS on Moore Drive or via Zoom.



Amateur Photography Club

meets in person Thursday mornings at 10 at CKCS. If you have an interest in cameras, learning more about photos, or improving your photo-taking skills, this is the SIG for you!

Digital Photography SIG meets in person at CKCS on the fourth Tuesday of the month at 7 P.M. This SIG is responsible for the monthly photo contest whereby photographers submit their photos as they compete against one another to win. Photo software and other related topics take center stage at this SIG.



All Things Apple SIG is a Zoom session designed to offer tips, tricks, and more for iPhones, iPads, and Macs. This SIG is unique because a team of three individuals provides tips that are designed to help



you get a lot more out of your Apple products. The trio

providing the tips are CKCS teachers, offering their unique knowledge to this SIG. It meets on the third Tuesday of the month at 7 P.M.

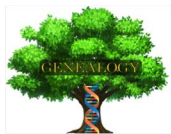
Windows SIG tackles issues with Microsoft's computer operating system. Check this newsletter for each



month's topic to get up to speed with your Windows laptop or desktop machine. We guarantee you will learn if you attend. The group meets on the second Tuesday of the month. Check this newsletter to see if that month's session is in-person, via

Zoom or both. Ben Rice at ben.rice@ckcs.org is the Windows SIG coordinator.

Genealogy SIG meets quarterly in March, June, Sept., and Dec. at 7 P.M. The group meets in person at CKCS to discuss a wide range of topics



ranging from finding your ancestors, using software to record your successful family searches, to using census and state data in your work.



Dr. Fix-it & iHelp sessions are not a SIG, but a free service provided by CKCS. If you've got a problematic laptop or desktop (PC or Mac), iPhone, iPad, or Android phone or

just questions, the volunteers are at CKCS on the first Saturday of the month from 10 A.M. to noon.

Dr. Fix-it tackles Windows and Android issues. iHelp tackles Apple issues (iPad, iPhone, Mac, and Apple Watch.) We're there to answer your questions and see if we might be able to solve your tech issues. Just show up between those hours on the first Saturday morning of the month to get answers to your questions or to get troubleshooting help. Remember to bring your computer or device if you're seeking specific help with your machine.



Tech Night provides a forum for experts in various topics to share their knowledge. A huge range of subjects-ranging from tax prep, AI, KY Mesonet, EV cars, security devices and more have been tackled. Tech Night is held the second Monday of the month at 7 P.M.

Amateur Photography Club

Meets in person on Thursday mornings at 10 A.M.



THE AMATEUR PHOTOGRAPHERS CLUB *of Lexington Kentucky*

Welcome

Meetings & Events

Classes

Location / Contact Us



Visit our Facebook page to see latest photographs posted by our members.



Welcome

We are a group of amateur photographers who enjoy cameras, photography and improving our skills. Please join **The Amateur Photographers Club**.



© We are part of the Central Kentucky Computer Society

Call us today
859.373.1000
Email us
PhotoLexington@gmail.com

Address
160 Moore Drive, Suite 107
Lexington, KY 40503

Find us on

See more of our photos and current events

Windows SIG



Topic: File History

This session: When Windows 8 was introduced, a new app called "File History" was introduced. It has been a part of Windows since then. File History is an app that will back up all your files stored in the master folders: Documents, Music, Pictures, and Videos. We will show you how to set up and use File History at the June Windows SIG.



**Join us for the Windows SIG Meeting
on Tuesday, June 10 at 7 P.M.**

In person & Zoom

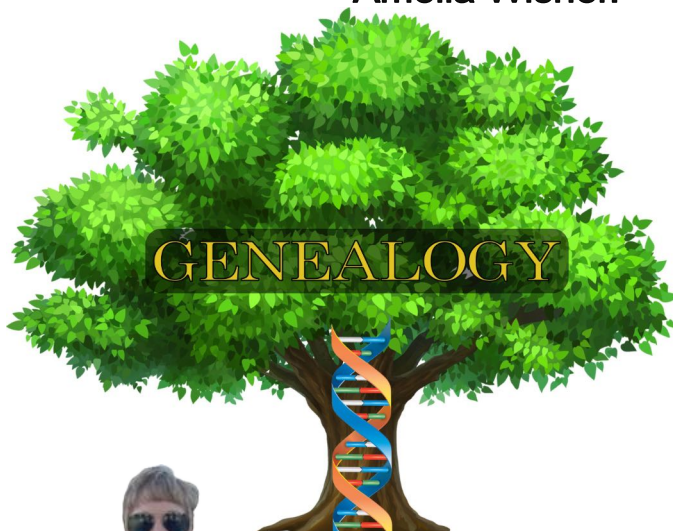
Zoom here: <https://us02web.zoom.us/j/82811157647>

If you have a suggestion for a topic for a Windows SIG, particularly relating to a feature included within Windows, please let Ben Rice, Windows SIG Coordinator, know: Ben.Rice@cks.org

Genealogy SIG

Join us on June 16 at CKCS (In person)

**'Tracking Your Ancestors' presented by
Amelia Wisner.**



Amelia Wisner is former registrar for the Lexington chapter of the Daughters of the American Revolution. Wisner says she enjoys historic preservation of headstones and sharing her research with Find-A-Grave and Wreaths Across America. She attended Morehead State and was born in the Naval Hospital in Philadelphia.

Join us at 7 P.M. on June 16!



ALL THINGS SIG



iPhones, iPads, Macs, Apple Watches, and Related Software and Hardware Discussed Here.

Three Presenters: Brooke, Joe & Kurt

Brooke

Why everyone should be using the Reminders app on the iPad and iPhone. She will cover the essential features like creating and organizing tasks, setting priorities, and using Smart Lists. She will also cover Siri integration, collaboration tools, and advanced tips like widgets and syncing across devices.

Joe

You just found a web page that you would like to copy. You can make a PDF of the web page using your iPhone or iPad using Safari. We will show you how and provide an easy-to-follow handout. Can you capture the audio from a voice mail and save it to play later or share with others? We will show you how.

Kurt

Is your Mac Safari browser a mess? We'll show you how to organize your bookmarks (Safari calls them Favorites) in folders and keep everything in order so you can easily find your favorite web pages. During Mac classes I teach at CKCS, I'm discovering that many folks could benefit from organizing their Mac bookmarks better.

We look forward to seeing you!

June 17
@ 7 P.M.

Zoom only

Zoom link: <https://us02web.zoom.us/j/81185707914>

Digital Photo SIG



Digital Photography Special Interest Group

Tuesday, June 24

In Person



CKCS Amateur Photographer's Club Presents

This month Becky, Karen and Arleigh will be discussing different photo apps that they use and what they use them for. You might find these useful when you are taking pictures.

Some of the apps may be

Adobe Camera Raw  - serves as the foundation for your editing.

Nik Collection  offers specific creative filters or enhances your overall look.

Topaz Collection  (gigapixel, Photo AI, etc.) some of their strengths are how to upscale without quality loss or enhance details.

Join us to learn about these apps and how to get more out of them.



This month's photo contest is "**Waterfalls**".

Many of us take great pictures of waterfalls as we travel Kentucky, the U.S. and the world. Now is the time to show them off!

Get out – take pictures and send a great picture to joedietz@aol.com by June 23.

2025 Photo Contest Topics

The CKCS Digital Photography SIG hosts this monthly contest.

By Joe Dietz



June–Waterfalls

July

(Three topics in July. Don't email. One hard copy of your photo(s) this month must be delivered to CKCS on Moore Dr.)

- Clouds
- First signs of spring
- What were they thinking?

Aug.–Food photography

Sept.–Interesting faces

Oct.–Stained glass windows

Nov.–Hands

Dec.–No meeting.



Print this list and keep it handy.

Except for July, entries must be emailed to jodietz@aol.com. Good luck!

Buy Groceries, Help CKCS. It's That Simple If You Shop at Kroger.

That supermarket chain offers what it calls Community Rewards. If you visit Kroger's [website](#), choose CKCS as the non-profit that will receive a small donation every time you buy groceries.

It all adds up and you'll be helping us operate. Thanks for taking the time to help CKCS cover its growing expenses.



Winning Photos

Digital Photography SIG Photo Contest

May Topic: Birds



Anne notes this Cooper Hawk landed on a fence at her home and stayed long enough for her to grab her Fuji X-T3 camera to snap his photo from her bedroom window. She took the photo on March 23.

First Place Winner
Anne Campbell

Winning Photos

Digital Photography SIG Photo Contest

May Topic: Birds



Second Place Tie

Margaret Jeffiers & Laura Zimmerman



Margaret writes this is a bluebird found living at Trailside Farm near Versailles. She used an iPhone 14 to snap her award-winning photo.



Laura tells us she took her winning photo of a "Kea" during a trip to New Zealand. The bird, she says, is found in the mountains and has the intelligence of a four year old boy (so they can be mischievous) she writes. She took the photo this past April.



CKCS will provide the chicken and drinks. Bring a side dish or dessert to share.

June Picnic and Elections

Monday, June 9
6:00 p.m.

Shillito Park Shelter #5

RSVP CKCS 859 373-1000

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Summer 2025 Class & Workshop Course Descriptions



Classes

Organizing Your Computer Files on a Windows PC

Tuesdays; June 10, 17, & 24 from 10:00 a.m. to Noon

Have you ever created a file and saved it, only to find you cannot locate it later? We will look at several strategies for organizing your files to make them easier to find. We will also learn techniques for moving files and folders on your computer and external storage devices.

New: Introduction to Adobe Photoshop for Mac & Windows for Photographers

Mondays; June 23 & 30 from 1:00 to 3 p.m.

Want to learn the basics of Adobe Photoshop to make your photographs look better and sharper? This class will cover how to use Adobe Photoshop to post-process your photographs. Learn the basics of using Adjustment Layers, how to remove unwanted elements from your photos and how to make your photos look better. Also, you will learn a bit about using Adobe Photoshop's AI tools. Students should bring a fully charged Mac or Windows laptop with a **recent version of Adobe Photoshop** (not Photoshop Elements) installed and ready to use. (This class is for both Mac & Windows platforms.)

Remember, you can always get a quick look at spring & summer complete course descriptions on the CKCS class calendar [here](#).

If you would like to teach a class or wish CKCS offered another class or workshop, please email the society president [here](#).





Summer 2025 Class & Workshop

Course Descriptions



Workshops

Introduction to Windows 11

Tuesday; June 3 from 9:00 a.m. to Noon

This workshop will look at what's new in Windows 11, what has changed, and how to set it up to make it more user-friendly. If you are considering installing it on your computer, this workshop might help you decide whether to install it. On the other hand, if you have already installed it, this workshop might help you set up Windows 11. Students are encouraged to bring their laptops if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

Using Your iPhone Camera to the MAX

Wednesday; July 2 from 1:00 to 4:00 p.m.

Using apps already on the iPhone students will learn techniques to take better pictures, fix them up by cropping, lightening or darkening, or adding filters. They will learn how to take videos, time lapse and panoramas. They will also learn how to create albums and several ways to share their photos with others.

Remember, you can always get a quick look at spring & summer complete course descriptions on the CKCS class calendar [here](#).

If you would like to teach a class or wish CKCS offered another class or workshop, please email the society president [here](#).





Summer 2025 Class & Workshop

Course Descriptions



Workshops

Using Apple iCloud for Your iPhone and iPad

Wednesday; July 9 from 1:00 to 4:00 p.m.

Students will learn how to take advantage of their iCloud accounts. When you purchase an iPhone or iPad, you have an account set up in the cloud. Here, you can store copies of your photos, contact, messages, email and more. Students will learn how to set up their accounts. We will discuss downloading and uploading your files and photos (to and from your iPhone or iPad). We will also discuss how to share documents and photos from iCloud. Acquiring more storage space will also be discussed.

Fun and Functional Apps for Your iPhone

Monday; July 14 from 1:00 to 3:30 p.m.

Unlock the full potential of your iPhone with this hands-on class! Discover how to use free apps to simplify your daily life and explore your surroundings. Learn to pay for parking in downtown Lexington, access replays and schedules for UK Athletics, locate walking tours in Lexington and beyond, and borrow eBooks or audiobooks from your local library. Explore live precipitation data across Kentucky, view real-time traffic cameras on Nicholasville Road, and check for power outages instantly. In addition, we'll show you how to get creative by making photo collages or removing people or pets from pictures, and become a savvy shopper by scanning items for prices or locating the cheapest gas station nearby. Organize your loyalty and rewards cards, enjoy music streaming, and make restaurant reservations—all from your phone, no calls needed. This class features live app demonstrations, allowing students to follow along on their own iPhones.





Summer 2025 Class & Workshop Course Descriptions



Workshops

iPad Essentials: Discover and Customize the Hidden Control Center

Monday; July 21 from 1:00 to 3:00 p.m.

Discover the hidden potential of your iPad in this engaging workshop! You'll learn how to access and personalize the control center, tailoring it to fit your needs. The session will primarily focus on exploring the 26+ controls available, such as Airplane Mode, AirDrop, Focus, Music, Translate, Voice Memo, and Screen Mirroring. Uncover a range of features you might not even know exist, and see how they can simplify your daily tasks and enhance your iPad experience.

Remember, you can always get a quick look at spring & summer complete course descriptions on the CKCS class calendar [here](#).

If you would like to teach a class or wish CKCS offered another class or workshop, please email the society president [here](#).

Something Different?

Is there a CKCS class or workshop that we have held in the past that you would take again if it were offered? Is there a computer skill you'd like to learn more about? We teach an assortment of classes and workshops but is there a course we're missing?

Send us an email: President@ckcs.org and let us know what you're thinking.





Quotes About June



Quotes from: [ThePioneerWoman](#) and [GoodGoodGood](#)

"Summer is a promissory note signed in June..." – Hal Borland

"I need to be outside. I need to be in the world and to remember that I am of it." – John Green

"June is the pearl of summer, shining with warmth and joy."
– L.M. Montgomery

"It was June, and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside."
– Maud Hart Lovelace

"June has never looked more beautiful than she does now, unadorned and honest, vulnerable yet invincible." – Marie Lu

"June is a love song written by nature."
– Patience Strong

"There are two seasons when the leaves are in their glory, their green and perfect youth in June and this their ripe old age."
– Henry David Thoreau

"June is the time for being in the world in new ways, for throwing off the cold and dark spots of life."
– Joan D. Chittister

"If a June night could talk, it would probably boast it invented romance."
– Bernard Williams

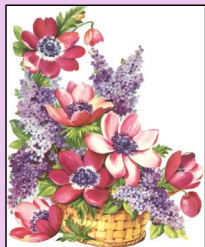
"In June, as many as a dozen species may burst their buds on a single day. No man can heed all of these anniversaries; no man can ignore all of them."
– Aldo Leopold

"I wonder what it would be like to live in a world where it was always June."
– L.M. Montgomery

"Spring being a tough act to follow, God created June."
– Al Bernstein

"Green was the silence, wet was the light, the month of June trembled like a butterfly."
– Pablo Neruda

"And what is so rare as a day in June?
Then, if ever, come perfect days."
– James Russell Lowell



From: [GoodGoodGood](#), [QuoteGarden](#), [Stressless Country](#), [The Positivity Blog](#) & [Quotes of the Day.org](#)

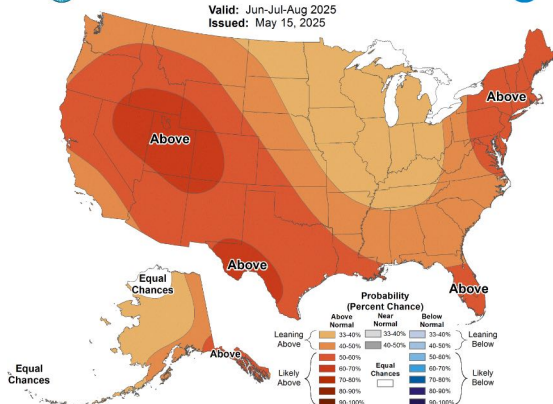
A Warmer Than Normal Summer Ahead?

By Kurt Jefferson



Seasonal Temperature Outlook

Valid: Jun-Jul-Aug 2025
Issued: May 15, 2025



Forecasters at NOAA's Climate Prediction Center are betting those of us living in central Kentucky will see warmer than normal temperatures in June, July, and August. In fact, if forecasters are right, it will be warmer than normal across the entire U.S. What's interesting is that it appears the heat will not be as intense as in recent years. Those making predictions say we only have a 33-40% chance of the mercury rising above normal during summer.

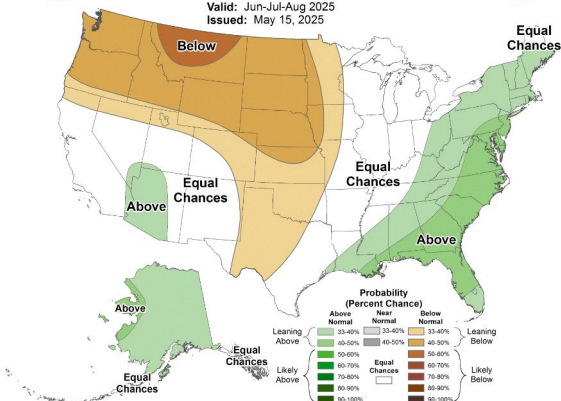


Seasonal Precipitation Outlook

Valid: Jun-Jul-Aug 2025
Issued: May 15, 2025



Don't be surprised if you wake up to rainy skies over the summer months. Forecasters predict eastern Kentucky will be wetter than normal, while Lexington is right on the line between equal chances of more rain than normal and predictions showing more rain.



NOTABLE JUNE BIRTHS

By Kurt Jefferson

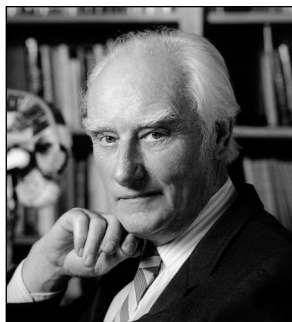


A modern kindergarten class has its roots in the first kindergarten created by Susan Blow in 1873. Source: Wikipedia/Creative Commons 2.0 license from an Oct. 2, 2008, classroom activity.

Francis Crick, a British biophysicist, helped make what many believe was one of the most significant discoveries of the 20th century. Crick, along with James Watson, and Maurice Wilkins, made the groundbreaking discovery in the early 1950s of the make-up of DNA. They were the first to build a molecular model of two intertwined spiral strands of DNA. DNA is responsible for inherited characteristics. Rosalind Franklin also played a major role by producing X-ray photos used to study DNA. Crick was born June 8, 1916, in Northamptonshire, England.

Francis Crick in his office.
Source: Wikipedia/Marc Lieberman/Creative Commons 2.5 license

Susan Elizabeth Blow is often called the “mother of kindergarten.” She was born on June 7, 1843, in Carondelet, Missouri, later annexed by the city of St. Louis. She is known for creating the first successful public kindergarten in the U.S. With two helpers, Blow ran and taught a class of 42 students. She paid all of the costs to keep the kindergarten running and was not paid for her hours, hard work and efforts. Students learned songs, discovered how to weave, played with blocks and paper, and grew plants in an outside garden. Three years after Blow’s first kindergarten class, her system had 50 teachers and more than one-thousand students. By 1883, every St. Louis public school had a kindergarten. The school board tried closing the kindergarten classes to save money, but a petition containing 1,500 names favored keeping those classes open. The petition was successful.



NOTABLE JUNE BIRTHS

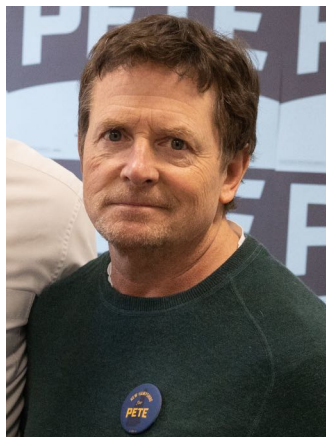
By Kurt Jefferson



Paul McCartney in Nov. 2021.
Source: Wikipedia/via CC2.0 license.

Liverpool-born Sir Paul McCartney was born on June 18, 1942. He was part of what is considered to be the most influential rock band in history, The Beatles. "As pioneers in recording, songwriting, and artistic presentation, The Beatles revolutionized many aspects of the music industry..." notes Wikipedia. The Beatles sold more records (295.9 million, 217.25 million in the U.S. alone) than [any other artists](#) in history. The Beatles formed in Liverpool, England, in 1960 and made their first appearance in the U.S. in 1964. As a teen, McCartney taught himself guitar, piano, and songwriting skills.

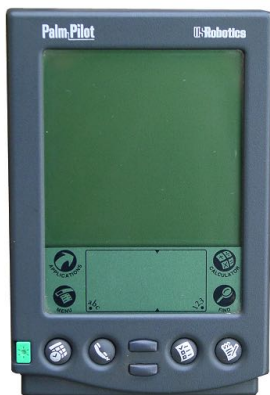
Canadian-American actor, Michael J. Fox, gained prominence when he played Alex P. Keaton on the NBC-TV sitcom *Family Ties* between 1982 and 1989. He disclosed in 1991 that he had been diagnosed with Parkinson's Disease. He founded the Michael J. Fox Foundation in 2000 to help search for a cure. In 2020, Fox retired from acting due to Parkinson's taking a toll on his ability to speak reliably. He was born on June 9, 1961, in Edmonton, Alberta, Canada.



Michael J. Fox in Feb. 2020.
Source: Wikipedia/Chuck Kennedy (Pete For America)

NOTABLE JUNE BIRTHS

By Kurt Jefferson



The PalmPilot Personal model.
Source: Wikipedia/CC3.0 License

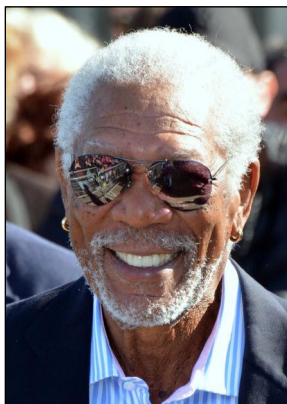
Jeff Hawkins is an American computer scientist who co-founded Palm Computing. He co-invented the Palm Pilot, Treo, and Handspring. These were quite popular handheld PDAs (personal digital assistants) that led to the era of smartphones. Hawkins and two other Palm co-founders formed Handspring in 1998 after they became unhappy with the direction of Palm under its new owner. Hawkins was born on June 1, 1957, in Huntington, New York.

Special effects artist John Dykstra is a pioneer in using computers to create special effects in films. He was the lead special effects artist in the original *Star Wars*. For that hit movie, Dykstra introduced a new method of creating effects using a Dykstraflex motion-controlled camera. He also held major roles creating effects for many other movies ranging from *Batman Forever* to *Stuart Little*. He also worked on *Battlestar Galactica* and *Star Trek: The Motion Picture*. Dykstra was born in Long Beach, Calif. on June 3, 1947.



NOTABLE JUNE BIRTHS

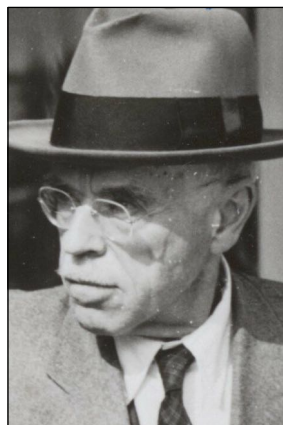
By Kurt Jefferson



Actor Morgan Freeman in Sept. 2018.
Source: Wikipedia/Georges Biard/
CC4.0 License

Morgan Freeman is known the world over for his acting and voiceover work. He was born in Memphis, Tenn., on June 1, 1937. Freeman is known for his distinctive voice and for a host of acting roles including *Driving Miss Daisy* (1989), *Glory* (1989), *The Shawshank Redemption* (1994), and *Million Dollar Baby* (2004). Wikipedia notes in a 2022 readers' poll in *Empire*, a British film magazine, Freeman was voted one of the 50 greatest actors of all time. Freeman gained a following in the 1970s for his work on the PBS-TV children's show, *The Electric Company*.

Paul Dudley White was a leading heart specialist of his era and a proponent of preventive cardiology efforts. He was born on June 6, 1886, in Roxbury, Mass. President Dwight D. Eisenhower appointed White his personal doctor after he suffered a heart attack in 1955. White prescribed bicycle riding for Eisenhower to help work his heart and improve his health. White was a major supporter of exercise, proper diet, and weight control to prevent heart disease at a time when many Americans didn't think about cardiac health. White worked with physiologist Ancel Keys in the 1950s to develop the diet-heart hypothesis, an early belief in a connection between high cholesterol and heart disease.



Dr. Paul Dudley White in Sept. 1956.
Source: Wikipedia/Dutch Nat'l. Archives/
CC1.0 License

NOTABLE JUNE BIRTHS

By Kurt Jefferson



Andy Griffith with child actor Ron Howard from an Aug. 1961 publicity shot for the new season of *The Andy Griffith Show*.

Source: Wikipedia/CBS Television

Andy Griffith was born in Mount Airy, North Carolina, on June 1, 1926. His career spanned seven decades in TV and recordings. He is probably best known for his portrayal of the sheriff on *The Andy Griffith Show*, which aired on CBS-TV from 1960–1968. He appeared in movies ranging from *No Time for Sergeants* to *A Face in the Crowd*, his film debut. Later in his life, a new generation discovered his acting on the legal drama, *Matlock*, airing on NBC-TV from 1986–1995. His 1953 single recording of a monologue called “What It Was, Was Football,” hit number nine in *Billboard* in 1954.

Helen Keller was the first blind and deaf individual to earn a Bachelor of Arts degree in the U.S. She was born in Alabama on June 27, 1880. Keller lost her sight and hearing during an unknown illness when she was 19 months old. She eventually was able to determine which family members were approaching by the sound of their footsteps. When Keller was seven, she met her first teacher and life-long companion, Anne Sullivan. She taught Keller how to read and write. Keller eventually became a writer, with 14 books to her name, along with hundreds of speeches and essays on a wide range of topics. Keller became an advocate of the disabled, and worked for women's suffrage as well as labor rights.



Helen Keller circa 1904. Because of a protruding left eye, she was normally photographed in profile until she had her eyes replaced around 1911.

Source: Wikipedia

APCUG



You may not know APCUG, but that volunteer-run, non-profit organization has a mission: To help folks get more out of technology. CKCS is a member of APCUG, the Association of Personal Computer User Groups.

APCUG is cross-platform, meaning it deals with major operating systems including Windows, macOS, Linux, iOS, Android, and Chrome.

It's a far-reaching group that is international in scope. Canadian and Australian tech groups are members of APCUG.

If you've never joined an APCUG Zoom session, try it out. You will learn an amazing amount at [Wednesday Workshops](#) & [Saturday Safaris](#).

See what you can learn. Treat your brain.





CKCS will provide the chicken and drinks. Bring a side dish or dessert to share.

June Picnic and Elections

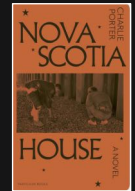
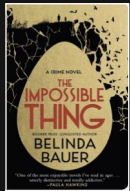
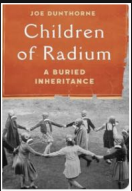
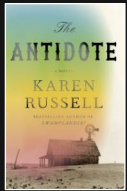
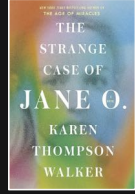
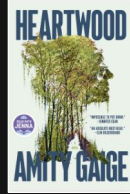
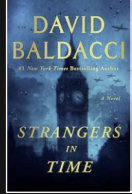
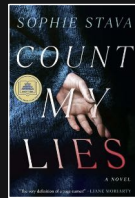
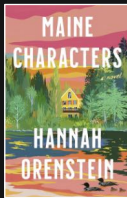
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6:00 p.m.

Shillito Park Shelter #5

RSVP CKCS 859 373-1000

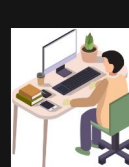
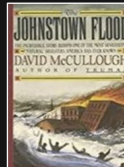
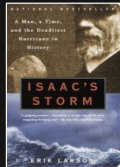
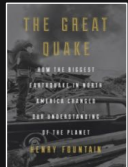
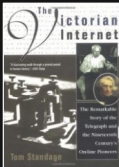
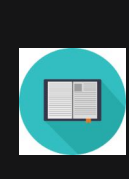
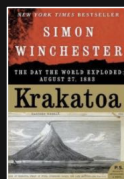
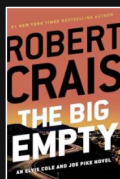
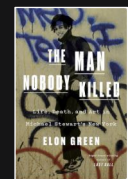
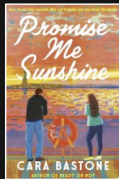
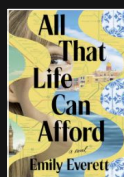
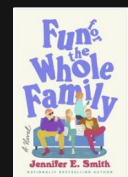
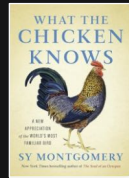
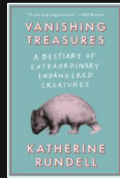
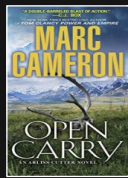
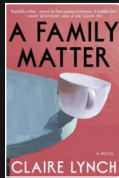
Books!

Covers: Goodreads.com



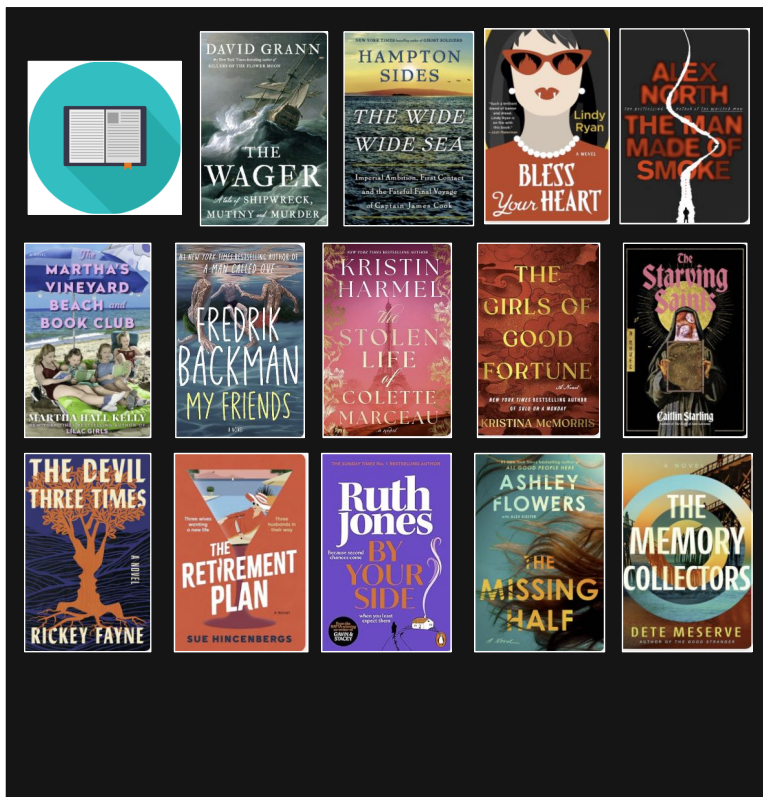
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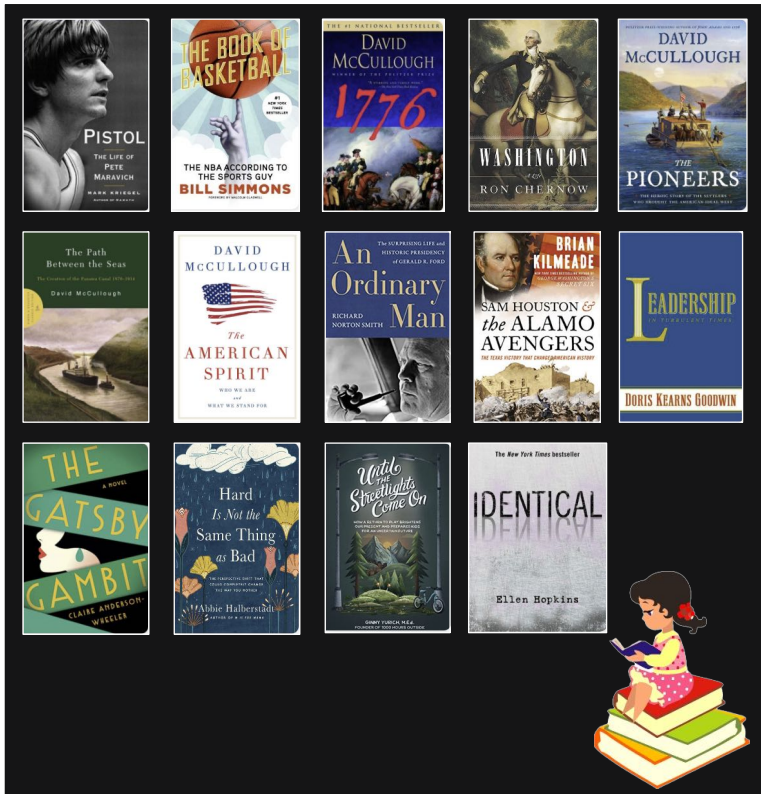
Books!

Covers: [Goodreads.com](https://www.goodreads.com)



Books!

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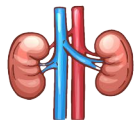


Your Health

Get that shingles shot!" That's the advice of many family physicians. Yet, some older Americans don't heed that advice. A study of more than one million people might alter their thinking. Folks who get the shingles shots (two are required) have a "23% lower risk of cardiovascular events, including stroke, heart failure, and coronary heart disease," reports [ScienceDaily](#). The study collected data from more than 1.2 million people who were 50 and older living in South Korea.



Breathing into a special mask could help detect chronic kidney disease. An estimated 35 million Americans have chronic kidney disease (CKD) according to the Centers for Disease Control, yet many aren't aware of it. [MedicalXpress](#) reports that researchers "incorporated a specialized breath sensor within in the fabric of a face mask to detect metabolites associated with the disease." Initial testing correctly identified individuals with CKD with a high level of accuracy. Details are in [ACS Publications](#).



Belly fat is often a problem in middle age, slowing down our metabolism, increasing our chances of diabetes, heart problems, and other issues. Now researchers at the City of Hope®, a major cancer treatment and research center have discovered that stem cells are responsible. As [ScienceDaily](#) reports, "aging shifts stem cells into overdrive to create more belly fat."



Emergency rooms are no fun for anyone. Now, [MedicalXpress](#) reports that some are changing to help older Americans. The Centers For Disease Control and Prevention reported in 2022 that older people made up 21% of all emergency room visits. More than 500 emergency rooms in the U.S. have received geriatric certification, meaning they are better meeting the needs of older patients with non-slip floors, handrails, walkers, large signs, and other improvements.



Your Health

A lack of sleep could be tied to infectious diseases according to a recent study using data from more than 397,000 individuals whose sleeping patterns and hospitalizations are recorded in the health database, the UK Biobank. On the other hand, “good quality sleep for approximately 7-8 hours a day has been found to strengthen the body’s immune system,” writes [MedicalXpress](#).



As many as one-half of all adults over 65 have had trouble falling asleep. Should you take a sleeping pill every night? A recent study by Penn State College of Health and Human Development and Taipei Medical University made some interesting findings. Researchers concluded after studying five years of data from older Americans that a greater level of insomnia and use of sleep medications were tied to a greater risk of disability later. [SLEEP](#) details the study. [MedicalXpress](#) provides more specifics on this study.



Sleep deprivation, jet lag, and shift work, along with a poor diet can all play havoc with the body’s natural circadian rhythm. That can help open the door to diabetes, according to a study from Northwestern University. Details were published in the [Proceedings of the National Academy of Sciences](#) and described on [MedicalXpress](#).



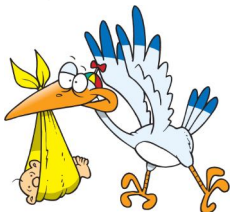
Boosting your heart rate is directly connected to improving your brain health according to a recent study. “Moderate-to-vigorous physical activity is associated with significantly better processing speed, working memory, and executive function in older adults,” writes [ScienceDaily](#).



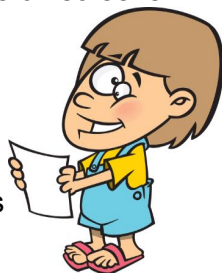
Your Health

Over the past 100 years, the lifespan of humans has increased considerably. But a new study by the Yale School of Public Health reveals stark differences between states. [MedicalXpress](#) notes "While some states saw dramatic gains in life expectancy, others, particularly in the South, experienced little or no improvement over an entire century." Researchers analyzed more than 179 million deaths between 1969 and 2020. Study results are published in [JAMA Network Open](#).

Half of adult Americans realize that eating a plant-based diet might prevent chronic disease and improve their health according to a recent survey, reports [MedicalXpress](#). The same survey shows that only one in five primary care health providers share this with their patients. The Physicians Committee for Responsible Medicine and Morning Consult were responsible for the survey of 2,203 adults done in April.



In this era of Chromebooks, iPads, and smartphones, many students in school learn to read and write on screens. Researchers studying five and six-year-olds determined that those using their hands to write new letters and words with pencil and paper did a better job learning. [ScienceDaily](#) notes half the students were asked to copy new letters and words by hand, the other half used keyboards to type. The University of the Basque Country did the study.



The next time you see your family doctor or a specialist, treat them kindly. They might be at the end of their rope, suffering burn out. A new report in the [Annals of Internal Medicine](#) reveals that one in ten American doctors suffer "emotional exhaustion, a sense of detachment and a feeling that their efforts don't make a difference," reports [MedicalXpress](#).



Your Health

A study of more than 700 women in their 80s connected excessive napping or feeling tired much of the time to dementia.

z z z The women's sleep patterns were followed using sleep trackers. A follow-up study around five years later

showed 164 of the women had mild cognitive impairment while 93 received a dementia diagnosis. The study described in

[Neurology](#) points out that individuals who had large changes in the amount of time they sleep (including naps) may be a risk factor for dementia. Researchers at the Providence St. John's Health Center in Santa Monica, California, conducted the study.

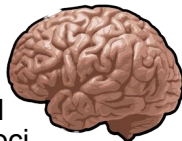


Know someone who never needs seven or eight hours of sleep? It turns out a gene mutation might be responsible. Those folks show no negative impacts even after just four hours of sleep. [ScienceDaily](#) reports that gene mutation might be the reason some humans are naturally short sleepers.

ScienceDaily asks, "What is the trick to aging successfully?" If you're curious about how to answer that question, you might have a healthy outlook. [A new study](#) by a team of UCLA psychologists and others outside the U.S. concluded, "Older adults who maintain curiosity and want to learn new things relevant to their interests may be able to offset or even prevent Alzheimer's disease. Conversely, those who show muted curiosity and disinterest may be at risk for dementia," reports [ScienceDaily](#).



Sleep apnea, a condition where a person stops breathing during sleep, is much more common than earlier thought. 30 million people in the U.S. have sleep apnea [but 80% of those cases](#) haven't been diagnosed according to the American Academy of Sleep Medicine. A new study reveals there is a connection between sleep apnea and damage to the brain's small blood vessels associated with memory. [Neurology](#) has the study details.



By Kurt Jefferson

Your Health

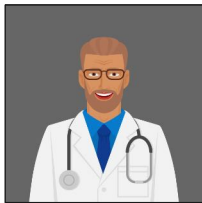
Nuts can help lower cholesterol levels, according to a number of health studies. [ScientificO-rigin](#) lists the ten best nuts for individuals with high cholesterol. A recent study shows that you

should add pecans to your list of favored nuts. Researchers followed 138 people who did not have type 2 diabetes or heart

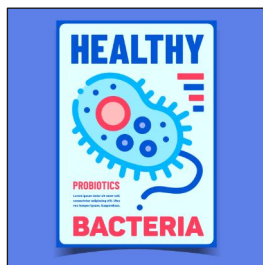
disease but had at least one risk factor for poor metabolic health. When the study ended, those eating pecans had improved their LDL ("bad" cholesterol) levels, had lowered total cholesterol levels, and lowered their triglyceride (fat) levels. Researchers believe the fiber in nuts played a major role in reducing cholesterol since it's been shown that increasing one's fiber intake can cut the amount of fat in the bloodstream. Details are in the [American Journal of Clinical Nutrition](#).



Around one in six Americans has used an artificial intelligence chatbot to get help with a medical question. But are the results accurate? A recent study [led by Oxford](#) researchers indicates that many people aren't sure which health details to provide to get the most accurate information. [TechCrunch](#) has details about the study and whether AI is ready for primetime in the health assistance field.



For years, the term [gut health](#) has been used to describe beneficial bacteria living in our gut. Now, a new study shows that probiotics might be connected to a reduction in anxiety, fatigue, depression and stress. Details of the study are described in [npj mental health research](#) and [Women's Health](#). This is the first study to examine probiotic's impact on mood.



If you visit Phoenix, Hampton Roads, Va., Charleston, S.C., Las Vegas, or Houston, you might be surprised to learn that all of those



cities are sinking. [Nature Cities](#) reports on a new study showing 28 cities are now sinking. It's a slow and gradual process according to

study details cited in [Nature Cities](#). "Massive groundwater extraction is the most common cause of these land movements," reports [ScienceDaily](#). The study's lead author is Leonard Oehenhen of the Columbia Climate School's Lamont-Doherty Earth Observatory. An estimated 34 million people will be impacted. In addition, more than 29,000 buildings are now in high or very high damage risk regions. Researchers turned to satellite images to see which cities are sinking. Houston tops the list—it's sinking faster than any other American city—with more than 40% of its surface sinking more than 1/5 of an inch every year. Fort Worth and Dallas are also sinking, but to a lesser

extent. San Francisco and the region near New York City's LaGuardia Airport are also on the list of sinking cities.

ScienceDaily points out that other factors in addition to water extraction from below the surface might be responsible. Ice sheets covering North America until about 20,000 years ago created land to bulge. "Even today, with the ice long gone, some of these bulges are still subsiding at rates of 1 to 3 millimeters each year. Affected cities include New York, Indianapolis, Nashville, Philadelphia, Denver, Chicago and Portland." New York's one million plus buildings might also be a factor, according to a 2023 study. Miami's sinking surface may be due to the new building construction.

Finally, about two percent of building collapses have been traced to sinking of the earth's surface.



By Kurt Jefferson

Don't delete spam. Instead, train your email app or webmail to mark it as junk. That's the recommenda-



tion from [PCWorld](#). "All major mail providers are starting to rely on com-

plex and adaptive spam filters that are getting better and better at distinguishing between wanted and unwanted e-mails. An important prerequisite for this learning effect: The software must be able to practice and this is exactly what spam mails are useful for," writes PCWorld. If you use an app such as Outlook or Thunderbird, PCWorld urges you to use

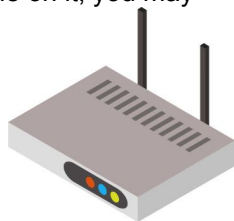
spam to train it. The next time you get an unwanted email from that source, your email app should throw it into your junk folder.



Your Tech

What does Wi-Fi really mean? You probably use wireless Internet all the time. If you're at an airport, museum, or in a class, you probably ask "What's the Wi-Fi password?" [PCGamer](#) provides an overview of what Wi-Fi means—it's not what you think.

Time to upgrade your ancient router? If you use an old Linksys Wi-Fi router using the Cisco name on it, you may want to replace it. [PC-Mag](#) reports the FBI has confirmed those old routers have been used in cyberattacks. [WIRED](#) provides a list of what it considers the best routers after testing them. So does [Gadget Review](#) along with [Rtings](#). Gadget Review concentrates on routers for Apple devices (which are basically the same as other routers). It examined 37 separate reviews and chose four top models.



Help spread the word about CKCS by sharing this newsletter with others.
Thank you!



Hello June!

By Kurt Jefferson

If you're using a Windows PC, you know you need to be running anti-virus and anti-spyware software. Many reviewers say Windows Security (formerly Windows Defender) is quite good. But there are other options out there. And they're free. [PCWorld](#) provides an overview of what it considers the best free anti-virus apps.

PC Mag asks the question, "Why Is It So Hard To Protect Seniors from Scams?" It adds, "Many modern parents are more likely to soothe a cranky baby with a smartphone than a pacifier." The article explains why those of us who are 60 or over face a different world than 20-somethings when it comes to tech. A former TV news reporter offers ideas on how to help older Americans with their tech issues. And remember, there are plenty of scams [targeting older Americans](#) among us.



Your Tech

Bogus social media posts and fake texts on your phone might be the work of a Myanmar (formerly Burma) warlord and his two sons, reports [PCMag](#). The U.S.



Treasury issued sanctions against Saw Chit Thu and his military organization which charges he runs "scam compounds" using forced labor to run these bogus message centers. Reports say he gets a percentage of the profits and uses harmless sounding texts and social media messages to steal money from tech users outside his country. The PCMag report says Americans have lost billions over the last three years to scams like this.



We're here.
Join us on the
first Saturday
of the month
at 10 A.M. for
tech help!

Your Tech

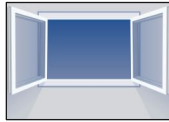
By Kurt Jefferson



Macworld offers what it calls a macOS Survival Guide. These are simple steps you can use to

clean up your desktop, survive a long day with your laptop, survive possible malware attacks and other issues with your laptop or desktop Macintosh.

PWorld provides a list of three crucial Windows security mistakes that “can wreck your PC.” Some good advice here for Windows users who unknowingly install malware, get phished, or follow other practices that aren’t so great.



If you’re looking for an affordable version of Microsoft Office without the expensive yearly subscription of Office365, check out this lifetime license for both Mac and Windows versions with details by [PCWorld](#).

If you’re reading this, you’ve probably heard of passkeys.

There’s a good chance, though, that you aren’t using them instead of passwords.

[PCMag](#) provides details on how many of us aren’t using passkeys.



Looking to cut the cord because of [rising cable prices](#)? Many of us are switching to TV antennas for



Source: Pixabay/nickelbabe

over-the-air free TV signals. “After decades dominated by cable and satellite subscriptions, people are coming back to the original way to watch television in droves, especially those under 50 years old,” writes [The Free TV](#)

[Project](#). I have a small amplified UHF antenna that picks up nearly 30 stations, so I haven’t used cable or satellite TV in many years. [PCWorld](#) offers a list of what it considers some of the best antennas. You can save a considerable sum of money by relying on either an indoor or outdoor antenna rather than cable. Some folks install outdoor antennas in their attic while others are able to use a small indoor unit hanging on their wall for reception.

Your Tech

By Kurt Jefferson

If you bought a new iPad earlier this year, you've got plenty of company. [Canalys](#)



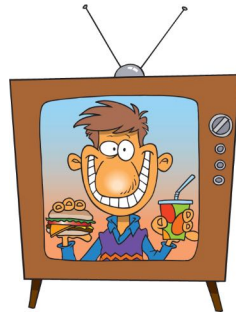
Source: Pixabay/ykalavu

reports that iPad sales grew 14 percent during the first three

months of this year. "Apple now has more than twice the market share of its nearest competitor (Samsung)," reports [9to5Mac](#). Apple's tablet market share now stands at 37.3%. Most of that increased demand comes from consumers, rather than businesses reports 9to5Mac.

Many of us hate ads while streaming, even though we might love the programming. In just six months, the numbers of Netflix users who pay for the ad-supported version of the streaming service has ex-

ploded. [9to5Mac](#) reports that Netflix says it added more than 20 million viewers who subscribe to the ad-supported service since last November. Those



who see ads pay \$7.99/month compared to \$17.99 for the least expensive ad-free Netflix service. Could this convince other streaming services to follow the Netflix lead? 9to5Mac writes, "Netflix's numbers may be the clearest signal yet that ad-supported streaming actually works. At least, for streamers. With nearly 100 million users now engaging with ads, other platforms might feel more encouraged to follow suit more aggressively."



Tech Fact:

Around 50% of households across the world own a personal computer (PC, Mac, or Linux). Australia and Germany top the U.S. in numbers of personal computers. (Source: laptops251.com)

Your Tech

By Kurt Jefferson

One of the more popular streaming services for international fare, [MHz Choice](#),



is merging with Topic, another streaming venue of-

fering plenty of international titles. MHz Choice announces there will be no price hike. MHz Choice costs \$7.99/month or \$79.99/year with a free trial for new users. Many consider this the premiere streaming service for programs based outside the U.S. The sheer number of programs and the ability to choose programming by country is one factor that sets this service apart from others providing international fare.



Reports from [9to5Mac](#) indicate that

Disney plans to introduce an ESPN streaming service this fall for \$29.99/month. If a subscriber chooses to bundle ESPN with Disney+ and Hulu, the cost rises to \$35.99/month.

Join with me as we travel back in time thanks to a little known feature in Google Earth.

[PCMag](#) writes about the “[Historical Imagery](#)” dating back to WWII. You do need to download the Google Earth app for iOS or Android. Some locations show scenes from the 1970s and before. Others only provide later views. It's one way to time travel with your iPad or your phone.



Why is This Woman Smiling?



Because she got her computer problem solved at Dr. Fix-it. Next month, she'll bring her iPad to see the folks at iHelp.

Dr. Fix-it and iHelp are volunteer helpers at CKCS. Join us at 10 A.M., the first Saturday of the month.

Your Tech

By Kurt Jefferson

You've probably read where Charter Communications, the company providing cable TV and Internet service for many Kentucky cities, has signed an agreement to buy Cox Communications.

That would make Charter (which sells cable TV and Internet service through its Spectrum brand) the largest provider of broadband service in the U.S. [PCMag](#) provides details of the proposed agreement.

In an article titled, "Still Booting After All These Years," the [BBC](#) reports on people "stuck using ancient Windows computers." The piece includes descriptions of an elevator in New York City showing an error screen from Windows XP and a wood worker running old Microsoft computer equipment. The article notes "in certain parts of Germany, commuting depends on operating systems that are older than many passengers."



You may have read about artificial intelligence (AI) making a mistake that would have been a perfect April Fool's jest. [PCMag](#) reports the *Chicago Sun Times* and *Philadelphia Inquirer* printed summer reading lists that appeared perfect for the season. The syndicated list titled "Summer list for 2025" seemed great for a trip to the beach or quiet reading at home. There was only one problem. PCMag quotes a Reddit reader who noted that just five of the 15 books actually existed. The book list creator admitted he used AI to form the list and never checked to confirm the books actually existed. Whoops.



Your Tech

By Kurt Jefferson



Weather impacts all of us no matter where we live. As I type this in late May, it feels like March on the

south side of Lexington. The northeast U.S. is facing a Nor'easter serving up high winds and heavy rain. Most of us rely on local forecasters, the Internet or similar weather details to make it through the day. Now, [ScienceAlert](#) reports that Microsoft has created an artificial intelligence (AI) "model that beats current forecasting methods in tracking air quality, weather patterns, and climate-added tropical storms."

23 and Me is sending out emails asking current and former customers to seek compensation following an Oct. 2023 breach involving 14,000 23andMe accounts. PCMag reports you had to have been a customer between May 1 and Oct. 1, 2023. [PCMag](#) reports the notice is being sent to all customers who might have been impacted by the breach.



Microsoft has extended support for its Office 365 apps running on Windows 10 for three more years. Support is now scheduled to expire on Oct. 14, 2028, reports [PCMag](#).



Junk phone calls are among the biggest complaints of U.S. phone users. You can block them on your Android, iPhone, and



landline phones. [PC-Mag](#) tells how to block an individual number on your Android and

iPhone. Screenshots on that page make it easy to do.



TIME MACHINE



The Former Hotel Pennsylvania

Once the largest hotel in the world with 2,200 guest rooms and baths, New York City's Hotel Pennsylvania in Midtown Manhattan reigned supreme. It was dedicated on Jan. 25, 1919 and 2,000 people flocked to the hotel's main dining room on that day. In 1922, the Hotel Pennsylvania became the first hotel on the eastern U.S. coast to receive radio telegraph service. The hotel was the world's largest through the late 1920s when the New Yorker Hotel opened. The Hotel Pennsylvania was closed in 2020 and torn down in 2023.

Source: Wikipedia

Taken: Circa 1919

TIME MACHINE



Walter Cronkite in Vietnam

Reporting for CBS News from Vietnam, Walter Cronkite visited the country along with a news photographer, sound technician and others from the network in 1968. Cronkite is seen here interviewing Professor Mai of the University of Hue.

Source: Library of Congress, National Archives

Taken: Feb. 20, 1968

TIME MACHINE



First Lady Bess Truman Receives Award

Actress Ingrid Bergman (center) with First Lady Bess Truman (holding flowers) at the White House. Mrs. Truman is receiving a community chest award from a delegation that included Bergman, Mrs. Waldron Faulkner, Joseph Steele, and Leigh Ore.

Source: Library of Congress/National Archives/Abbie Rowe
Taken: Nov. 8, 1946

TIME MACHINE



Becoming Friends at Relocation Center

Two young boys become acquainted at the Poston Internment Camp in Yuma, County, Arizona. Poston was the largest of ten camps operated by the War Relocation Authority during WWII. More than 17,000 people were held there. The U.S. forcibly relocated and incarcerated about 120,000 people of Japanese descent, two-thirds of which were American citizens. The government believed that Japanese Americans posed a security risk during that time.

Source: Library of Congress/Francis Leroy Stewart
Taken: June 4, 1942

TIME MACHINE



Graduation of Nurse's Aids

The class of 11 young women who graduated in the spring of 1943. They completed a nurse's aid course at the hospital in Poston, Arizona, so they could provide medical help in hospitals outside the Poston Relocation Center where more than 17,000 people of Japanese descent were held during WWII.

Source: Library of Congress/Francis Leroy Stewart

Taken: May 3, 1943

TIME MACHINE



Mrs. Roosevelt and Mrs. Churchill as they spoke from radio room of C.B.C. - Sept. 13

Mrs. Roosevelt and Mrs. Churchill Meet in Canada

Mrs. Eleanor Roosevelt and Mrs. Winston Churchill speak as they were preparing for a conference in Quebec.

Taken: Sept. 11, 1944

Source: Library of Congress/Franklin Delano Roosevelt Library

TIME MACHINE



Rogues

[A book](#) titled *Rogues, Study of Characters*, by Samuel G. Szabó, published in the 1860s, was the first gallery introduced to the public of lawbreakers. The Public Domain Review notes that Allan Pinkerton of the Pinkerton Detective Agency earlier used the phrase “rogues gallery,” but only showed his mug shot collection to law enforcement. Szabó’s book offered no introduction. Only photos and captions showing each lawbreakers’ offenses were shown.

Source: PublicDomainReview.org

TIME MACHINE



Hypnotizing an Alligator

From the Public Domain Review: “From 1907 until its relocation in 1953, the area of Lincoln Heights was home to what the Los Angeles Times dubbed “the city’s most exotic residents”: a thousand-strong collection of alligators that welcomed visitors every day of the year to see, pose with, and even ride them.” This photo is labeled “hypnotizing an alligator.”

Source: [PublicDomainReview.org/University of Southern California Libraries](https://PublicDomainReview.org/University%20of%20Southern%20California%20Libraries)

What Are You Streaming?

By Kurt Jefferson

In recent months, several folks have asked me what shows I've been streaming. I am always amazed at the sheer number of high quality programs available on streaming services such as Acorn TV, Britbox, AMC+, PBS Masterpiece, and Mhz Choice. No, I don't have a Netflix subscription because I don't want to pay for it even though Netflix offers some top-notch programming. My preferences lean toward international TV shows. I have streamed Acorn TV for well over a decade and enjoy shows from Canada, France, Italy, New Zealand, Australia, Germany, Ireland, Great Britain, Scotland, South Africa, and elsewhere. Hollywood may still be the center of production, but don't forget that many excellent shows are produced outside the U.S. Some of these shows are not currently being streamed to a U.S. audience because a contract has expired, preventing the streamer from airing them. Still, many of them are available in June. Also, if you want to print this list, make sure you are viewing the *Computer File PDF* version since you cannot print from the flip book. I hope you enjoy these shows as much as I do. Get streaming!

Acorn TV

The Brokenwood Mysteries
The One That Got Away
The Chelsea Detective
Foyle's War
Hamish McBeth
Black Snow
Hidden
Vera
Signora Volpe
Harry Wild
Darby & Joan
The Gulf
Dalgliesh
London Kills
Under the Vines
Inspector Ellis
Inspector George Gently
The Sommerdahl Murders
The Loch
Mr. & Mrs. Murder
Mrs. Sidhu Investigates
Whitstable Pearl
A Remarkable Place to Die
My Life Is Murder
Murdoch Mysteries
Balthazar
Blackshore
Candice Renoir
The Larkins
The South Westerlies
19-2
Bäckström
The Catch
The Midwich Cuckoos
Sando
And Then There Were None

Acorn TV



The 75+ Best Acorn TV Shows
Ranked on [Ranker](#)

PBS Masterpiece

The Mountain Detective
Royal Flying Doctor Service
The Durrells in Corfu
Seaside Hotel
One Step From Heaven
Luna & Sophie
Private Detective Dengler
All Creatures Great & Small
Lolita Lobosco
Under Suspicion
Suspects
The Intern
The Apprentice
Munch
Mr. Bates vs. The Post Office
Vienna Blood
dicte
The Marlow Murder Club
Davos 1917
Cold Summer
The English Neighborhood
R.I.P. Henry
Miss Scarlet
Partners In Crime (Potsdam Homicide)
The Wall
Ridley
The Paris Murders
Astrid
Helsinki Crimes
Panda
Ice Cold Murders
The Nordic Murders
Moonflower Murders
The Wagner Method
Syndrome E
Annika
The Crimson Rivers

Masterpiece



The Best PBS Shows of 2025
Ranked on [Ranker](#)

What Are You Streaming?

By Kurt Jefferson

MHz Choice

Lioness

Carlo & Malik

The New Nurses

The Doc & the Vet

A French Village

Inspector Rex

Pandora

tatort Vienna

Arctic Circle

Makari

The Eagle

Nona & Her Daughters

Paris Police 1900

Paris Police 1905

The Promise

Reformation

Babylon Berlin

Bordertown

Follow the Money

Murder In

Mamow Murders

Reindeer Mafia

All This I Will Give To You

Hjerson

Annika Bengtzon, Crime Reporter

Backwoods Crime

Beau Sejour

The Art of Crime

Beck

Broll

Camilla Lackberg

1989

1992

1993

1994

Good Family

Agent Hamilton

A Royal Secret

Louis XXVIII

Love and Trouble in Paris

Grey Zone

Hamilton

Johan Falk

An Ordinary Woman

Walking on Sunshine

MHz Choice



All TV shows currently showing
on MHz Choice shown here.

Source: [MHz Choice](#)

Streaming Facts You Probably Don't Know

As of 2025, there are 1.8 billion streaming subscriptions worldwide. In the U.S., 83% of all households subscribe to at least one service.

Empire: 82 TV Series You Must See in 2025

The three most popular streamers are:

- Netflix (estimated 282 million global subscribers)
- Amazon Prime Video (230 million)
- Disney+ (153.8 million)

92% of Gen Z (People born between 1997 and 2012) prefer to stream on their smartphones.

Source: [Sci-Tech Today](#)

Saudi Arabia, South Africa, and Egypt lead in streaming shows daily—averaging one hour, 52 minutes daily.

Source: [GWI](#)

Apple TV+ is much smaller than Netflix, Amazon Prime, and Disney+ with an estimated 25 million plus subscribers. Still, it's gaining in popularity—with the greatest growth of all streaming services in the first three months of this year. 60% of the Apple TV+ audience is female while 40% is male.

Source: [evoca.tv](#)

Streaming accounted for 38.7% of total TV usage in July 2023. The number of streamers using a Mac, PC, iPad, or smartphone to stream TV shows or movies is growing substantially vs. viewing on a TV screen. Mobile devices are especially popular in much of the world and smartphones currently surpass TVs and computers for streaming.

Source: [datareportal](#)

Videos & More



Ten Odd Jobs from the 20th Century

<https://www.youtube.com/watch?v=34T4htDqCms>

Computers That Changed the World

https://www.youtube.com/watch?v=SE_0e-zt4zk

25 Craziest 1960s Kitchen Gadgets

<https://www.youtube.com/watch?v=fCI7w8FikfE>

The Forgotten Female Inventors

<https://www.youtube.com/watch?v=YduBNNCcY6c>

Seven College Students vs. Impossible Quiz

https://www.youtube.com/watch?v=ELXePgJ0_4c

Eleven College Students vs. Impossible Quiz

<https://www.youtube.com/watch?v=qDZBGJTwUo0>

Ten College Students vs. Impossible Quiz

<https://www.youtube.com/watch?v=VJikPElq65w>

Last Man Standing Trivia Battle

<https://www.youtube.com/watch?v=V2FR8Nxmtl4>

50 Random Acts of Kindness

<https://www.youtube.com/watch?v=XzPSygo7bYk>

Soldiers Coming Home Surprise

<https://www.youtube.com/watch?v=rr0s4WwxTc>

Animals Reunited With Owners

<https://www.youtube.com/watch?v=Yy9Uf5fENHI>

A Voice That Silenced the Crowd

<https://www.youtube.com/watch?v=DljRs5IHXXQ>

25 Weird Facts About Left-Handed People

<https://www.youtube.com/watch?v=X889fQC6VZs>

History of Etiquette

<https://www.youtube.com/watch?v=tgbQ0mo7yZQ>

Note from Editor: Click on the links above to go to those topics. We are having issues with bad links occurring once we convert the newsletter to a PDF format. So we have begun listing the website links above to solve this issue.